



RED BANK CATHOLIC HIGH SCHOOL

**Sophomore Parent Presentation
2026/2027**

GUIDANCE DEPARTMENT

Cathy Scaramuzzino—Guidance Director

Emma Koba-Counselor

Ted Jarmusz-Counselor

Matt Koba-Counselor

Nicole Wall-SAC

Sister Regina-Freshman Advisor

Jeanne Toomey- Fr. Learning Consultant

Susan Miller- LDTC

Leslie Galvin-Freshman Advisor

Kristie Bergin- Social Worker

Tina Brendel- Registrar

Danielle Cioffi- Guidance Secretary

Agenda - Sophomore Year

- ▶ Course Selection
- ▶ Attendance and Tardy
- ▶ Naviance – Student Connection
- ▶ National Honor Society-Preparation
- ▶ Student Success Center Room 7 - Extra Help “Casey Time” period 0/9
- ▶ Career Interest Inventory
- ▶ **Do What You Are-Personality Inventory (student should complete prior to sophomore parent meeting)**
- ▶ **Build Your Resume**
- ▶ Standardized Testing - PSAT's and Map Tests
- ▶ Explore Interests/College Majors
- ▶ Academic Resources
- ▶ Scholarship Opportunities
- ▶ Extracurricular Activities
- ▶ Volunteer Opportunities
- ▶ Student Athletes/NCAA
- ▶ Building a Good Rapport with Your Counselor



College Process

➤ Sophomore Year

- Assigned a counselor (alphabetically by last name)
- Counselor meets sophomores first or second quarter and then as requested by student or counselor on need or follow-up basis through Schoology or email.
- There are on-going conversations about course selections, rigor of schedule, discuss student's involvement with activities, NHS possibility, Community Service, etc.
- Sophomores take a Career Inventory- offer insight to the student's results- pair their interests with future course selections
- Also offers a personality inventory which provides insight into the student's personality and possible career choices and college planning
- Naviance- resume building, Career Interest Survey
- Sophomore Individual Parent/ Student meetings- March, April, and May- future course planning, career interest, activities, resume building, etc.



College Process

➤ Juniors

- Junior Group Parent Meeting in November
- Junior Individual Parent/ Student meetings (45 minutes) in December, January and February- planning senior schedule, college counseling, standardized test schedule, future plans, etc.
- Step on the gas for college searches by size location, majors, etc.
- Naviance- college planning, scattergrams, colleges, Personality Inventory, stress resume building



College Process

➤ Seniors

- Senior Parent Meeting in September
- Senior Individual Parent/ Student meetings (45 minutes) in September/ October- college application process
- Seniors live in guidance
- Naviance- Use scattergrams to show Reach, Target and Safety schools, Red Bank Catholic acceptance history, relationships with certain colleges, etc.
- Meet with college admissions counselors- over 140 colleges visit Red Bank Catholic.

College Board

The screenshot shows the College Board website interface. At the top, the browser address bar displays the URL <https://collegereadiness.collegeboard.org/psat-nmsqt-psat-10>. Below the address bar, the College Board logo is on the left, and a search bar with a magnifying glass icon is on the right. The main navigation bar includes links for "SAT", "PSAT/NMSQT and PSAT 10" (which is highlighted), "PSAT 8/9", "About", "For Educators", "Important Dates", and "More". The main content area features a large blue background with a circular image of a young woman looking at a tablet. To the right of the image, the text "Take a Practice Test" is displayed in large white font, followed by the subtitle "Practice taking the PSAT/NMSQT before test day." and a yellow "Practice Now" button.

CollegeBoard

Sign In Search

SAT Suite of Assessments

SAT PSAT/NMSQT and PSAT 10 PSAT 8/9 About For Educators Important Dates More

Take a Practice Test

Practice taking the PSAT/NMSQT before test day.

Practice Now

PSAT

The screenshot shows a web browser window with the URL <https://collegereadiness.collegeboard.org/psat-nmsqt-psat-10/inside-the-test>. The page is titled "SAT Suite of Assessments" and features a navigation menu with options: SAT, PSAT/NMSQT and PSAT 10 (selected), PSAT 8/9, About, and More. The breadcrumb trail reads: Home / PSAT/NMSQT and PSAT 10 / Inside the Test. On the left, a sidebar lists sections: PSAT/NMSQT and PSAT 10 (selected), Inside the Test (selected), Reading Test, Writing and Language Test, Math Test, Key Content Features, Compare PSAT/NMSQT Specifications, Taking the Tests, and Practice. The main content area explains that the PSAT/NMSQT and PSAT 10 are highly relevant to future success, focusing on skills and knowledge at the heart of education. It lists two key areas of measurement: what you learn in high school and what you need to succeed in college. It also advises that the best way to prepare is to take challenging courses, do homework, prepare for tests and quizzes, and ask and answer lots of questions.

