EDDINGTON SCHOOL NEWS

CALENDAR

ANNOUNCEMENTS

LUNCH MENU



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BIRTHDAYS



PRINCIPAL`S CORNER

Newsletter Incentive

October 16, 2026

🎃 Halloween Celebrations – October 30th!

We are getting excited for our upcoming Halloween celebrations on Friday, October 30th! Our students and staff are looking forward to a fun-filled day of classroom activities and celebrating together as the Eddington Eagles!

We are currently planning a special outdoor celebration with support from the Eddington Fire Department and Town Office, who will join us for some fun Halloween activities and stations behind the school. More details will be shared as we finalize our plans!

We welcome students to get into the Halloween spirit by wearing Halloween-themed clothing, including pumpkin shirts, ghosts, festive colors, and other fun Halloween designs! Our teachers will also be getting into the Halloween spirit with their own creative themes.

We are looking forward to a wonderful celebration and appreciate our families helping us make this a fun and enjoyable experience for all students!

📸 School Picture Day – Thursday, October 22nd!

School Picture Day is coming up on Thursday, October 22nd! We are excited to capture those wonderful school memories and encourage families to help their students come prepared for picture day.

Additional information regarding school pictures can be found below in the Announcements section. We look forward to seeing all those smiling Eagle faces!

🍬 PTG Trunk or Treat – Saturday, October 24th!

We are excited to share that the PTG Trunk or Treat event will take place at Holden Elementary School on Saturday, October 24th, from 3:30–5:00 PM! This is another wonderful opportunity for our students and families to enjoy some Halloween fun together as part of the RSU 63 community. We encourage our Eddington families to come out, enjoy the festivities, and celebrate the Halloween season!

🤝 RSU 63 Parent Volunteers – We Need You!

We love having our families involved in the Eddington Elementary School community! Whether you are interested in helping with classroom activities, field trips, school celebrations, or other opportunities throughout the year, we encourage you to complete the RSU 63 volunteer paperwork.

All individuals interested in volunteering must:

1. Review RSU 63 Policy IJOC regarding school volunteers.
2. Complete the RSU 63 Volunteer Application.
3. Complete the Authorization for Background Check.
4. Sign the Confidentiality Agreement.

All completed paperwork should be submitted to:
RSU 63 Central Office
202 Kidder Hill Road
Holden, ME 04429
Attn: Parent Volunteer Application

Please remember that volunteer paperwork must be submitted and approved before individuals can begin volunteering. You can find additional information and volunteer paperwork here: RSU 63 Volunteer Information and Paperwork

We appreciate our families taking the time to complete this process and supporting our students, staff, and school community!

💚 Go Eagles!

As we continue through October, we are excited to see our students demonstrating our RSU 63 core values of Honesty, Kindness, Respect, Compassion, Responsibility, and Courage each day.

Our Little Eagles recognition program and weekly classroom visits from the Big Eagle continue to provide wonderful opportunities to celebrate our students and the positive choices they make. We love recognizing students who go above and beyond to make Eddington Elementary a welcoming and supportive place to learn!

🦅 Eagle Stickers

A limited number of Eagle Stickers are awarded each week and students who receive a sticker are entered into a weekly prize drawing. If your child brings home an Eagle Sticker, please help us celebrate them by asking them how they earned it! The winner of this weeks' drawing is: June Cookson.

💙 Thank You, Eagle Families!

Thank you to our families for your continued partnership and support. We look forward to another exciting week of learning, growing, and celebrating together!

Go Eagles! 🦅💙

Matthew Zavala
Principal
Eddington & Holden Elementary Schools

Newsletter word of the week: pumpkin

Curriculum Corner



Back to School Tips for Success!

