LUNCH

OCTOBER 2026

Vermilion High School Cafe

Lunch $3.25, Reduced No Charge Adult Meal $4.60
A full lunch includes: Choice of meat/meat alternate, whole grain bread or grain, vegetables, fruit or 100% fruit juice and choice of milk.

Menu subject to change - this institution is an equal opportunity provider, employer and lender.

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Breakfast Buffet Pancakes or Waffles Breakfast Sausage Hash Browns Assorted Fruit & Juice Choice of Milk	2 Domino's Pizza Oven Fries Assorted Fruit Choice of Milk
5 Meatballs Sub Tater Tots Tossed Salad Assorted Fruit Choice of Milk	6 Chicken Tenders Crinkle Fries/'Dinner Roll Assorted Fruit & Juice Choice of Milk	7 Macho Nachos Lettuce/Salsa/Sour Cream Fiesta Beans Assorted Fresh Fruit Choice of Milk	8 Chicken Mashed Potato Bowls Steamed Corn Dinner Roll Assorted Fruit & Juice Choice of Milk	9 Teacher Record/PD Day
12 Philly Sub Sandwich Sautéed Peppers & Onions Baked Beans Assorted Fruit Choice of Milk	13 Salisbury Steal Mashed Potatoes & Gravy Steamed Carrots Dinner Roll Assorted Fruit & Juice Choice of Milk	14 Chicken & Dutch Waffles Hash Brown Rounds Assorted Fresh Fruit Choice of Milk	15 Pasta Bar Assorted Toppings & Sauces Garlic Breadstick Garden Salad Assorted Fruit & Juice Choice of Milk	16 Domino's Pizza Twister Fries Assorted Fruit Choice of Milk
19 Bosco Breadsticks Marinara Dipping Sauce Steamed Broccoli Assorted Fruit/ Choice of Milk	20 Popcorn Chicken Mashed Potatoes & Gravy Dinner Roll Assorted Fruit & Juice Choice of Milk	21 Burrito Bowls Assorted Toppings Black Beans Assorted Fresh Fruit Choice of Milk	22 Grilled Chicken Club Steamed California Veggies Assorted Fruit & Juice Choice of Milk	23 Teacher Record/PD Day
26 Manager's Choice! Assorted Fruit Choice of Milk	27 Chicken Parmesan Sub Sandwich WG Chips Steamed Corn Assorted Fruit & Juice Choice of Milk	28 Macho Nachos Lettuce/Salsa/Sour Cream Black Beans Assorted Fresh Fruit Choice of Milk	29 Asian Build a Bowl Grilled or Popcorn Chicken Assorted Sauces WG Rice Steamed Broccoli Assorted Fruit & Juice Choice of Milk	30 Marco's Pizza Seasoned Green Beans Assorted Fruit Choice of Milk

Common allergens (milk, egg, tree nuts, wheat, peanuts, soybeans and/or sesame) may be present in several menu offerings that have been prepared in facilities where these items are also processed, please notify staff of allergies and to get more information.

Daily Alternate Choices: Spicy or Regular Chicken Filet Sandwich, Hamburger or Cheeseburger, Cold Deli Sandwich, Yogurt Parfait with Banana Bread, PBJ Uncrustable with String Cheese and Assorted Entree Salads with Crackers.

(WG = Whole Grain)