Inside the PSAT/NMSQT x

Secure | <https://collegereadiness.collegeboard.org/psat-nmsqt-psat-10/inside-the-test>

SAT Suite of Assessments

SAT ▼ PSAT/NMSQT and PSAT 10 ▼ PSAT 8/9 ▼ About ▼ More ▼

Home / PSAT/NMSQT and PSAT 10 / Inside the Test

PSAT/NMSQT and PSAT 10

Inside the Test

- Reading Test
- Writing and Language Test
- Math Test
- Key Content Features
- Compare PSAT/NMSQT Specifications

Taking the Tests

Practice

The PSAT/NMSQT and PSAT 10 are highly relevant to your future success because they focus on the skills and knowledge at the heart of education. They'll measure:

- What you learn in high school
- What you need to succeed in college

If you think the key to a high score is memorizing words and facts you'll never use in the real world, think again. You don't have to discover secret tricks or cram the night before.

The best way to prepare for the test is to:

- Take challenging courses
- Do your homework
- Prepare for tests and quizzes
- Ask and answer lots of questions

PSAT/NMSQT and PSAT

Secure | https://collegereadiness.collegeboard.org/psat-nmsqt-psat-10/scores

SAT Suite of Assessments

SATPSAT/NMSQT and PSAT 10PSAT 8/9AboutMore

Parents: Sign Up for Notifications

Sign In to Get Your PSAT/NMSQT Scores

Learn How to Access Your PSAT/NMSQT Scores

PSAT/NMSQT and PSAT 10

Inside the Test

Taking the Tests

Practice

Scores

Getting PSAT/NMSQT Scores

Score Structure

Section Topics

Getting PSAT/NMSQT Scores

Find out when to expect your PSAT/NMSQT scores.

Score Structure

Scores help colleges form a clear picture of you and your readiness for college.

Student Score Reports

Score reports show what you're doing well and what you should work on.



Course Selection

- Refer to Curriculum Guide on RBC website (to be updated.)
- Competitive colleges want competitive transcripts.
- Colleges want to see a rigorous program and that you have challenged yourself, but they also want to see achievement.
- Once you commit to challenging courses you should do everything possible to stay on that track.
- Take challenging courses in subjects in which you feel confident...know your limits.
- You can apply for Honors & AP classes during scheduling as long as you meet the pre-requisites for these classes. Refer to Curriculum Guide.

Red Bank Catholic High School

Curriculum Guide



2026/2027



Course Selections- Junior and Senior Year

- Some of our courses which might spark a career interest:
- Intro to Business
- International Business
- Sociology
- Media Production
- Sports Marketing
- Intro to Engineering
- CADD/CADD 2
- Programming & Electronics
- Fashion Marketing/Fashion Merchandising
- Criminology
- Psych 1 / Psych 2

Student Assistance & Crisis Counseling

A Student Assistance Counselor is available to help students with varied personal issues including those that are alcohol or drug related. The role of the SAC is to identify troubled students and help them to connect with the services available to them in our school and in the community.

Additionally, a Social Worker is available three days per week for referrals from our faculty and staff to help students with personal and/or social problems through short term counseling in school or referral to community resources.



- ✿ 2nd Floor Youth Helpline: 1-888-222-2228
- ✿ Family Crisis Intervention Unit: 732-542-2444
- ✿ Traumatic Loss Coalition: 732-956-7782
- ✿ Monmouth Cares: 1-877-652-7624

24 Hour Emergency Services

Guidance

[Career & Military Exploration](#)

[Class of 2021 Scholarship Awards & Acceptances](#)

[Class of 2020 Graduation Outcomes](#)

[Freshman Year](#)

[Sophomore Year](#)

[Junior Year](#)

[Senior Year](#)

[Guidance Counselors](#)

[Academic Development Program](#)

[Student Assistance & Crisis Counseling](#)

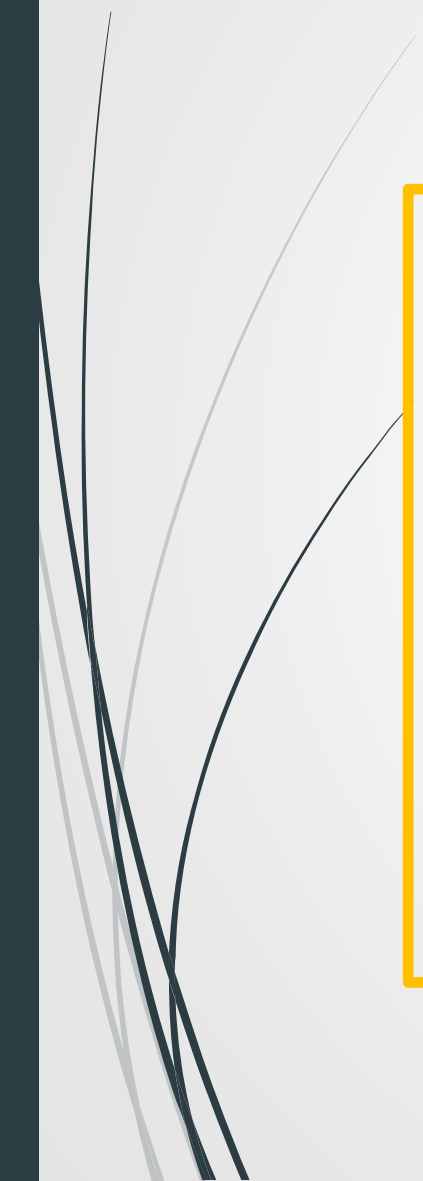
[Forms & Publications](#)

News





Virtual High School



- Red Bank Catholic partners with the virtual high school.
- The virtual high school offers courses like:
 - How to Be a Kindergarten Teacher
 - AP Macro and Micro Economics
 - American Sign Language
 - AP Art History
 - Video Game Design



Attendance on the Transcript

- The **attendance** rate is **important** because students are more likely to succeed in academics when they attend **school** consistently.
- Attendance equates to success in college.
- Colleges do review students' attendance record.

