

PISD

School Health Advisory Council

Agenda and Minutes

Hybrid - Zoom (virtual) and In-person

Date: Wednesday, September 16, 2026 @ 6:00 - 7:00

Sara	Trammell
Wendy	Cain
Debra	Nash
Kayla	Walling
Amber	Evans
Raquel	Pastrana
Maria	Stiney
Kenya	Evans
Natalie	Hoedebeck
Victoria	Davis
Haley	Crawford
Kevin	Holland
Hallie	Mendez
Lashon	Gales
Gary	Dobbs
Celiese	Jackson
Madison	Boger
Rolando	Zavala
Carisa	Weaver
Emily	Kelley
Patience	Davis
Kathryn	Moore
Brittney	Washington
Sarah	Meek
Haley	Albro Ivy
Billie Jo	Adams
Rich	Boring

Dr. Amber	Hill
Oluwayemisi Omoyemi	Alabi
Sophia	Erb
Amneris	Garcia
Rafaelle	Arroyo
Mohamed	Kairunnissa
Lorin	Hinton (Genwright)
Glencys	Guevara
Maria	Ayala

Agenda

Presenter	Description	Time
WAC	Call to order / Begin recording meeting through Zoom	5 min
All	Roll Call / Introduction of any new attendees	10 min
KW	Approve previous meeting minutes - 9/15/2026	5 min
WAC	Old Business - Review of SHAC Role and Responsibilities Webpage Information Goals for SHAC for the 26-27 school year District Updates - Health Services - Nutrition Services - Counseling Services	10 min
All	New Business - - SHAC Goal #1 - Indoor Recess Toolkit - Information gathered from PISD elementary teachers - Compiled by Billie Jo Adams (Lowe Elementary) Slide deck of ideas - SHAC Goal #2 - Triennial Assessment - Survey has been sent out to principals - Return due date of Friday, October 23rd - Other items of discussion - Updates on Postsecondary Readiness plans - Updates on Educational Piece for Scooters/E-bikes - District Updates	27 min

	a. Health Services b. Nutrition Services c. Counseling Services	
WAC	Announcements - • Next Meeting - Tuesday, December 1, 2026	2 min
WAC	Adjournment • Time Started - pm • Time Stopped - pm	1 min

Action / Future Items

Owner	Description	Date Due
Counseling	Postsecondary Readiness ideas	TBD
Nursing	Informational piece for parents on safety	TBD

Minutes

Call to Order at: 6:01 pm Recording Started at: 6:02 pm
Roll Call /Introduction of any new attendees • Kevin Holland • Glenys Guevara • Maria Ayala
Approval of Previous Minutes of 9/15/2026 meeting Previous Meeting Minutes: Read by Wendy Cain Motion made by: Raquel Pastrana , Seconded by Amber Evans Approval: Unanimous
Old Business: • Review of SHAC Role and Responsibilities • Webpage Information • Goals for SHAC for the 26-27 school year • District Updates ○ Health Services ○ Nutrition Services ○ Counseling Services

New Business -

- 1) Indoor Recess Toolkit for Elementary Teachers
 - a) Billie Joe Adams, 1st grade teacher @ Lowe received feedback from teachers through a Google form. Ms. Adams presented 91 responses from surveys that gave a variety of resources, such as movement videos, Art Hubs, STEM Bins
 - b) Now that the Toolkit has been presented to SHAC, it will be released to elementary teachers through Elementary Counselors sharing it.
- 2) Triennial Assessment
 - a) Federal government requires that this district document is updated every 3 year
 - b) Amber Evans, Director of Child Nutrition, has sent the Google Form to principals for their campus updates and input.
 - c) This form is due back on Friday, 10/23/26.
 - d) Once all responses have been received, Amber Evans will bring back results to SHAC Meeting on 12/1/26 to see if the Wellness Policy needs to be adjusted.
 - e) Mrs. Evans was able to give an in-depth response to questions from the group describing what areas of school life are covered by the policy.
- 3) Nurse Information
 - a) Nurses will be presenting information to SHAC in order to send out to parents regarding ebikes, scooters and the injuries that are being seen in the clinics across the district
 - b) Trying to time this so that it is sent out before the holidays when gifts are being purchased - emphasis on safety gear
 - c) A lot of injuries are seen on Mondays when students are coming back from the weekend.
 - d) Discussion of the new substitute nurse program for the district. Sub nurses are in the process of being onboarded. Several have already been on campuses filling in for absent campus nurses. Debbie Nash, School Nurse Coordinator, expressed thankfulness for the district seeing the need for this program.
- 4) Update on Postsecondary Readiness
 - a) Conversations will begin next week regarding course offerings for the 27-28 school year.
 - b) Dr. Walling is not at SHAC this evening due to a presentation to athletes and their parents regarding NCAA

District Updates:

- A) Health Services
 - a) State immunizations reports due at the end of this month
- B) Nutrition Services
 - a) Thanksgiving meals quickly approaching where over 1,000 extra people are served during that week
 - b) Share Cart information reviewed and several participants from various campuses (Secondary - Clark / Smith - Elementary) said that it was working well and making a difference for students
 - c) Seasonal themed food offerings in the cafeterias are greatly enjoyed by students and serve as a way to introduce new foods (i.e., blood oranges)
- C) Counseling Services

- | |
|--|
| <ul style="list-style-type: none">a) Mrs. Pastrana Rodriguez gave a counseling update focusing on the current secondary process and new graduation requirements.b) Additional information shared regarding My Texas Future and what that entails. |
| Announcements - Next meeting - Tuesday, December 1, 2026 <ul style="list-style-type: none">• Hybrid format |
| Adjournment at: 6:50 pm |