



2027 Benefits and Support

South St. Paul Schools



Today you will learn about...

- Overview of your medical benefits
- Overview of your dental benefits
- Extra support resources with HealthPartners





Medical plan



What's Changing

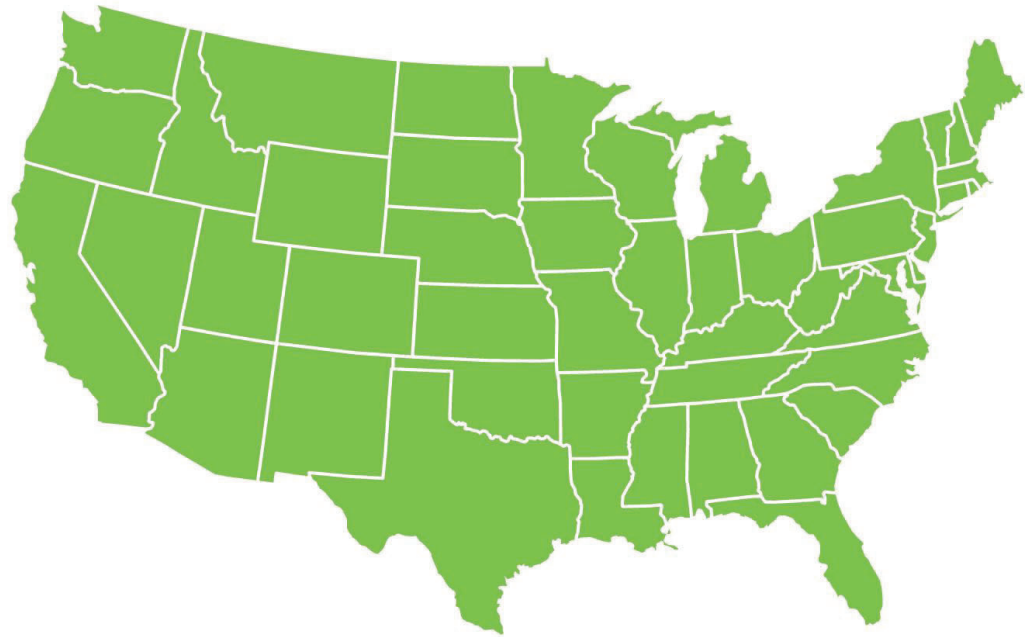
- Virtuwel will no longer have 3 free visits on the copay plan
- HSA plan will see increases to the deductible and out-of-pocket due to IRS increases



Open Access network



**Get the most choices
of doctors and clinics
at home or across
the country.**



Search the network for your doctor or find a new one at [**healthpartners.com/openaccess**](https://healthpartners.com/openaccess)



Care today for a healthier tomorrow



Prevent problems before they start.

Even if you're not sick, you can catch any issues early – when treatment is most effective. Your health plan covers in-network preventive care at 100%.

Alcohol, tobacco and weight screenings

Screenings for high blood pressure, diabetes and cholesterol

Breast, cervical and colorectal cancer screenings

Routine pre- and post-natal care

Vaccines

Well-child visits



Visit healthpartners.com/preventive to find out what care is recommended for you.



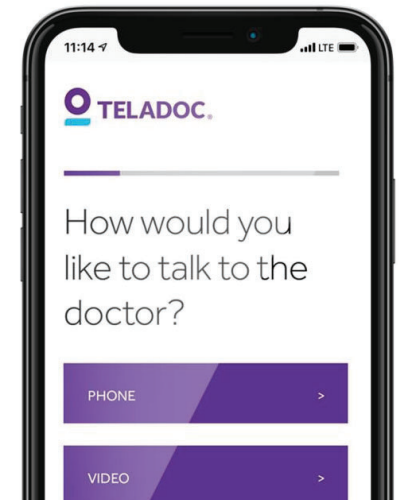
Telehealth coverage highlights

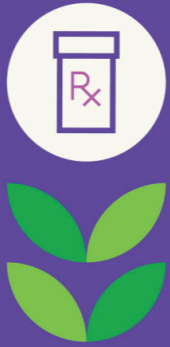


- Everyday, urgent and mental health care
- Live video visits with a doctor include assessment, diagnosis and prescription
- When you create a free member account, your cost is always shown up front, without any surprise bills later
- Register at doctorondemand.com