OFFICIAL TRANSCRIPT

STUDENT NAME:
GRADE: 12 BIRTH DATE:



Red Bank Catholic High School

112 Broad Street
Red Bank, NJ 07701
(732) 747-1774

	S1	S2	Y1		S1	S2	Y1
20-21 Red Bank Catholic High School				Current Year Courses in Progress			
H Alg I/7mg	B 0.00	B 0.00	B 1.00	Ceramics			
H Maglen/Work	B 0.00	B 0.00	B 1.00	Ch Living			
PE		A 1.00		H H&M/Fun			
PE (aki)	A+ 2.00			H Spanish Lang & Literature			
Physics	A 0.00	A 0.00	A 1.00	Hes Electronic Science			
Religion II	A 0.00	A 0.00	A 1.00	IT/MSR/Lt/Art			
Spanish I	A 0.00	A- 0.00	A- 1.00	Lunch			
World History	C+ 0.00	B 0.00	B- 1.00	Painting			
19-20 Red Bank Catholic High School				Pre Calculus			
Chemistry	B 0.00	B+ 0.00	B 0.00	World Religions			
Driver Ed (aki) Qtr	A- 1.00						
Grade 10 Religion	A- 0.00	A- 0.00	A- 1.00				
H App LB	B- 0.00	B- 0.00	B 1.00				
H Geometry	B 0.00	B 0.00	B 1.00				
PE (aki) Qtr		A- 1.00					
PE I (aki) Qtr	B+ 1.00						
PE (aki) Qtr		A+ 1.00					
Spanish I	B 0.00	B+ 0.00	B+ 1.00				
US Hist I	B+ 0.00	A 0.00	A- 1.00				
18-19 Red Bank Catholic High School							
Alg I	A 0.00	A 0.00	A 1.00				
Biology - Gr 8	A- 0.00	B+ 0.00	A- 0.00				
English I	A 0.00	A 0.00	A 1.00				
Health	A 1.00						
Leadership	A 1.00						
PE		A 1.00					
		A 1.00					
Religion I	A- 0.00	A- 0.00	A- 1.00				
Spanish I	B+ 0.00	A 0.00	A- 1.00				
US Hist I	A- 0.00	B 0.00	B+ 1.00				
				2019 ABE: TAR:	Effective Sept 2014		
				2019 ABE: TAR:	A+ =98-100		
				2021 ABE:	A = 93-97		
				2021 Tar:	A+ = 90-92		
					B+ =87-89		
					B = 83-86		
					B- =80-82		
					C+ =77-79		
					C = 73-76		
					C- =70-72		
					D =65-69		
					F =Below 65		

Total Units Earned: 105.00
Cumulative GPA: 3.5431
Graduated date:

SIGNATURE

DATE



Extra Help and Academic Support

- ~Student Success Center in Room 7 Staffed with English, World Language and Math teachers during lunch.
- ~National Honor Society Peer Tutoring
- ~0/9 Period– Teachers can refer students or they can drop in as needed.
- ~Khan Academy– free to students and parents to improve test taking skills.
- ~Google Docs– set up study groups with other students in your class
- ~**MOST IMPORTANT, GO TO YOUR TEACHERS**



National Honor Society

- Requirements-refer to pages 41- 43 of The Student Handbook. You can access the Handbook by clicking on Parent Zone on the school website.
- Initial invitation-3.6 GPA
- Moderators: Ms. Carton and Mrs. Prior



National Honor Society

- Moderators Mrs. Colleen Prior and Mrs. Jessica Carton
- Red Bank Catholic High School has had its charter for the Marian Chapter of the National Honor Society for Secondary Schools since 1954. Selection for Red Bank Catholic High School's National Honor Society takes place in the Fall semester.
- The NHS Executive Board Members are posted on the student and parent portal.
- To be eligible for membership, a candidate: must be:
 - Must be a junior or senior.
 - have attended RBC for at least one semester.
 - must have a minimum cumulative GPA of 3.6. Students academically eligible will be notified via Naviance by end of December. Eligible students must complete and submit paperwork and supporting documents for further consideration by a deadline each year to Mrs. Prior or Mrs. Carton. Academically eligible candidates are evaluated on the basis of service, leadership, and character.
- A point system has been assigned to various activities with a point requirement of 25 points for juniors and 35 points for seniors. A minimum of 75 service hours is required of juniors and 100 for seniors.
- **THIS IS JUST A SNAPSHOT OF THE REQUIREMENTS. PLEASE SEE PAGES 28-31 OF THE HANDBOOK FOR FULL DETAILS**



Naviance

Naviance is a Web-Based Research and Planning Tool for College

- ▶ **My Personality – “Do What You Are”**
 - Assessment of careers and college majors that fit your personality. Student must complete before parent appointment.
- ▶ **Career and College Search.**
- ▶ **Resume –** Start drafting your resume now in Naviance so it is complete by senior year. Keep track of awards, such as Academic Excellence.

