

CUB UPDATE

Your weekly newsletter about our school!



A Note From Principal Moser

Halloween is just around the corner, and I anticipate many families are preparing costumes in anticipation. We will be hosting our annual Halloween Parade on Wednesday, October 28th at 9am. Parents and family members are welcome to join us! There will be standing room along the main hallway walls, and seating in the bleachers in the gym. All children are invited to dress in their costume on this day. If your child's costume includes a mask, blood or weapon, these items will not be allowed during the parade. Please plan accordingly.



Character Trait of the Month

Perseverance

Social Story of the Week

Staying On Task



NEXT WEEK

MONDAY

Normal Day

TUESDAY

Picture Re-Takes

WEDNESDAY

Normal Day

THURSDAY

Oregon's
Crunch At Once Event

FRIDAY

Early Release @ 12:10

UPCOMING EVENTS

October 28 -
Halloween Parade @ 9am
October 29th-30th -
Fall Conferences

Hello Clemens Families,

P.E. NEWS

In Physical Education class this week students practiced challenges with bean bags such as self tossing and catching and challenges including hopping and jumping patterns with the bean bag on the floor and balancing on different body parts such as the head, knee and foot. In the second class of the week students practiced skills with hula hoops and played a classic favorite "What time is it, Mr. Fox"? If you need to contact me, email is best, at nicholas.burnett@Philomath.k12.or.us.

-Mr. Nick Burnett

PE Teacher



Want to stay in the loop with everything happening in our district and community?

Be sure to visit our District News page for the latest district updates, important announcements, upcoming events, and community flyers featuring activities, programs, and great opportunities for local families. We encourage all parents and families to check back regularly so you don't miss out on what's happening in our schools and community!

Visit our District News page here:

<https://www.philomathsd.net/district-home/news>

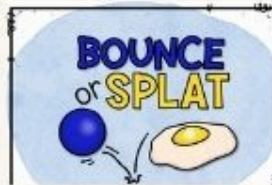


Mrs. Crane

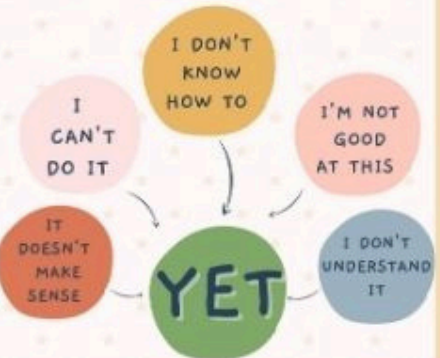
SCHOOL COUNSELOR'S CORNER!

LESSON FOCUS: GROWTH MINDSET

Growth mindset is the idea that we can do hard things and grow our brains as long as we don't give up! We emphasize the power of "yet," reminding students that mistakes are a part of learning and building our skills! We use the language of "bouncing back" like a bouncy ball instead of "splatting" like an egg when things are difficult for us or when we feel frustrated or disappointed. Even though it can be challenging and take practice, we always have the choice to bounce back!

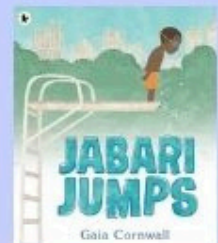
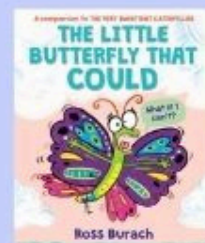


GROWTH MINDSET REMINDERS



Cool Stuff:

Click on the books for links to read-alouds about growth mindset!



Contact Me!

Mallory Crane
Email: mallory.crane@philomath.k12.or.us
Phone: 541-292-2082

THANK YOU!

Praise your student for bouncing back when they persevere through something tough!

Growth Mindset



Instead of thinking:

Think this instead:

I can't do this!

I can do this!

It doesn't work!

Mistakes help me learn!

I give up!

I will persevere!

I don't know how to do this!

I will learn how to do this!

Growth Mindset Song!

This is a repeat-after-me song to the tune of Frère Jacques



GROWTH MINDSET

Never giving up!



I can do hard things!

The power of YET!





PHILOMATH TRUNK OR TREAT



FRIDAY OCT. 30TH
3:00-5:00PM



MAIN STREET BUSINESSES BETWEEN 9TH &
17TH STREET AND THE MUSEUM PARKING LOT



WEAR YOUR COSTUME!



Save the Date



TURKEY BINGO

NOVEMBER 13

📍 Philomath High School



5-8 PM

Bingo starting
at 5:30 PM



Silent
Auction

Food Available
for Purchase!

PIZZA • CHIPS • SODA



Help Raise Money for

OUTDOOR SCHOOL

Cooperative Co-Parenting Class

TUESDAYS,

5:30pm-7:30pm

10/13/26 - 12/1/26

**Clemens Primary School,
535 S. 19th St, Philomath**

Best for separating or divorced
parents with children of any age

**LBCC Facilitator:
Nina Petrovich**

This free class is designed for parents/guardians who are ready to set aside personal differences to strengthen communication and support their children. It will encourage reflection on parenting styles and past experiences, which may bring up difficult emotions.

Participants will learn the following skills:

- Emotional-regulation
- Negotiation
- Decision-making
- Problem-solving
- How to approach co-parenting as a business-like relationship centered on the child's needs.



Practice separating past grievances from
current co-parenting responsibilities
to reduce conflict and stress for your children.

Pre-register by contacting Anna at the SRF office,
541-929-2535 or anna.srf@ruralfamilies.org. Free dinner served
at 5:15pm. Childcare for 10 & under available upon request.



Established in 2005
Celebrating 20 Years of Service

Strengthening Rural Families
P.O. Box 1528
535 S 19th St. #162
Philomath, OR 97370
www.ruralfamilies.org

Brought to you by SRF, in partnership with

**PARENTING
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Linn-Benton
Community College