



OCTOBER 2026

Sailorway Middle School

~ Lunch Menu Information ~

Full Price \$3.25, Reduced No Charge, Adult Meal \$4.60

A full lunch includes your choice of meat/meat alternate, whole grain bread or grain, vegetables, fruit or 100% fruit juice and choice of milk.

(WG = Whole Grain)

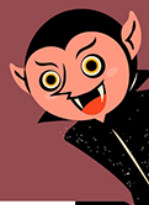
Monday

Tuesday

Wednesday

Thursday

Friday



5
Cheesy Bosco Sticks
Marinara Sauce
Steamed Broccoli
Assorted Canned Fruit
Choice of Milk

6
Rotini with Meatballs
or Marinara Sauce
WG Garlic Breadstick
Tossed Salad
Assorted Fruit & Juice
Choice of Milk

7
Macho Nachos
Lettuce, Salsa & Sour Cream
Black Beans
Assorted Fresh & Canned Fruit
Choice of Milk

1
Fresh Baked Pizza
Steamed Green Beans
Assorted Fruit & Juice
Choice of Milk

2
Camp Day!
Hot Dogs
Bagged Chips
Baked Beans
Ants on a Log
Surprise Treat!
Choice of Milk

12
Mozzarella Cheese Sticks
Marinara Dipping Cup
Steamed Broccoli
Assorted Canned Fruit
Choice of Milk

13
Chicken & Mashed
Potato
Bowl
WG Dinner Roll
Seasoned Corn
Assorted Fruit & Juice
Choice of Milk

14
Macaroni & Cheese
WG Muffin
Steamed Green Beans
California Veggies
Assorted Fresh & Canned Fruit
Choice of Milk

15
Fresh Baked Pizza
Baked Beans
Assorted Fruit & Juice
Choice of Milk

16
Chicken Tenders &
Dutch Waffle
Tater Tots
Baby Carrots & Ranch
Assorted Canned Fruit
Choice of Milk

19
Pancakes or Waffles
Sausage Patty
Hash Brown Rounds
Assorted Canned Fruit
Choice of Milk

20
Popcorn Chicken
Rosemary Roasted Potatoes
Steamed Broccoli
WG Crackers
Assorted Fruit & Juice
Choice of Milk

21
Beef or Chicken
Soft Tacos
Lettuce, Salsa & Sour Cream
Black Beans
Assorted Fresh & Canned Fruit
Choice of Milk

22
Marco's Pizza
Steamed Corn
Seasoned Green Beans
Assorted Fruit & Juice
Choice of Milk

23
Teacher Record/PD Day

26
Toasted Cheese
Tomato Soup
Potato Tots
Steamed Broccoli
Assorted Canned Fruit
Choice of Milk

27
Rotini with Alfredo or
Chicken Parmesan with
Marinara Sauce
WG Breadstick
Tossed Salad
Assorted Fruit & Juice
Choice of Milk

28
Chicken & Cheese
Quesadilla
Lettuce, Salsa & Sour Cream
Black Beans
Steamed Corn
Assorted Fresh & Canned Fruit
Choice of Milk

29
Fresh Baked Pizza
California Veggies
Assorted Fruit & Juice
Choice of Milk

30
Crispy Chicken Club
Sandwich
Bacon & Cheese
Lettuce & Tomato
Baby Carrots & Ranch
Assorted Canned Fruit
Choice of Milk

Common allergens (milk, egg, tree nuts, wheat, peanuts, soybeans and/or sesame) may be present in several menu offerings that have been prepared in facilities where these items are also processed, please notify staff of allergies and to get more information.

Daily Alternate Choices:

Deli Sandwich, Yogurt Parfait with Banana Bread, Sunbutter Uncrustable with String Cheese

M, W and F - Spicy or Regular Chicken Sandwich - T & Th - Hamburger or Cheeseburger

Menu subject to change without notice - this institution is an equal opportunity provider, employer and lender.