Dear Families,

As we start another new school year together, we are so excited to have everyone back, and to welcome our new students and families. The classrooms are busy, and the students are engaged and interacting with the teachers and one another. To help our students and families have the most successful year possible; we have provided a few useful tips here:

Set Goals Together:
Encourage your child to set personal and academic goals. Maybe establish a small reward plan, like a sticker a day, and a week's worth of stickers earns a little treat. This can foster a sense of ownership over the course of their learning journey.

Create a Home Study Space:
Designate a quiet, well-lit area for homework and studying. This can be a fun space to decorate together. A dedicated home learning space can enhance focus and productivity and help build student confidence for completing tasks in a timely manner.

Establish a Routine:
Create a consistent daily schedule that includes time for homework, independent reading, and play time with friends and siblings. Routine helps students feel organized and helps them keep tasks manageable.

Stay Engaged:
As parents/guardians, ask your student(s) about their day, attend school events, participate in parent-teacher meetings, and communicate regularly with your child(ren)'s teacher to stay informed and hear all the great things happening during the school day.

Together let's make it a great year!

Sheila Caldwell
Superintendent of Schools
Director of Curriculum and Instruction

Dear Families,

As we settle back into our school routines, we are beginning our district and state assessments. These assessments help us better understand student learning, inform our instruction, and identify students who may benefit from additional support.

i-Ready Inform District Assessments

Students will first complete their i-Ready Inform district assessments in Reading and Math. These assessments will be administered from **September 8 – 22, 2026**. While we have a longer testing window to make sure every student has enough time to complete the assessments, each assessment typically takes 1–2 class periods/sessions to complete.

NWEA and Maine Through Year Assessments

- **Grades K–2**: Students will complete their NWEA assessments.
- **Grades 3–8**: Students will complete their Maine Through Year state assessments.

These assessments will take place between **September 14 – October 23, 2026**. The extended testing window allows us time to provide make-up opportunities for students who are absent. These assessments typically take 1–2 class periods/sessions to complete.

How Can You Help at Home?

You can help your child feel prepared and confident by:

- Making sure they get a good night's sleep.
- Encouraging them to eat a healthy breakfast.
- Reminding them to take their time and carefully read each question.
- Offering positive encouragement and reminding them to simply do their best.

These assessments are just one piece of the larger picture of your child's learning. Your encouragement and support at home can make a big difference!

Thank you for your continued partnership and support. We are excited to see how much our students have grown and look forward to celebrating their progress!



Dodie's Corner

Hello RSU #63 Families!

During Eagle Time this week in Pre-K and K, we continued our new Social Explorers Curriculum by reading the third book, Thinking with Your Eyes, written by R. Hendrix, K. Zweber Palmer, N. Tarshis, and M. Garcia Winner. Evan, Ellie, Jesse, and Molly are the main characters in this series. In the third book, they blast off into outer space and visit an alien planet. They don't speak the alien language, so they need to speak with their eyes. Our eyes are like arrows that point to what we are thinking about. Thinking with our eyes helps us focus on the group plan.

In 1st grade, we reviewed the "Tattling vs. Reporting" PowerPoint Presentation, completed a take-home worksheet, and played a game.

In all grades, we finished our time together with a Bat Wing Beat, Danny GO movement break, and a Leaf, Drift, Calm Meditation for kids. I have attached a family letter to help you practice these skills at home. I also attached the movement and calm-down activities. I hope you all had a wonderful 3-day weekend!

If anyone is interested, UCP's 24th annual Pumpkins in the Park event is on Sunday, October 18, 2026, from 11 am - 4 pm at the Anah Shriners building located at 1404 Broadway in Bangor. The last hour of the event will be a sensory-friendly setting. There will be trick-or-treating, pumpkin patches, face painting, prizes, a bounce house, and concessions. It is a cash-only event. The admission price is $5 per person or $15 per family. Children under 3 years old are free to enter. You can buy presale tickets to avoid the line by calling 941-2952. All proceeds directly support UCP programs for children and adults with physical, intellectual, and/or mental health needs.



