



OCTOBER 2026

B-P MIDDLE SCHOOL & HIGH SCHOOL

BREAKFAST MENU

Weekly throughout the month

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fruit and yogurt smoothie	Fruit and yogurt parfait	Breakfast pizza	Fruit and yogurt smoothie	Mini pancakes

Available daily: Assorted cold cereal, Super Bakery Sweet Bread, breakfast sandwich.

All breakfast choices are served with assorted fresh fruit, 100% juice, and choice of milk or non-dairy Silk soy milk in vanilla or chocolate.

LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All lunch choices are served with fruit, vegetable, and choice of milk or non-dairy Silk soy milk in vanilla or chocolate. All students are eligible for one FREE breakfast and one FREE lunch per day. Menu is subject to change; notice of changes will be posted when available. A la carte items and second meals are available for a fee. Charging is not allowed.			1 Chicken and waffles Home fries 100% juice Natural syrup Fresh apple	2 Personal pizza Garden salad Fresh veggies Ranch dip Assorted fruit
Alternative Options: Garden salad (egg and cheese) with a roll OR buffalo chicken wrap				
5 Pizza crunchers Marinara sauce Garlic stick Garden salad Assorted fruit	6 Loaded fries (beef and shredded cheese) Salsa and sour cream Corn and black beans Fresh pear	7 Grilled chicken breast Steamed rice Broccoli Fresh orange	8 Buffalo chicken mac and cheese Carrots and celery sticks Ranch dip Assorted fruit	9 NO SCHOOL
Alternative Options: Chef salad with roll OR chicken Caesar wrap				
12 NO SCHOOL	13 Chicken tenders Garlic knot Steamed broccoli Assorted fruit	14 Meatball sub French fries Baby carrots Ranch dip Assorted fruit	15 Nachos (chicken and shredded cheese) Salsa and sour cream Corn and black beans Fresh apple	16 Cheese or buffalo chicken pizza Garden salad Fresh fruit
Alternative Options: Grilled chicken Caesar salad with roll OR ham and cheese sub OR turkey and cheese sub				
19 Cheesy breadsticks Marinara sauce Green beans Assorted fruit	20 Chicken patty (plain or spicy) Curly fries Steamed peas Fresh grapes	21 Buffalo chicken wing dip Tortilla chips Carrots and celery sticks Ranch dip Assorted fruit	22 Patriot burger Waffle fries Cucumber coins Hummus dip Fresh apple	23 Cheese or pepperoni pizza Garden salad Assorted fruit
Alternative Options: Garden salad with egg and roll OR crispy chicken wrap				
26 Personal pizza Garden salad Fresh veggies Ranch dip Assorted fruit	27 Cheese tortellini with meatballs Marinara sauce Garlic bread Mixed vegetables Assorted fruit	28 Cherry blossom chicken White rice Steamed broccoli Fresh orange	29 Mozzarella sticks, chicken and biscuit basket Grape tomatoes Ranch dip Assorted fruit Rice Krispy Treat	30 HALF DAY
Alternative Options: Crispy chicken salad with roll OR buffalo chicken wrap				

Available daily: Choice of Uncrustable (PB&J or PB & chocolate) with string cheese, salad, or wrap/sub

If your child has food allergies or dietary restrictions, or if you have any questions or concerns, please contact Director for Food Service, Wellness and Nutrition Erika Winney at erika.winney@bpcsd.org.