- Fill out a brief medical history
- Connect with medical experts by phone, video or mobile app
- Get help whether it's a prescription sent to the pharmacy of your choice, the guidance to move forward or a review of a preexisting condition
- Get started at teladoc.com





Prescription benefits

Prescription coverage

Check your formulary (drug list) to understand your costs and get support if your medicine isn't working for you.



Formulary



Covered medications on your plan's drug list, including brand, high-cost generics, low-cost generics, and specialty medications.



Non-formulary



Medications not found on your plan's drug list. May be covered with prior approval, but cost more.



Visit healthpartners.com/formulary to review your formulary resources and search for your medicine, then use your Summary of Benefits and Coverage (SBC) to see how much you'll pay.



Get the most from your medicines

Try generics



Interested in HSA Plus plan:
search for preventive drug:
Enhanced Preventive Drug list



Talk with a
pharmacy navigator



Meet with a Medication
Therapy Management (MTM)
pharmacist



In a one-on-one visit, a pharmacist will review your medicines with you to make sure they're working and are right for you. Plus, it's free.

Learn more at healthpartners.com/mtminfo.

BACK



Medicine delivered to your door

Skip the trip to the pharmacy. Get your prescriptions mailed to your home with HealthDyne.

5 great things about mail order

- 1 It's easy to set up a refill online or with our mobile app.
- 2 Track your package every step of the way.
- 3 Save money with 90-day supplies and free standard shipping.
- 4 Get your package delivered safely and discreetly in 7-10 days.
- 5 Save yourself a car trip and avoid the line at the pharmacy!



To get started, call **800-591-0011**
or visit **healthpartners.com/mailorder**



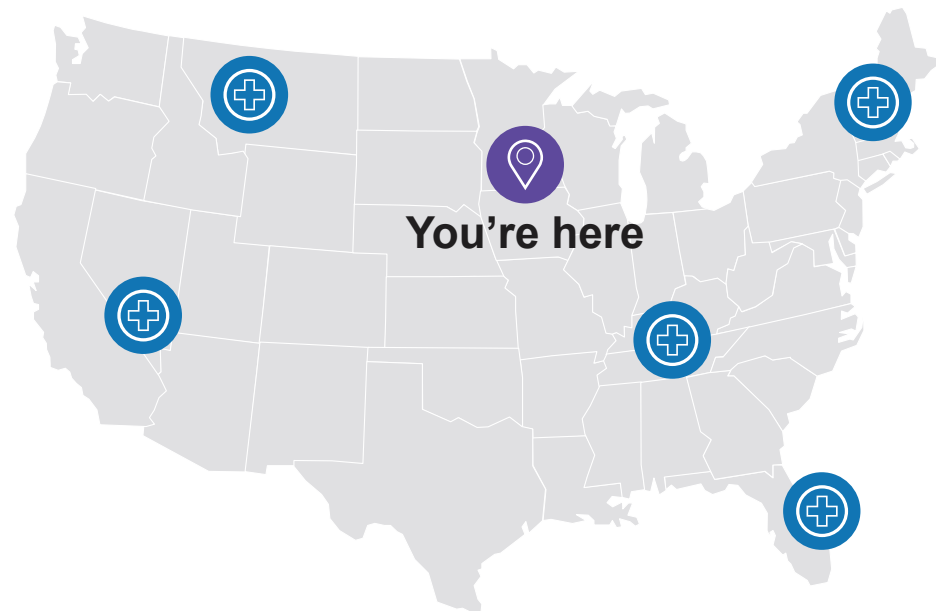


Dental plan

Dental Open Access Network



**Lower costs with
the highest level
of coverage.**



Search the network for your dentist or find a new one at healthpartners.com/dentalopenaccess



Dental Open Access plan



A healthy mouth may help decrease the risk of diabetes, heart attacks and strokes.