Naviance

 Naviance

[Home](#) [Self-Discovery](#) [Careers](#) [Colleges](#) [About me](#)

    EN  [Log Out](#)

Demo's Future Planning



No Path Selected

Plan for life after high school and select the path that will lead to future success.

[Select Path](#)

Welcome to Naviance

Welcome Sophomores...

We would like to take a minute to explain the Naviance features to you. From the menu at the left you have many options. By clicking on "My Profile" you can view your cumulative GPA, or Grade Point Average. It will always be current to the last semester. In this case, it is current to June, 2025.

At any time you can begin "My Resume" or "My Game Plan."

In October, all sophomores take PSAT's. The Sophomore/Parent meeting is scheduled for Tuesday, October 14th in person from 8:15 to 9:15am and virtually 6:00PM - 7:30PM via ZOOM. **The Zoom link will be sent the day before the meeting. YOUR STUDENT**

[Read More](#)

[Additional Information from Your School](#)

Career Essentials

Important Skills



Explore and favorite careers to discover the skills you'll need to succeed.

[Explore and Favorite Careers](#)

Top Knowledge Sets



Explore and favorite careers to discover the knowledge areas you'll need to succeed.

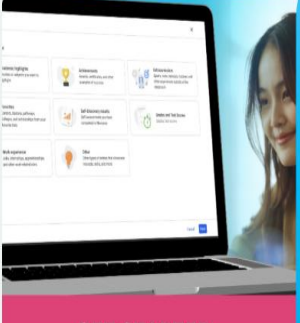
[Explore and Favorite Careers](#)

What's New

Nothing new to review this visit. Check back later.



Level of Education



Want to keep track of accomplishments?

Use the Portfolio tool to capture and share your academic highlights, achievements, extracurriculars, and more

Demo's Future Planning



No Path Selected

Plan for life after high school and select the path that will lead to future success.

Select Path

Career Exploration

Favorite Careers and Clusters

Explore Careers

Explore Clusters and Pathways

Military Exploration

Favorite Military Branches

Explore Military Branches

Career Essentials

Favorite Careers

My Favorite Careers and Clusters

All Types



You don't have any favorite careers, clusters, or pathways yet.

Explore Careers and Clusters and add interesting careers to your list. They'll show up here.

My Favorite Military Branches



You don't have any favorite military branches yet.

Favorite military branches while exploring related military occupations from career profiles.

Suggested Clusters and Pathways

**Explore Interests & Possible Future College
Major/Career
Through Naviance–Student Connection**

Sophomore year is a time to discover your passions, interests and to get involved in extra curricular activities.

About Me

DS

Demo Student

Class of 2028

[Account](#) [Resume](#) [Test Scores](#) [Portfolio](#)

My Surveys

Surveys Progress

You haven't started any Surveys yet.

Surveys to Take

You don't have any Surveys yet

[See all Surveys](#)

My Assessments

Assessments in Progress

You haven't started any assessments yet.

Assessments to Take

[Career Cluster Finder](#)

[Career Interest Profiler](#)

[AchieveWorks Personality®](#)

[AchieveWorks Learning and Productivity®](#)



College Search

Home Self-Discovery Careers **Colleges** About me

EN

Colleges

MORE COLLEGE SEARCH

 College Home

Find Your fit

- SuperMatch College Search
- College Match
- Scattergrams
- Advanced College Search
- College Lookup

Research Colleges

-  Colleges I'm Thinking About
- College Compare
- College Resources
- Acceptance History
- College Maps

Apply to College

- Colleges I'm Applying To
- Test Scores

Scholarships & Money

- College-Specific Scholarships
- Scholarship Search
-  Favorite Scholarships

Find Your Fit

 SuperMatch®

 College Match

Scattergrams

Advanced College Search

College Lookup

Show less

Research Colleges

 COLLEGES
I'm Thinking About

College Compare

College Resources

Acceptance History

College Maps

Show less

Apply to Colleges

Scholarships and Money



student

list of 'Colleges I'm thinking about', or to remove it again. Then you can easily access this school anytime from your colleges I'm thinking about page.

Next



Fordham University

Bronx, NY, United States |

www.fordham.edu

Communicate

Apply online

Learn More

Overview

Studies

Student Life

Admissions

Costs

REGULAR DECISION DEADLINE

January

1

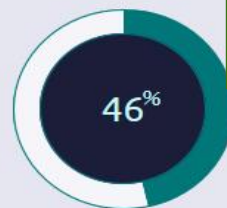
[See all deadlines](#)

APPLICATION FEES

Freshman Application

\$70

ACCEPTANCE RATE



IMPORTANT POLICIES

Wait List
Early Decision
By Date Notification
Competitive Admissions

Applications from your high school to Fordham University



43

Total Applicants in 2018



13 Students Accepted



2 Students Enrolled



45

Total Applicants in 2017



19 Students Accepted



3 Students Enrolled



65

Total Applicants in 2016



35 Students Accepted



6 Students Enrolled



Colleges:

