

Pacing Guide for Psychology

Week	Unit	Priority Standard	Instructional Focus
Week 1	Unit 1: Foundations of Psychology	PSY.1: Describe the development of psychology as a scientific discipline, including major perspectives and early contributors	History of psychology, early psychologists, perspectives
Week 2	Unit 2: Research Methods & Ethics	PSY.2: Explain methods of psychological research, variables, and ethical considerations	Experiments, IV/DV, research methods, ethics
Week 3	Unit 3: Careers in Psychology	PSY.3: Identify and describe careers in psychology	Career fields, education requirements, roles
Week 4	Unit 4: Nature vs. Nurture	PSY.4: Explain heredity and environmental influences on behavior	Genetics, environment, development
Week 5	Unit 5: Brain & Nervous System	PSY.5: Describe brain structure, function, and neurotransmitters	Brain parts, neurons, nervous system
Week 6	Unit 6: Learning Theories	PSY.6: Explain classical, operant, and observational learning	Conditioning, reinforcement, modeling
Week 7	Unit 7: Motivation & Emotion	PSY.7: Explain motivation and emotion theories	Maslow, intrinsic/extrinsic, emotion theories
Week 8	Unit 8: Psychological Disorders & Treatments	PSY.8: Describe disorders, symptoms, and treatments	Anxiety, depression, schizophrenia, therapy
Week 9	Unit 9: Stress & Psychological Wellness	PSY.9: Explain stress effects and wellness strategies	Stress, coping strategies, wellness planning