Newton Country Day School of the Sacred Heart
School Profile 2026-2027

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Founded in 1880, Newton Country Day School of the Sacred Heart is a Catholic, independent, preparatory day school for girls in grades 5-12.

Rooted in the Catholic, Sacred Heart tradition, Newton Sacred Heart affirms the transformative power of God’s love and commits to the formation of the whole person. We shape scholars to engage the world through faith, intellectual curiosity, solidarity, enduring community, and personal growth, calling young women to lead lives of Courage and Confidence.

Sacred Heart Goals & Criteria

Schools of the Sacred Heart commit themselves to educate to:

Goal I: *a personal and active faith in God*

Goal II: *a deep respect for intellectual values*

Goal III: *a social awareness which impels to action*

Goal IV: *the building of community as a Christian value*

Goal V: *personal growth in an atmosphere of wise freedom*

382 STUDENTS	**134** MIDDLE SCHOOL STUDENTS	**248** UPPER SCHOOL STUDENTS	**40+** COMMUNITIES REPRESENTED
30% RECEIVE FINANCIAL AID	**27%** IDENTIFY AS A STUDENT OF COLOR	**66%** IDENTIFY AS CATHOLIC	**67** 2027 SENIORS
100% COLLEGE MATRICULATION	**11** AVERAGE CLASS SIZE	**92%** FACULTY HOLD ADVANCED DEGREES	**150+** SCHOOLS IN THE SACRED HEART NETWORK

Programs of Distinction

Sacred Heart International Network Exchange

Located in 41 countries, Schools of the Sacred Heart provide a global perspective. Through the Exchange Program, students have the opportunity to become independent world travelers as they engage in three- or four-week reciprocal exchanges with students who attend Sacred Heart schools worldwide, with 50% of students per class participating.

Recent Exchange Countries: Australia, Austria, Chile, France, Ireland, Japan, New Zealand, South Korea, Spain, and Taiwan

Independent Research in Science and Engineering

This program, available beginning in Grade 9, encourages students to become scientists and engineers through the development of a project of their own design. With mentorship from a faculty member, students discern a question to address, write a detailed project proposal, conduct the experiment or implement their designs, analyze their data, and communicate their findings through a written report and oral presentation at the annual Science and Engineering Fair. Many students advance to present their work at the regional, statewide, and international Science and Engineering Fairs. Notable student achievements include awards to develop a patent on their design and receiving recognition from national societies.

Participation from 2020 - 2026: 95 enrolled students, 29 regional level awards, 10 state level awards

Global Studies Program

This Grade 10 program is an interdisciplinary and experiential approach to the humanities, enriching students' understanding of global cultures by combining surveys of modern history and global literature from the French Revolution to the present.

Hesed Program

Hesed is Hebrew for *loving-kindness*. Students in Grade 11 complete 40 hours of direct service with vulnerable communities, embodying Sacred Heart Goal III: *a social awareness which impels to action*. Rooted in the Gospel call to work for justice, Hesed fosters community, deepens faith, and cultivates critical reflection. Through Hesed, students grow intellectually, emotionally, and spiritually, developing Courage and Confidence as well as a lasting commitment to transform the world with justice and compassion.

Senior Project

This program invites students to discern, pursue, and engage in an independent professional externship during the final month of Grade 12. The project can take the form of an internship, service project, job shadow, or carefully planned creative endeavor. The program culminates in the Senior Project Symposium, where each student presents experiences and outcomes in response to an essential question they have articulated. Recent projects include interning with a member of Congress, shadowing a surgeon, assisting the executive director of a non-profit, writing a novel, and composing and recording an album.