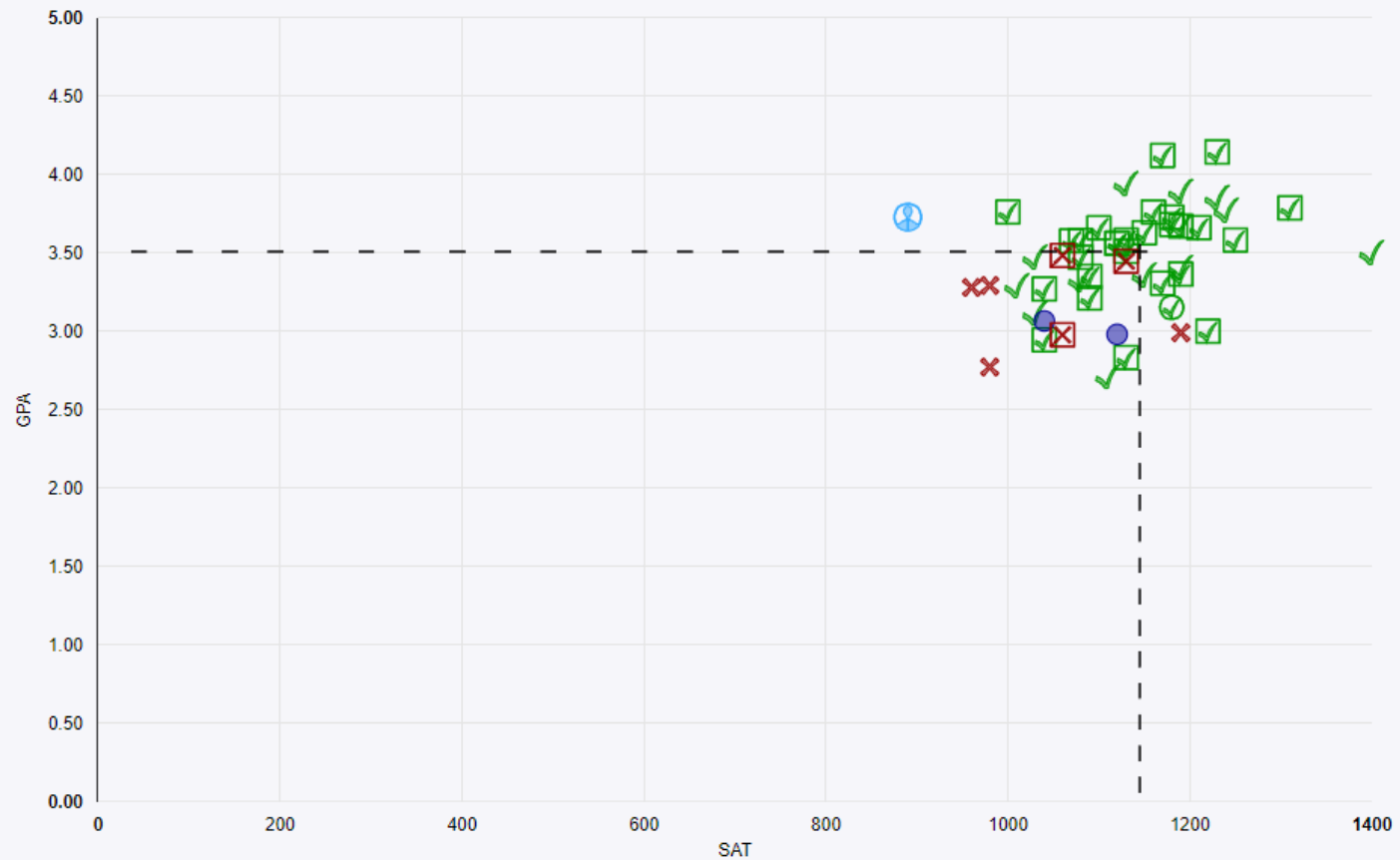
I'm Thinking About

I'm Apply

[Overview](#)[Studies](#)[Student Life](#)[Admissions](#)[Costs](#)

Scattergrams | Applications for Red Bank Catholic High School

Comparing Weighted GPA with SAT (1600) 

**Legend**

Accepted

Waitlisted/Accepted

Waitlisted/Unknown

Waitlisted/Denied

Denied



COLLEGE PATH APP



Never Miss A Step In Your College Journey

Your Smart Guide to College Success

GRADES 9-12

All-in-one platform that makes the college admission process simple, organized, and stress-free.