That's why our dental plans cover 100% of all in-network preventive care.

Your plan pays for some great things:



Preventive dental services – no cost to you when you see a network dentist



HealthPartners MouthWise Matters – extra exams and cleanings are covered 100% in-network (if you're pregnant or have diabetes and are at risk for gum disease)



The cost of other dental care at the amounts shown in your Summary of Benefits

What you'll pay:



For things like getting a cavity filled, you may need to pay a **deductible** – the amount you have to pay before your plan helps with the cost



There's also **coinsurance**, which is a percent of the bill



You're in charge of paying all costs after you reach the **annual maximum** – the most your plan will pay for dental care each year



Search the network for your dentist or find a new one at healthpartners.com/dentalopenaccess

Unlock extra dental health benefits

Your dental health has an impact on your overall health. And when your dental health needs extra care, MouthWise Matters provides added benefits for people who are pregnant or living with diabetes.

For those living with diabetes or who are pregnant, HealthPartners MouthWise Matters covers the following services at 100%:

- Extra dental exams
- Extra cleanings and periodontal maintenance
- Scaling and root planing – a deep cleaning for your teeth





Extra support

Take charge of your health plan

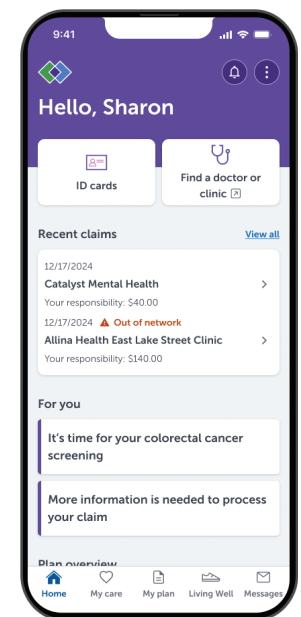
A HealthPartners online account makes it easy to stay on top of your health care and insurance.

You have real-time access to your personal health plan information in one simple place.

Top 3 ways to use your online account

- 1 Visit My dashboard on your phone or computer for personalized preventive care reminders, helpful tips about your plan and more.
- 2 Search for in-network doctors, clinics and hospitals and get cost estimates for services specific to your plan using the web or mobile app.
- 3 Open the HealthPartners mobile app for on-the-go access to claims details, your member ID card and Member Services contact information.

 Sign in at **healthpartners.com** or on the HealthPartners mobile app



Here for you 24/7

Member Services	Help with all things related to your plan	 	Mon – Fri, 7 a.m. to 6 p.m., CT 800-883-2177 or 952-883-5000
Nurse NavigatorSM program	Support in finding the right care	 	Mon – Fri, 7:30 a.m. to 5 p.m., CT 800-883-2177 or 952-883-5000
Pharmacy Navigators	Help with your medicines	 	Mon – Fri, 8 a.m. to 5 p.m., CT 800-883-2177 or 952-883-5000
Behavioral Health Navigators	Help with mental or chemical health benefits	 	Mon – Fri, 8 a.m. to 5 p.m., CT 888-638-8787
CareLineSM service nurse line	Trusted nurse advice	 	24/7, 365 days a year 800-551-0859
BabyLine phone service	Expert guidance on your pregnancy or new baby	 	24/7, 365 days a year 800-845-9297



Improve your health and well-being

It's easy. And it's offered at no cost to you as a HealthPartners member.

