

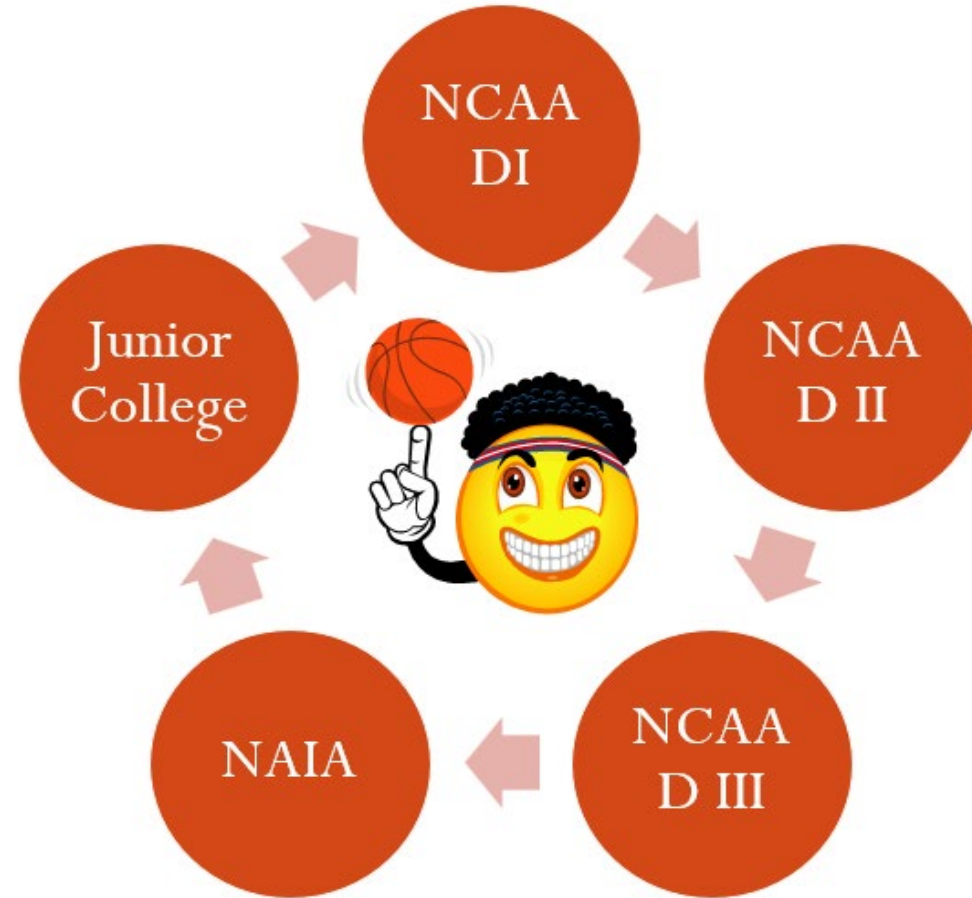


**Interested in college
athletics? You are in
the right spot!**



Jessie Chandler, Senior Associate Director of Athletics
University of Missouri- St. Louis

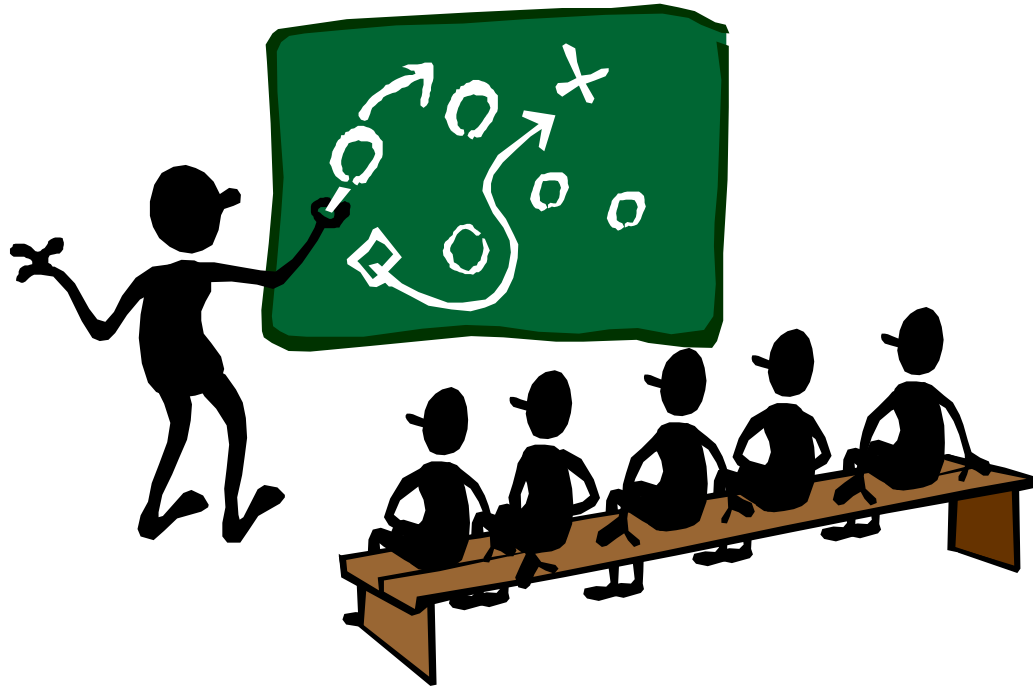
Where can I play?