Smart Calendar

Deadlines & test dates

Resume Builder

3 pro layouts ready

Video Library

Expert how-to guides

Knowledge Center

Resources & definitions

Smart Alerts

Personalized reminders

Bookmark Tool

Save key info instantly



COLLEGE PATH APP

DOWNLOAD FREE — SCAN TO GET THE APP



App Store



Google Play

Extracurricular Activities

Quality is more important than Quantity

- ▶ Community service and volunteer work should be done with non profit organizations
 - Churches, libraries, hospitals, schools, etc.
- ▶ Internships are non-paid and should be done with legitimate companies
- ▶ Check the Bulletin Board in the Guidance office for postings of jobs, internships and volunteer opportunities
- ▶ It is very important to be involved in meaningful extracurricular activities
- ➡ **See the RBC website under Student Life for more volunteer opportunities**



Programs, Clubs and Activities

PERSONAL INTEREST

- ▶ Art Club
- ▶ Astronomy Club
- ▶ Casey's for a Cure
- ▶ Constitution Club
- ▶ Debate Club
- ▶ Engineering Club
- ▶ Environmental Club
- ▶ French Club
- ▶ Gardening Club
- ▶ Green and Gold Productions
- ▶ Improv Club
- ▶ Irish Culture Club
- ▶ Junior Statesmen of America
- ▶ Lab Assistants
- ▶ Military Career Club
- ▶ Physical Education Club
- ▶ Retro Gaming
- ▶ Ridge Road Run Alliance
- ▶ SAT Math Prep
- ▶ Stretching, Breathing, and Relaxing Club
- ▶ Women in Stem



Programs, Clubs and Activities

PUBLICATIONS

Emerald (yearbook)

Reflections (literary magazine)

Signpost (newspaper)

SERVICE

Arts from the Heart

Casey Ambassadors

Casey Caregivers

Crochet for Charity

Hot Topics

Make a Wish

Student Council

RELIGIOUS INTEREST

Campus Ministry

Caseys-4-Life

Catholic Athletes for Christ



Programs, Clubs and Activities

- ▶ Academic Challenge Club
- ▶ Forensics
- ▶ Junior Statesman
- ▶ Lab Assistants
- ▶ Marine Biology
- ▶ Math Tutors
- ▶ National Honor Society
- ▶ Physics Competition
- ▶ Sign Language



Programs, Clubs and Activities

Performing Arts & Music

- After School Theater/Black Box
- After School Dance
- Senior Choreography
- Choir
- Chamber Band (New)
- Dance Team
- Dance Company
- Spring Musical
- Tech Crew

Volunteer Opportunities

Read*Write*Now

- ▶ Navesink Elementary School/732-291-0289
- ▶ Summer reading program for pre-k students
- ▶ Lunch Break
- ▶ Red Bank/732-747-8577
- ▶ The Kitchen at St. Mark's Food Pantry
- ▶ Keansburg/732-495-5227/Nancy Mester or Doreen Minutella
- ▶ Project Paul Food Pantry
- ▶ Keansburg/732-787-4887
- ▶ RALLYCAPSPORTS
- ▶ Middletown area/732-391-2282
- ▶ Rallycapsports.org

- ▶ Monmouth Medical Center
- ▶ Long Branch/732-923-6670
- ▶ Monmouth County SCPA
- ▶ Eatontown/732-542-0040
- ▶ Associated Humane Society
- ▶ Tinton Falls/732-922-0100
- ▶ Monmouth Day Care Center
- ▶ Red Bank/732-741-4313/Heidi Zaentz
- ▶ Big Brothers, Big Sisters
- ▶ Eatontown/732-54-2224/Debi Heptig
- ▶ Habitat for Humanity
- ▶ Long Branch/732-728-0441 (must be 16 years old)

Volunteer Opportunities

- ▶ Brighton Gardens Assisted Living Facility
- ▶ Middletown/732-275-0790/Pearl Kauffman
- ▶ St. Anthony's Church
- ▶ English as a Second Language Program
- ▶ Red Bank/732-747-0813
- ▶ Middletown Public Library
- ▶ Middletown/732-671-3700 x. 358
- ▶ Monmouth County Library
- ▶ Shrewsbury/732-842-5995
- ▶ Riverview Medical Center
- ▶ Red Bank/732-530-2253

- ▶ Best Day Foundation
- ▶ Various beaches this summer/beach activities for children with disabilities
- ▶ Bestdayfoundation.org
- ▶ Poricy Park
- ▶ Middletown/732-842-5966/Carol Kealy
- ▶ Holiday Express
- ▶ Warehouse help needed throughout the year
- ▶ Tinton Falls/732-544-8010
- ▶ Aslan Youth Ministries
- ▶ Tutoring-Summer Day Camps-Winter Ski Trips
- ▶ Red Bank/Neptune/Long Branch
- ▶ Aslanyouth.org (click on programs)