- Learn about your health by taking a confidential online health assessment
- Pick a well-being activity – you've got lots of options
- Choose what's best for you to achieve your personal health goals
- Enjoy the life you want



Sign in to your well-being program at healthpartners.com/livingwell



Live your best life

We can help you get healthy and live better, no matter what your goals are.

Free programs and resources for HealthPartners members to:

- Quit smoking
- Eat better
- Manage your weight
- Save money- review what discounts you can get just for having HealthPartners insurance!
- Improve your resilience
- Get your health questions answered
- Make sure you're getting the right care
- Make sure your medicine is working correctly



Find this support and more at healthpartners.com/my/programs-and-perks



Get help from a health coach

Work with a health coach to set goals around tobacco use and vaping that fit your lifestyle.

You'll get support and encouragement to reach your goals and live nicotine free.

- Medicine to support quitting – Your health plan might pay for medicines to help you quit. Visit healthpartners.com/pharmacy to view your options.
- Digital support – Use Pivot, an app-based coaching and tobacco cessation resource. Go to pivot.co/HealthPartners for more information.



Call 800-311-1052 to get started with a health coach



Personalized support services

○ Nurse Support for those living with **chronic conditions** such as diabetes, asthma, heart disease and rheumatoid arthritis:

- Answer questions and provide resources for your condition
- Navigate appointments, treatments and medicine refills, and help you understand your insurance coverage and costs
- Coordinate care, treatment and communication among different doctors and specialists



Get started at healthpartners.com/nursesupport

○ If you're pregnant or thinking about it, we're here to help. Our support is confidential and no cost.

- You'll have access to **My Pregnancy** – a personalized, digital support written by our health experts and timed to where you're at in your pregnancy
- Download our free **myHealthyPregnancy app** powered by YoMingo for important anytime, anywhere parent education and fun extras for every stage of pregnancy, newborn care and more



Visit healthpartners.com/healthy-pregnancy to learn more and take the assessment



Support that may be needed

- **Back Pain?** tips to manage pain , learn about treatment options and find resources to help you feel better



Learn more at healthpartners.com/backhealth
Get started at healthpartners.com/healthsupport

- **Facing a cancer diagnosis?** Help you make decisions that fit your life and values, collaborate with your clinic and care team or just someone to talk to when you need someone to listen.



Get started at healthpartners.com/cancersupport



Your HealthPartners member ID card

Watch for your new ID card in the mail if you are new or change plans.

Each person on the plan will get their own ID card. Your provider will take a copy of your card so they can submit your claim to us. Pull it up on the go and fax it to your clinic in the HealthPartners mobile app.

We're here for you – easily find
our number and give us a call



HealthPartners

ID **99999999** Payer ID **94267** Group **55555** Renews **January**

Name **SAMPLE CARD**

Care Type **Open Access**

Office Visit \$___.00
Urgent Care \$___.00
Convenience Care \$___.00

RxBIN 003858 RxPCN A4 RxGroup HPCOMRX

Sign-in for important plan information.
healthpartners.com

cigna OAP
Open Access
Plus Plan

National coverage
with Cigna



Member Services **952-883-5000 or 800-883-2177** Print Date: MM/YY

HealthPartners Member Services, PO Box 1309, Minneapolis, MN 55440

For emergencies call 911 and/or get immediate medical attention. For medical advice call the CareLineSM nurse service any time **612-339-3663 or 800-551-0859**.

Admissions Fax information to **952-853-8705** or call **800-316-9807**
Claims Payer ID **94267** healthpartners.com/eservices

Vision HealthPartners Claims, PO Box 21024, Eagan, MN 55121
Pharmacy Optometry care includes PHCS network.
healthpartners.com/formulary

	In Network	Out of Network
Deductible (Individual/Family)	\$___/\$___	\$___/\$___
Out of Pocket Max (Individual/Family)	\$___/\$___	\$___/\$___

AWAY FROM HOME CARE [Offered by HealthPartners Insurance Corp](#)

For your
doctor to ask
questions
and submit
claims



Thank you!

