

Meeting Minutes

Committee: School Wellness Advisory Council

Date: 10/13/26

Attendees: R Brown, E Dunham, V Ragsdale (student rep), C Minihane, S Newhouse, M Mahoney (parent), S Turner (SC), J Bryson (SC), L Federici

Topic / Item	Discussion	Outcome	Action Plan
YRBS	<ul style="list-style-type: none">(1) Brief discussion of YRBS in the past (for new members) and the initiatives that the district implemented that addressed findings from the data (i.e. Vape Educate). Last YRBS 12/25.(2) Moving forward, some districts are not going to do YRBS. In the past, Wilmington compared data with other school districts in the Middlesex League. New guidance from DESE requires that surveys that contain questions that are private and sensitive now need “parent opt in” (active consent). Other surveys that may be impacted based on this new guideline are SBIRT/SOS.(3) JSI is no longer going to be involved, another option may be Trend Line, with	<ul style="list-style-type: none">(1) Would we proceed anticipating the number of students completing the survey would decrease? Would be difficult to know if families received and read the email If the majority of other districts are not proceeding with YRBS, would impact the district’s ability to compare results.(2) With the revised DESE health and PE curriculum solidly in place, decision needs to be made regarding the inclusion of the sexual behavior questions for MS and the definition of sexual behavior.	<ul style="list-style-type: none">(1) Erin is going to continue to gather additional information about whether other districts are participating and options for data analysis.(2) Becky will reach out to colleagues in other districts.

<p>Updates from Food Services</p>	<p>additional cost in the range of \$10-11K (previously \$5K).</p> <ul style="list-style-type: none"> (1) Mary and Danielle both attending School Nutrition Association conference (2) WPS website now contains menus with nutritional information for food items to provide valuable info for families. (3) Halal chicken not available at Shawsheen and MS as a pilot program (4) Increased utilization by teachers of the form for food items used for planned lessons is occurring. (5) Increase request by parents/guardians for 504 plans for food allergies including gluten. 	<ul style="list-style-type: none"> (1) Congratulations Mary!! She received her award as MA Food Service Director of the Year! 	
<p>Board of Health Update</p>	<ul style="list-style-type: none"> (1) S Newhouse reported poor attendance at the recent flu clinic, residents are going to CVS, etc. (2) Filters for air purifiers are available and being changed by custodians. (3) Three WHS students (Margie Dunlap/Service Council) provided information on women's health at the flu clinic. 		

<p>Health and PE Update</p>	<p>(1) Lisa Federici is the LTS for Jordan Buckland</p> <p>(2) Lisa mentioned preliminary discussions with C Elliott re: new curriculum materials</p> <p>(3) Teachers are no longer provided with desk cleaner, were told that the item was provided during COVID</p> <p>(4) Lisa mentioned concern over fragrances that some students/staff wear, presenting a potential health problem for individuals with respiratory conditions. Currently, there is no policy addressing fragrances, discussed would be difficult to enforce.</p> <p>(5) WMS (Paula Simpson coach) is offering Unified Bocce. Gymboree is on 11/02. Some students require an RN either on call or present in the building.</p>		
<p>Student Representative</p>	<p>(1) Issue was raised that classrooms do not have tissues available unless teachers purchase them. Should tissues be considered like paper towels and toilet paper? The current health office budgets do not contain money for tissues throughout the building</p>		
<p>R Brown, 11/15/26</p>			

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