ATHLETICS

Boys' Sports

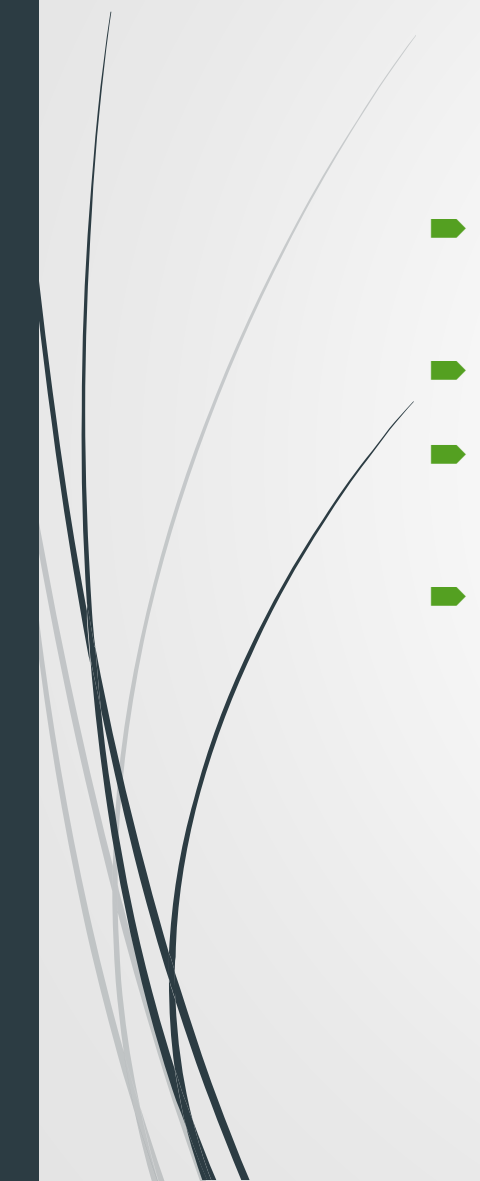
Football
Cross Country
Soccer
Basketball
Wrestling
Track
Ice Hockey
Swimming
Baseball
Tennis
Golf
Lacrosse
Volleyball

Girls' Sports

Cheerleading
Cross Country
Tennis
Gymnastics
Field Hockey
Soccer
Volleyball
Basketball
Indoor Track
Swimming
Softball
Lacrosse
Golf
Dance Team
Flag Football



Scholarship Opportunities



- [RaiseMe College Scholarships | For High School Achievements](#)
- [Search Scholarships | Cappex.com](#)
- [Scholly – Scholarship Search Tool and College Scholarship Finder App](#)
- [Scholarship list on Naviance](#)



[How it Works](#)

[Students](#) ▼

[Educators](#) ▼

[Resources](#) ▼

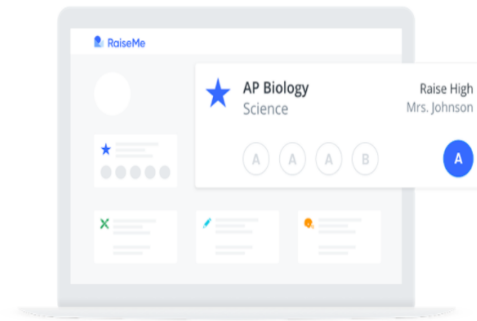
[Log In](#)

[Sign Up](#)

How RaiseMe works

1. Add Your Achievements

Add your course grades, clubs, sports, volunteer activities, and more to your portfolio.





[SUBMIT CONTENT](#) | [MEDIA CENTER](#) | [NCAA.COM](#)

Search

[About Us](#)

[Student-Athletes](#)

[Division I](#)

[Division II](#)

[Division III](#)

[My Apps](#)

ELIGIBILITY
CENTER



WANT TO PLAY
COLLEGE SPORTS

The advantages of competing in college sports are both immediate and lifelong. Participating in college sports provides opportunities to learn, compete and succeed. Student-athletes receive top-notch academic support, quality medical care and regular access to outstanding coaching, facilities and equipment. Student athletes as a group graduate at higher rates than their peers in the general

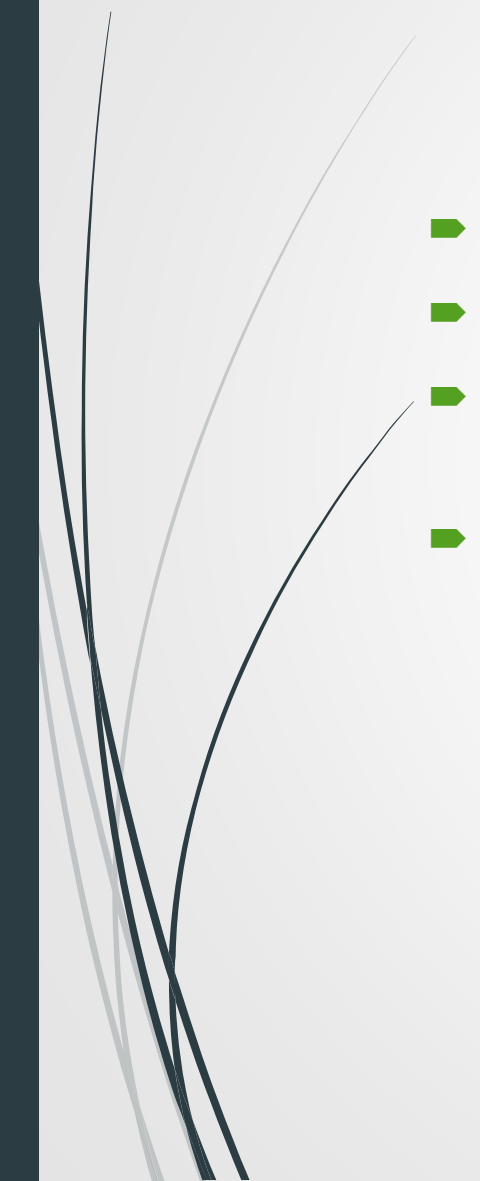


Student-Athlete Registration

Want to play sports in college? Click here to register or log in.