It is important to find your best fit and choose a school that fits both your academic and athletic needs.

When can I talk to a Coach?

Don't be afraid to reach out!



- The NCAA does have specific rules on when coaches can have in person contact with a prospective student athlete (varies between divisions and sport), but coaches can communicate at anytime (phone call, email, etc.)
- Most recruiting activity can begin after June 15 prior to the start of your Junior year.
- Tryouts can happen anytime after June 15 prior to your Junior year
- Make sure you keep on track academically!!

Steps to Achieving Your Eligibility: Freshmen and Sophomores

Make sure to always work with your guidance counselor.

- **Work hard to get the best grades possible**
- **Take classes that match your high school's list of NCAA approved courses – the NCAA only uses approved core courses to certify your initial eligibility.**
- **Register for a free Profile Account with the NCAA Eligibility Center**
- **NCAA Guide for the College Bound Student Athlete**

[https://s3.amazonaws.com/fs.ncaa.org/Docs/eligibility_center/Student Resources/CBSA.pdf](https://s3.amazonaws.com/fs.ncaa.org/Docs/eligibility_center/Student_Resources/CBSA.pdf)

<https://www.ncaa.org/about-us/membership-directory/>

TYPES OF NCAA ELIGIBILITY CENTER ACCOUNTS

It is important to know what type of account is right for you.

ELIGIBILITY CENTER ACCOUNT TYPES			
In which division do you plan to compete?	Academic and Athletics Certification Account	Athletics Certification Account	Profile Page Account
Division I or II			
Before recruiting begins or middle school and younger students (domestic or international). Can be transitioned to a certification account when needed.			✓
High school student (domestic or international) enrolling for the first time at a Division I or II school.	✓		
Transferring from a two- or four-year college or university. (Check with the athletics compliance office at the school you plan to attend.)	✓	OR	✓
Division III*			
Domestic high school student enrolling for the first time at a Division III school.			✓
High school student with a permanent residence outside of the U.S.		✓	
High school student who attended secondary or postsecondary school outside of the U.S. for any time (except U.S.-based students who study abroad).		✓	
High school student who was based and competed outside of the U.S. or participated on a sports team that was based and competed outside of the U.S.		✓	
Transferring from a two- or four-year college or university; attended domestic high school(s) only.			✓
Students enrolling at a Division III school who have an existing Academic and Athletics Certification account should use that account and not create a new one.	✓		
Division Undecided/Unknown			
Never enrolled full time at a two- or four-year college or university. Best before recruiting begins or for middle school and younger students. Can be transitioned to a certification account when needed.			✓

*Students should create one and only Eligibility Center account. Having difficulties logging into your already existing account? Click the "[Forgot your password?](#)" link at the top of the Eligibility Center page.



NCAA Core Course Requirements

NCAA core courses have been evaluated to ensure you are taking high school courses that will prepare you for the academic expectations in college.

Example Schedule

How To Plan High School Courses
To Meet the 16 Core-Course Requirements

$$4 \times 4 = 16$$

9th GRADE

(1) English
(1) Math
(1) Science
(1) Social science
and/or additional

4 CORE COURSES

10th GRADE

(1) English
(1) Math
(1) Science
(1) Social science
and/or additional

4 CORE COURSES

11th GRADE

(1) English
(1) Math
(1) Science
(1) Social science
and/or additional

4 CORE COURSES

12th GRADE

(1) English
(1) Math
(1) Science
(1) Social science
and/or additional

4 CORE COURSES

**Scan below to
find a complete
list of your
school's core
course list!**



Steps to Achieving Your Eligibility: Juniors



- Complete your online registration with the NCAA Eligibility Center at <https://web3.ncaa.org/ecwr3/>
- June 15 prior to the start of your junior year is when a student becomes eligible for in person recruiting contact.
- Take unofficial and official visits to schools you are interested in.
- Make sure you share your NCAA ID# with coaches when you reach out.
- At the end of the year ask your counselor to send an official transcript to the NCAA Eligibility Center.
- Before registering for your Senior year, check with your counselor to determine the amount of core courses you need.
- Start making college visits



Steps to Achieving Your Eligibility: Senior Year

- The NCAA does not require an SAT or ACT score, but your choice school may require one for admission.
- Meet with your guidance counselor to make sure you are on track for graduation.
- Review your amateurism responses and request final amateurism (after April 1).
- Make your final college visits
- Graduate on time (8 semesters).

After graduation, ask your high school counselor to send your final transcript with proof of graduation to the NCAA Eligibility Center.

NCAA DI and DII Aged Based Eligibility Model

A student athlete's 5 year eligibility period begins with the earlier of 2 events:

1. Initial full-time enrollment in any college.
2. Age-based trigger: The start of the regular academic year immediately following a student's 19th birthday. Clock starts during the fall semester after you turn 19. If your 19th birthday is after September 1, your clock will begin during the fall semester of the following year.

Once your 5 year period begins, it runs continuously. You have 5 opportunities to compete, but due to injury or academics, you may not get to play for 5 seasons.

Eligibility Reminders

- Core Courses: 16
- Minimum GPA of 2.3 (DI)/2.2 (DII) for core courses (higher for college admission)
- Only core courses appearing on the School's list of NCAA approved core courses will be used to calculate core course GPA
- You will need to send transcripts in from all high schools you attended.
- Unweighted GPA
- DI/DII use the 5 year eligibility model while DIII still uses the 4 year model.

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