Course Offerings & Graduation Requirements

Department	Grade 9	Grade 10	Grade 11	Grade 12
Religious Studies *4 years required*	Jewish Scripture & Tradition	Jesus in the Gospels	Catholic Social Teaching & Action The Sacred Heart Way: Prayer and Discernment	World Religions The Sacred Heart Way: Prayer and Discernment
English *4 years required*	English 9: Introduction to Genre	English Global Studies Honors English Global Studies Introduction to Creative Writing & Media Production	Honors English American Studies AP English Language & Composition: American Literature Advanced Creative Writing & Media Production I	Honors Literary Studies AP English Literature & Composition Advanced Creative Writing & Media Production II
History *3 years required*	Early Modern World History	History Global Studies Honors History Global Studies	U.S. History Honors U.S. History AP U.S. History	AP Art History AP Comparative Government & Politics AP European History AP United States Government & Politics Psychology
Science *2 years required* *Avg. 4 years*	Biology Independent Research in Science & Engineering	Chemistry Honors Chemistry Independent Research in Science & Engineering	Anatomy & Physiology, Engineering Design or Honors Engineering design, AP Biology, AP Chemistry, AP Environmental Science, Physics, Honors Physics, AP Physics, AP Physics 1 + C (Mechanics), AP Physics 2 or AP Physics 2 + C (Electromagnetism), Honors Advanced Experimental Neuroscience, Independent Research in Science & Engineering	
Mathematics *3 years required*	Algebra I, Principles of Algebra II, Algebra II, Honors Algebra II, Principles of Geometry, Geometry, Honors Geometry, PreCalculus, Honors PreCalculus, Calculus, AP Calculus AB, AP Calculus BC & Advanced Topics, AP Statistics, Financial Mathematics: Money, Power, Justice			
World Languages *3 years required*	**French** | Accelerated Beginner's , Intermediate A, Intermediate B, Honors Intermediate B, Advanced, Honors Advanced, AP Language & Culture **Latin** | Accelerated Beginner's , Intermediate A, Intermediate B, Honors Intermediate B, Advanced, Honors Advanced, AP Language & Culture **Spanish** | Accelerated Beginner's , Intermediate A, Intermediate B, Honors Intermediate B, Advanced, Honors Advanced, AP Language & Culture			
Visual & Performing Arts *2 years required*	**Visual Arts Courses** | Art I: Drawing Foundations, Art I: Painting Foundations, Art II: Drawing Advanced, Art II: Painting Advanced, Art III, Art IV, AP Studio Art, Honors Portfolio, Ceramics I **Performing Arts Courses** | Acting Workshop I, Acting Workshop II, Instrumental Music, Honors Instrumental Music, Chorale, Honors Schola Cantorum, Dance Technique, Dance Collaborative I, Dance Collaborative II, Dance Collaborative III, Honors Dance Collaborative & Composition I, Honors Dance Collaborative & Composition II, Honors Dance Collaborative & Composition III			
Technology & Computer Science *1 year required*	Introduction to Computer Science, Software Engineering, Competitive Computing, AP Computer Science A			
Health & Wellness *4 years required*	Health & Wellness 9	Health & Wellness 10	Health & Wellness 11	Health & Wellness 12

Grading Information

For Honors and Advanced Placement Courses, grades are recorded on transcripts as reported by the teacher. In calculating academic honors, Honors and Advanced Placement courses are weighted a full grade higher than they are recorded.

Students' weighted GPAs are rounded to the nearest third of a point on a 4.0 scale.

Given the small size of graduating classes, Newton Sacred Heart does not rank students.

AP Results for 2025-26

90% AP SCORE OF 3+	**120** AP STUDENTS
22 AP SCHOLARS	**14** AP SCHOLARS WITH HONOR
30 AP SCHOLARS WITH DISTINCTION	

Standardized Test Scores 2023-26

Test	Middle 50%	Mean
SAT Reading & Writing	620-700	656
SAT Math	620-710	656
ACT Composite	27-32	29

College Matriculation 2022-2026

Amherst College
Babson College
Barnard College
Bates College
Baylor University
Boston College
Boston University
Bowdoin College
Bucknell University
Carnegie Mellon University
Clemson University
Colby College
Colgate University
College of the Holy Cross
Colorado College
Connecticut College
Cornell University
Davidson College
Denison University
Dickinson College
Drexel University
Elon University
Fairfield University
Florida Agricultural and Mechanical University
Fordham University
Georgetown University
Hamilton College
Harvard University
Indiana University Bloomington
Johns Hopkins University
McGill University
Miami University-Oxford
Middlebury College
Mount Holyoke College
New York University
Northeastern University
Northwestern University
Oberlin College
Pitzer College
Princeton University
Providence College
Rhode Island College of Design
Rochester Institute of Technology
Rose-Hulman Institute of Technology
Salve Regina University
Santa Clara University
Skidmore College
Smith College
Southern Methodist University
Spelman College
Syracuse University
Temple University
Texas Christian University
The George Washington University
The University of Tampa
Trinity College
Trinity College Dublin
Tufts University
Tulane University
University of California Los Angeles
University of California San Diego
University of Connecticut
University of Delaware
University of Manchester
University of Massachusetts Amherst
University of Miami
University of Michigan
University of Notre Dame
University of Richmond
University of Southern California
University of St Andrews
University of Tennessee
University of Toronto
University of Vermont
University of Virginia
University of Wisconsin-Madison
Vanderbilt University
Villanova University
Virginia Tech
Wake Forest University
Washington University in St. Louis
Wellesley College
Wentworth Institute of Technology
Wesleyan University
Wheaton College
Worcester Polytechnic Institute