



# Saraland High School

## November 2026

| Mon                                                                   | Tue                                                     | Wed                                                                      | Thu                                                                   | Fri                                                                                       |
|-----------------------------------------------------------------------|---------------------------------------------------------|--------------------------------------------------------------------------|-----------------------------------------------------------------------|-------------------------------------------------------------------------------------------|
| 2 Chicken Bites, Green Beans, Bread, Fresh Vegetables                 | 3 Chili Crisпитos w/Cheese, Corn, Dip, Fresh Vegetables | 4 Hamburger, Oven Potatoes, Baked Beans, Fresh Vegetables                | 5 Chicken Vegetable Soup, Grilled Cheese, Fresh Vegetables            | 6 Country Fried Steak w/Gravy, Cream Potatoes, Greens, Cornbread Muffin, Fresh Vegetables |
| 9 Egg Roll, Asian Chicken, Stir Fry Vegetables, Fresh Vegetables      | 10 Nachos w/Cheese, Corn, Dip, Fresh Vegetables         | 11. Holiday                                                              | 12 Chili, Grilled Cheese, Sorbet, Fresh Vegetables                    | 13 Gumbo w/Rice, or Corndog, Corn, Potato Salad, Pudding, Fresh Vegetables                |
| 16 Chicken Strips, Broccoli w/Cheese, Bread, Cookie, Fresh Vegetables | 17 Chicken Quesadilla, Corn, Fresh Vegetables           | 18 Turkey & Dressing, Green Beans, Sweet Potato Casserole, Pie           | 19 Corndog, Oven Potatoes, Mixed Vegetables, Fresh Vegetables         | 20 Pizza, Corn, Fresh Vegetables                                                          |
| 23 Holiday                                                            | 24 Holiday                                              | 25 Holiday                                                               | 26 Holiday                                                            | 27 Holiday                                                                                |
| 30 Italian Cheese Bread, Italian Green Beans, Fresh Vegetables        | 1 Taco Soup w/Chips, Sorbet, Fresh Vegetables           | 2 Hot Dog w/Chili & Cheese, Oven Potatoes, Baked Beans, Fresh Vegetables | 3 Country Fried Steak, Cream Potatoes w/Gravy, Peas, Cornbread Muffin | 4 Pizza, Broccoli, Fresh Vegetables, Sorbet                                               |

### Student Meal Prices

Breakfast Reduced - \$0.30  
 Breakfast Paid - \$1.75  
 Lunch Reduced - \$0.40  
 Lunch Paid - \$3.25  
 Ala Carte - Prices vary

### Breakfast

- 2 Pancakes & Sausage Link
- 3 Chicken Biscuit
- 4 Hot Cereal, Omelet, Cheese Toast
- 5 Sausage Biscuit
- 6 Hot Cereal & Sausage Bites
- 9 French Toast, Sausage Link
- 10 Chicken Biscuit
- 12 Sausage Biscuit w/ Gravy
- 13 Hot Cereal, Ham & Egg Croissant
- 16 Waffles & Sausage Link
- 17 Chicken Biscuit
- 18 Hot Cereal & Breakfast Pizza
- 19 Sausage Biscuit & Gravy
- 20 Hot Cereal & Pancake on a stick
- 30 French Toast & Sausage
- 1 Chicken Biscuit
- 2 Hot Cereal, Omelet, Cheese Toast
- 3 Steak Biscuit & Gravy
- 4 Hot Cereal, Sausage Bites

### Offered Daily with Meals

Cereal & Toast with Breakfast  
 Lunch & Breakfast: Unflavored  
 1% Low Fat, Unflavored Skim,  
 Fat Free Flavored Milk.  
 Fruit & Juice served daily.  
 Alternate Lunch Meal:  
 Chef Salad, Uncrustable, or Lunchables  
 Menu subject to change due to deliveries.

**Expect More. Achieve More.**