Sincerely,

Ms. Dodie, LCSW

Thinking With Your Eyes Family Letter.pdf
PowerPoint Tattling or Reporting.pptx
"The Bat Wing BEAT!" 🦇 Spooky Drum-Along Dance | Danny Go! Songs for Kids
🍁 Leaf Drift Calm | Autumn Mindfulness Meditation for Kids



A Note from Your New School Nurse



Hello, Families!

My name is Julianna Page, and I am excited to introduce myself as your new school nurse! I have been a school nurse for the past four years, and I truly love working with students and being part of a school community. I look forward to getting to know your children and working with all of you throughout the school year!

I wanted to share a few important health reminders to help keep our students and staff healthy:

When Should Your Child Stay Home?
Please keep your child home from school until they are:

- Fever-free (100°F or below) for 24 hours without the use of fever-reducing medication.
- Free from vomiting or diarrhea for 24 hours without medication.

These guidelines help prevent the spread of illness and allow students the time they need to fully recover before returning to school.

Medication at School
For the safety of all students, children may not transport medications to or from school themselves. Any medication that needs to be kept or administered at school must be brought to the school office by an adult and given directly to me (Julianna Page) or Mrs. Smith.

Thank you for helping us keep our school community healthy and safe! Please don't hesitate to reach out if you have any questions or concerns. I am looking forward to a wonderful school year with all of you!

Warmly,
Julianna Page, RN
School Nurse



OCTOBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 SCHOOL FUNDRAISER ASSEMBLY 1:15 PM	2	3
4	5	6 FIRE PREVENTION DAY	7	8	9	10
11	12 HOLIDAY NO SCHOOL	13 PreK Field Trip 9:15-1:00	14 PTG Mtg at Holden School at 7:00 pm	15	16	17
18	19	20	21	22 School Picture Day	23	24 PTG TRUNK OR TREAT AT HOLDEN SCHOOL 3:30 - 5:00 PM
25	26 School Board Mtg at Eddington 6:30 pm	27	28	29	30 Dental Clinic	31 Happy Halloween



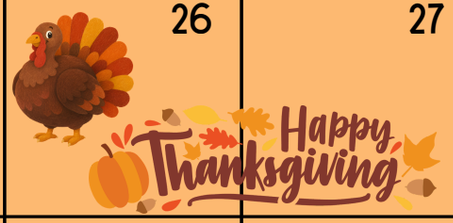


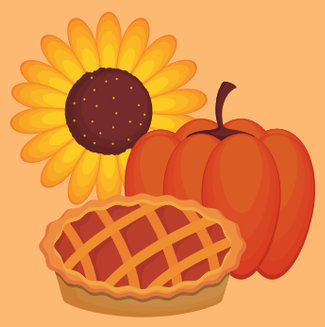
HOME



NOVEMBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	 3 PTG ELECTION DAY BAKE SALE AT TOWN OFFICES	4	5	6	7
8	9	10	 11 Holiday No School	12	13	14
15	16	17	18 PTG Mtg at Holden School at 7:00 pm	19 BOOK FAIR NOV. 19 – 24	20 Community Service Day	21
 22	23 BOOK FAIR NOV. 19 – 24 PARENT/TEACHER CONFERENCES 1:00-6:00 PM	24 PARENT/TEACHER CONFERENCES 1:00-6:00 PM	25 NO SCHOOL	 26	27	28
29	30					