Student Athletes

- GPA is important
 - NCAA Clearinghouse
 - Colleges do have academic standards-grades are important
 - NO SLIDING SCALE for 26-27
- 



Capstone Program

- ▣ The RBC Capstone Program gives qualified, motivated students the opportunity to pursue college level work beyond the typical AP experience. This extracurricular program is designed to prepare students for the university classroom by exposing them to the rigor, pace, methodology, research tools, and hands-on experience typically found in a higher educational setting. The traditional teacher/student relationship is modified, whereby teachers become mentors and facilitators, passing along their experience and knowledge to student protégés.
- ▣ Teachers who have worked with students in the Capstone Program:
 - ▣ Ms. Beth Boylan
 - ▣ Mr. Gary Gleitz
 - ▣ Mr. Brian Nesci



Dual Enrollment Classes

Dual enrollment classes that offer college credit.

Seton Hall University

- ❖ AP Chemistry
- ❖ AP Physics including Labs 1&2
- ❖ AP World History
- ❖ AP Government & Politics US
- ❖ AP English (English Lit. & Comp.)
- ❖ Honors Economics (Micro/Macro)
- ❖ World Religion
- ❖ Honors Globalization/ Justice
- ❖ Honors 20th Century
- ❖ Honors World Literature

Stockton University

- ❖ Honors French III
- ❖ Honors French IV
- ❖ Honors Spanish III
- ❖ Honors Spanish IV

Rowan University

- ❖ Honors Intro to Engineering

University of Delaware

- ❖ Introduction to Business

Pathways and Concentrations

- Criminal Justice and Law
- Health and Medical Science
- Business and Entrepreneurship
- Fine Arts
- Performing Arts
- Engineering and Design
- Social Sciences
- Environmental



Pathways and Concentrations

➤ What is Required:

- Depending upon the Pathway, you must complete between 4–6 courses within the focus area.
- Pathways will also include a required course/ experience, such as a final project, Capstone or Internship, where the student exhibits quality and depth of knowledge in the selected Pathway
- Students should discuss with their Guidance Counselor if they are interested in pursuing a Pathway



How to Spend Your Summer

- ▶ Make your summer productive!
- ▶ Volunteer, obtain an internship or a job
- ▶ Colleges are interested in learning about activities you do outside of school that support your interests. For example, if you are interested in becoming a doctor, consider interning or volunteering at a local hospital. Or, if you are interested in Architecture, enroll at a college which offers Architecture classes. If you are interested in Physical Therapy, shadow a physical therapist.
- ▶ The summer is also a good time to visit colleges which is a great way to see what type of schools you like...location, size, etc. Call admissions ahead of time to schedule a tour of the campus

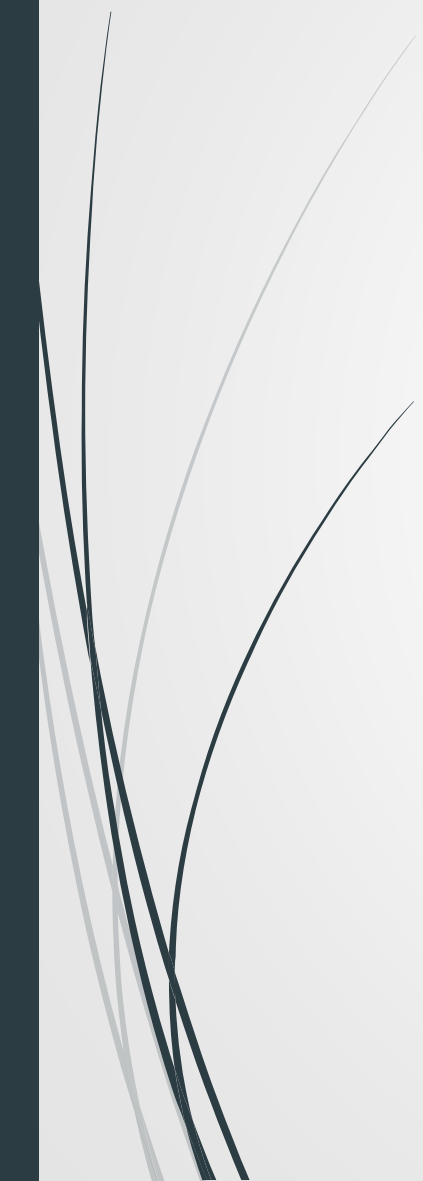


Social Media

Be social media smart.

Colleges do often times look at social media to evaluate a student for admission to college.

Pictures and comments could be detrimental to your admission to a college.





Social Media for Teens: Pros and Cons



Pros:

- It's good for their education
- It's a great way to learn new skills
- It can teach them about money
- It enhances creativity
- It makes them think more



Cons:

- It gets addicting
- Teens sometimes think it defines them
- It can bring unwanted attention
- It can be too focused on appearance
- Cyberbullying happens



Building a Good Rapport with Your Counselor

- It is important to start building a relationship with your counselor
- As a student, you should work to facilitate this relationship
 - Share good news
 - Tell us about any honors or rewards you receive
 - Bring us copies of certificates or anything stating your accomplishments
 - Talk to us about your summer plans or summer experiences

In the spring of your sophomore year, your counselor will be meeting with you and your sophomore for a 45 minute one on one meeting beginning in March.