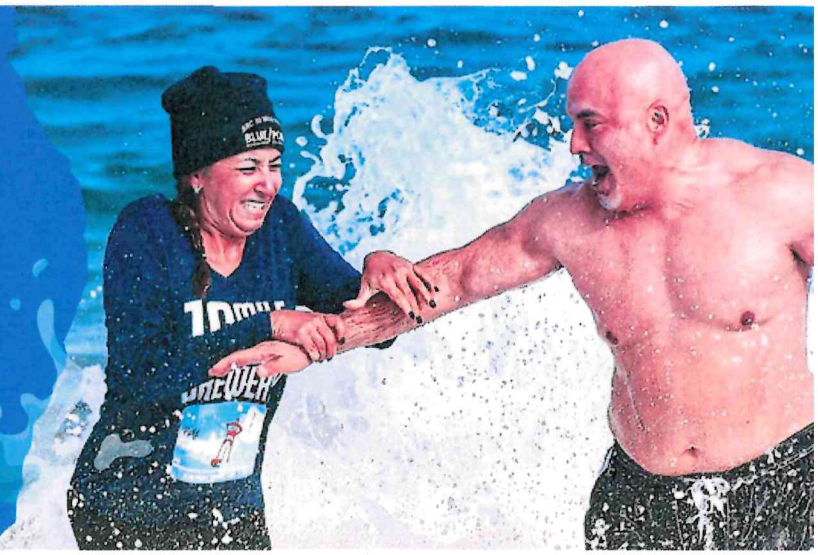
Special Olympics New York

POLAR PLUNGE

# TOWN OF BROOKHAVEN POLAR PLUNGE

## Saturday, November 21, 2026
## Cedar Beach, Mount Sinai
## Check In: 9:30am / Plunge Begins: 11:30am
## www.PolarPlungeNY.org/Brookhaven

Join thousands of your neighbors who support Special Olympics New York every year by raising funds from family and friends—and then splashing into frigid waters.

All funds raised through the Polar Plunge® helps provide year-round sports training and competition as well as leadership, health and inclusion programs for individuals with intellectual disabilities in your community.

## JOIN US!