HOME

LUNCH

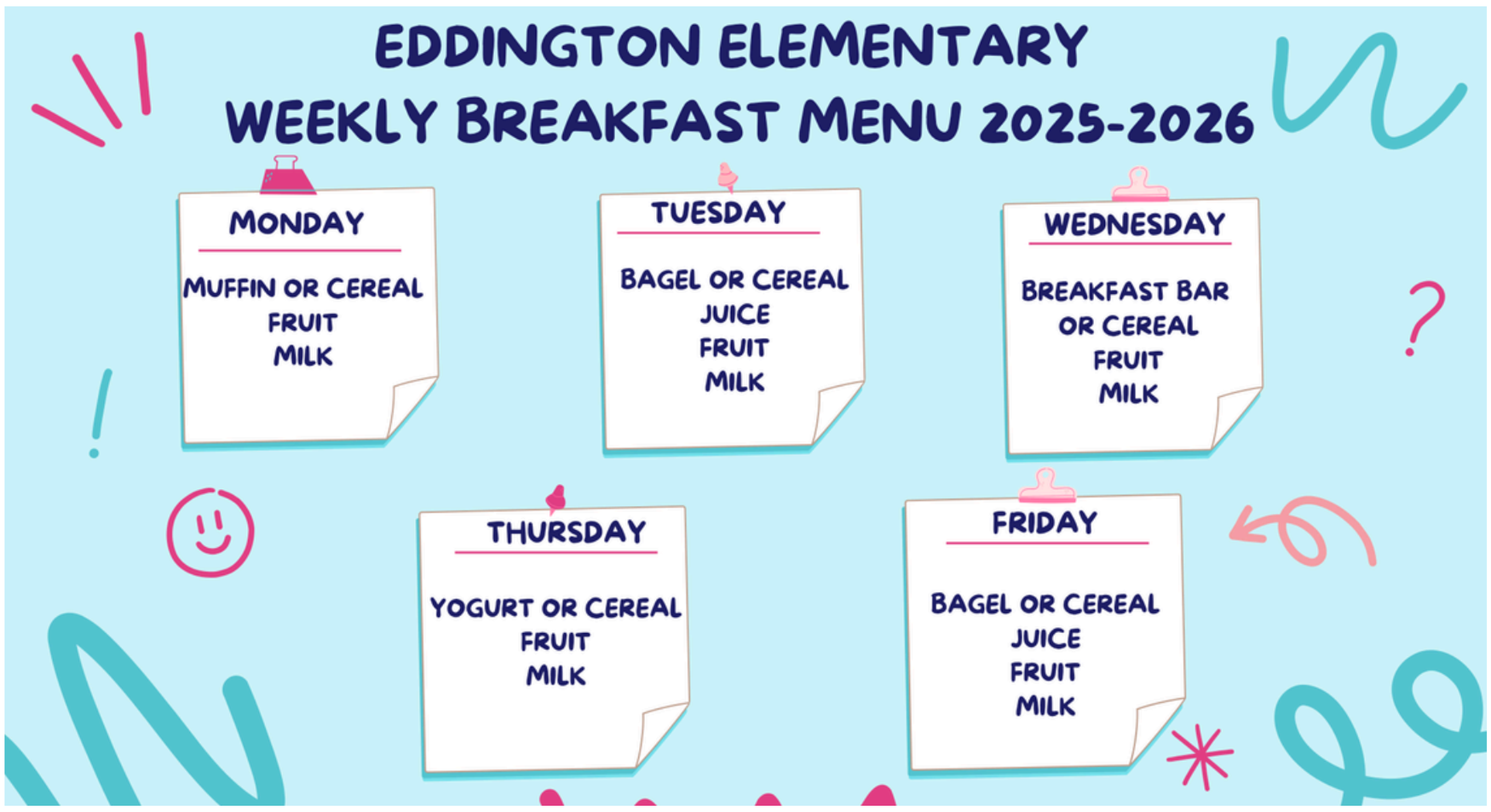
EDDINGTON ELEMENTARY SCHOOL

OCTOBER 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Cheese Pizza Cucumbers Fruit Milk	2 Fish Sticks Potato Smiles Fruit Milk
5 Emoji Waffles Sausage Patty Vege. Baked Beans Fruit Milk	6 Grilled Cheese Tomato Soup Goldfish Fruit Milk	7 Cheeseburger Smiley Fries Fruit Milk	8 Cheese Pizza Carrot Sticks Fruit Milk	9 Chicken Nuggets Potato Stars Fruit Milk
12 **Holiday** **No School**	13 SunButter, Jelly and Fruit Roll Ups Gold Fish Carrot Sticks Fruit Milk	14 Chicken Corn Dogs Potato Stars Fruit Milk	15 Cheese Pizza Spinach, Cucumber and Tomato Salad Fruit Milk	16 Chicken Patty on WG Bun Cucumbers Fruit Milk
19 French Toast Sticks Bacon Vege. Baked Beans Fruit Milk	20 Chicken Nuggets Corn Fruit Milk	21 Fish Sticks Potato Stars Fruit Milk	22 Cheese Pizza Carrot Sticks Fruit Milk	23 Ham & Cheese Sandwich Chips Fruit Milk
26 Pancakes Sausage Patty Vege. Baked Beans Fruit Milk	27 Grilled Cheese Tomato Soup Goldfish Fruit Milk	28 Macaroni & Cheese Hot Dog Broccoli Fruit Milk	29 Cheese Pizza Carrot Sticks Fruit Milk	30 Cheeseburger Chips Fruit Milk

Breakfast and Lunch meals are free for all students. Lowfat white milk is served with all meals. Entrée may be substituted for SunButter Sandwich.
Snack Milk or Milk for cold lunch is .50 cents/each.
WG = Whole Grain
Menu is subject to change without notification.

MY SCHOOL BUCKS — PAY FOR MEALS ONLINE — MySchoolBucks.com





HAPPY BIRTHDAY

October

Rylee Garriepy	Oct. 1	Kindergarten
Peter Shola	Oct. 2	First Grade
Lincoln Adkins	Oct. 2	Kindergarten
Bea Maniscalco	Oct. 4	First Grade
Milo Maniscalco	Oct. 4	First Grade
Emma Spencer	Oct. 8	First Grade
Milo Hutchins	Oct. 9	First Grade
Brody Moore	Oct. 9	Kindergarten
Ezra Whitney	Oct. 10	First Grade
Callie Webber	Oct. 13	PreK

HOME

NEWSLETTER INCENTIVE

Last weeks' incentive winner drawing is Sarah Joutov from Miss Saucier's class.

DON'T FORGET TO CLICK THE INCENTIVE LINK IN THE PRINCIPAL'S CORNER TO ENTER.

