



Saraland Early Education Center November 2026

My Best Me at SEEC.

I am kind.

I am determined.

I am responsible.

I never give up.

Breakfast

2 Pancakes & Sausage Link
3 Chicken Biscuit
4 Hot Cereal, Omelet, Cheese Toast
5 Sausage Biscuit
6 Hot Cereal & Sausage Bites
9 French Toast, Sausage Link
10 Chicken Biscuit
12 Sausage Biscuit w/ Gravy
13 Hot Cereal, Ham & Egg Croissant
16 Waffles & Sausage Link
17 Chicken Biscuit
18 Hot Cereal & Breakfast Pizza
19 Sausage Biscuit & Gravy
20 Hot Cereal & Pancake on a stick
30 French Toast & Sausage
1 Chicken Biscuit
2 Hot Cereal, Omelet, Cheese Toast
3 Steak Biscuit & Gravy
4 Hot Cereal, Sausage Bites

Student Meal Prices

Breakfast Reduced - \$0.30

Breakfast Paid - \$1.75

Lunch Reduced - \$0.40

Lunch Paid - \$3.25

Ala Carte - Prices vary

Offered Daily with Meals

Cereal & Toast with Breakfast

Lunch & Breakfast: Unflavored

1% Low Fat, Unflavored Skim,
Fat Free Flavored Milk.

Fruit & Juice served daily.

Alternate Lunch Meal:

Chef Salad, Uncrustable, or Lunchables

Menu subject to change due to deliveries.

Mon	Tue	Wed	Thu	Fri
2 Chicken Bites, Green Beans, Bread, Fresh Vegetables	3 Chili Crispos w/Cheese, Corn, Dip, Fresh Vegetables	4 Hamburger, Oven Potatoes, Baked Beans, Fresh Vegetables	5 Chicken Vegetable Soup, Grilled Cheese, Fresh Vegetables	6 Country Fried Steak w/Gravy, Cream Potatoes, Greens, Cornbread Muffin, Fresh Vegetables
9 Egg Roll, Asian Chicken, Stir Fry Vegetables, Fresh Vegetables	10 Nachos w/Cheese, Corn, Dip, Fresh Vegetables	11 Holiday	12 Chili, Grilled Cheese, Sorbet, Fresh Vegetables	13 Gumbo w/Rice, or Corndog, Corn, Potato Salad, Pudding, Fresh Vegetables
16 Chicken Strips, Broccoli w/Cheese, Bread, Cookie, Fresh Vegetables	17 Chicken Quesadilla, Corn, Fresh Vegetables	18 Turkey & Dressing, Green Bean, Sweet Potato Casserole, Pie	19 Corndog, Oven Potatoes, Mixed Vegetables, Fresh Vegetables	20 Pizza, Corn, Fresh Vegetables
23 Holiday	24 Holiday	25 Holiday	26 Holiday	27 Holiday
30 Italian Cheese Bread, Italian Green Beans, Fresh Vegetables	1 Taco Soup w/Chips, Sorbet, Fresh Vegetables	2 Hot Dog w/Chili & Cheese, Oven Potatoes, Baked Beans, Fresh Vegetables	3 Beef Strips, Cream Potatoes w/Gravy, Peas, Cornbread Muffin, Fresh Vegetables	4 Pizza, Broccoli, Fresh Vegetables, Sorbet