Announcements & Events

Dismissal:

Please notify the office and your child's teacher of any dismissal changes BEFORE 2:00 pm (except in cases of emergencies). This helps us get everyone home safely!

Parents:

It is imperative that you send a change of clothing in your child's backpack. Children get wet or need to change clothes for a variety of reasons and we currently don't have many extra clothes in the office. Thank you.

Parent Volunteer Application

Parents who are interested in volunteering in the classroom, chaperoning field trips or joining us for our end of the year field day must fill out the volunteer form every school year. Please click on the link below to access the application. Please note a background check will be completed and you must be approved before volunteering. Return completed forms to Kelly in the office.

CLICK HERE

School Visitors

For safety purposes, any visitor must report to the office immediately upon entry into the building. They will need to sign the visitor log binder, and they will receive a visitor tag. The visitor tag must be worn and visible at all times while they are in the building. When they leave, the visitor must return the visitor tag to the secretary and sign out in the binder. Thank you for helping keep our school safe!

Morning Arrival

If kindergarten or first grade students are dropped off before 8:15 am, they need to be walked down to the outside playground. They may be dropped off at the front door ONLY if they are getting a school breakfast.

Parent/Student Handbook

The handbook can be found on our District website or by using the following link:

2026-2027 Handbook

PICTURE DAY!

Thursday, October 22

Parents wishing to purchase their student's photo with cash or check should have their student turn in a completed order form to the photographer on October 22 when they get their photo taken. All cash and check orders will ship for free to the school 2-3 weeks after. Order 22 is the only day that order forms should be turned in.

Any parent wishing to purchase pictures online can do so through the end of the day on October 27. Online orders can be made via their website (www.shoutvalley.net) and the event code for Eddington School's Picture Day is: PX18218.

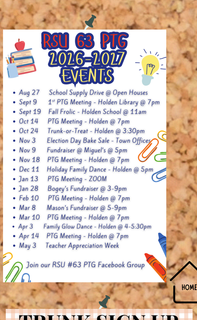
If you order online you do not need to turn in an order confirmation printout to the photographer, as long as you received the order confirmation email and it's for the correct school/correct Picture Day.

Beginning Oct. 28 all online orders under this event code will be considered "late" and will incur a late fee of $7.00, these orders will ship directly to your home.

















Arrival / Dismissal Procedures 2026-2027

Arrival

For Kindergarten and 1st Grade students arriving between 8:00-8:15 am

- Drop off in the morning will be at 8:00 am. When students arrive at school they are to go directly to the playground behind the school unless there's inclement weather. Please drop your child appropriately for the existing weather conditions. If there is inside recess there will be a sign outside by the front door indicating inside recess and therefore students may be dropped off through the front door.

For Prek students arriving between 8:00-8:30 am

- Drop off your student at the front door where Ms. Leland and Mrs. Davis will greet them.

Any student arriving after the stated times above should enter through the front door and check in with Mrs. Smith.

Dismissal

Pick up by vehicle (or parents walking)

- Park your vehicle in our parking lot in front of the School. Walk up to the front door and your child will be brought out to you. Students will be released at 2:30 pm. Please be extremely careful when driving out of the parking lot as many children and parents will be walking to their cars.

School Bus Safety Reminder for Parents & Students

Please remember that the **school bus danger zone** is the area **within 12 feet of the bus**, where drivers may not always be able to see children clearly.

Parents, please review these important safety rules with your children:

- Stay at least **5 giant steps** away from the bus
- **Make eye contact** with the driver before crossing
- **Wait for the driver's signal** before crossing the road **You always need thumbs up!**
- **Never play on snowbanks or near the roadway**
- **Never pick up dropped items** — tell the driver instead

Important Reminder for Families of Students in Grade 3 and Below:
While parent or guardian presence is required for bus drop-off, we strongly encourage parents to also be present at bus pick-up whenever possible. Younger students are especially vulnerable to hazards such as snowbanks, icy roads, and traffic visibility issues.

Staying alert, following bus safety rules, and working together helps keep every child safe.

Safety starts with awareness and teamwork — thank you for helping us keep our students safe!

CONTACT INFORMATION

EDDINGTON SCHOOL

843-6010

VISIT YOUR CLASSROOM`S FAMILY WEBPAGE!

PRE-K KINDERGARTEN 1ST GRADE

Seesaw Seesaw ClassDojo

STAFF EMAILS

Front Office
Principal Zavala: mzavala@rsu63.org
Mrs. Smith: kjsmith@rsu63.org
Nurse Page: jpage@rsu63.org

Classroom Teachers
Pre-K:
Ms. Leland: aleland@rsu63.org
Mrs. Davis: kdavis@rsu63.org

Kindergarten:
Mrs. Alley: jalley@rsu63.org
Mrs. DeRoche: bderoche@rsu63.org

First Grade:
Mrs. Saucier: hsaucier@rsu63.org
Mr. Seip: jseip@rsu63.org

Additional Services
Special Services: dfarrell@rsu63.0rg
Speech Therapy: kkaram@rsu63.org
Occupational Therapy: rhiggins@rsu63.org
Literacy Intervention: gmalm@rsu63.org

Specialists
Art: mireland@rsu63.org
PE: msagehorn@rsu63.org
Music Enrichment: nkavin@rsu63.org
Library: nkavin@rsu63.org
School Counselor: dsmith@rsu63.org

HOME