

Breakfast Menu

James I. O'Neill HS

November 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

2 Bacon, Egg and Cheese Breakfast Sandwich 
Sausage, Egg and Cheese Sandwich
Banana Bread  
Unflavored 1% Milk
100% Apple Juice 
Applesauce 

Tuesday

3 Bacon, Egg and Cheese Breakfast Sandwich 
Sausage, Egg and Cheese Sandwich
WG Glazed Donut 

Unflavored 1% Milk
100% Apple Juice 
Fresh Orange 

Wednesday

4 Bacon, Egg and Cheese Breakfast Sandwich 
Sausage, Egg and Cheese Sandwich
WW Honey Bun 
Unflavored 1% Milk
100% Apple Juice 
Diced Pear Cup

Thursday

5 Bacon, Egg and Cheese Breakfast Sandwich 
Sausage, Egg and Cheese Sandwich
Mini Cinnamon Pull Apart Roll  
Unflavored 1% Milk
100% Apple Juice 
Fresh Banana 

Friday

6 Bacon, Egg and Cheese Breakfast Sandwich 
Sausage, Egg and Cheese Sandwich
Maple Mini Waffles 
Unflavored 1% Milk
100% Apple Juice 
Fresh Apple

9 Bacon, Egg and Cheese Breakfast Sandwich 
Sausage, Egg and Cheese Sandwich
Banana Bread  
Unflavored 1% Milk
100% Apple Juice 
Applesauce 

10 Bacon, Egg and Cheese Breakfast Sandwich 
Sausage, Egg and Cheese Sandwich
WG Glazed Donut 

Unflavored 1% Milk
100% Apple Juice 
Fresh Orange 



12 Bacon, Egg and Cheese Breakfast Sandwich 
Sausage, Egg and Cheese Sandwich
Unflavored 1% Milk
100% Apple Juice 
Fresh Banana 

13 Bacon, Egg and Cheese Breakfast Sandwich 
Sausage, Egg and Cheese Sandwich
Maple Mini Waffles 
Unflavored 1% Milk
100% Apple Juice 
Fresh Apple

16 Bacon, Egg and Cheese Breakfast Sandwich 
Sausage, Egg and Cheese Sandwich
Banana Bread  
Unflavored 1% Milk
100% Apple Juice 
Applesauce 

17 Bacon, Egg and Cheese Breakfast Sandwich 
Sausage, Egg and Cheese Sandwich
WG Glazed Donut 

Unflavored 1% Milk
100% Apple Juice 
Fresh Orange 

18 Bacon, Egg and Cheese Breakfast Sandwich 
Sausage, Egg and Cheese Sandwich
WW Honey Bun 
Unflavored 1% Milk
100% Apple Juice 
Diced Pear Cup

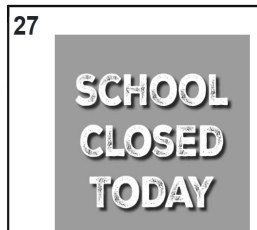
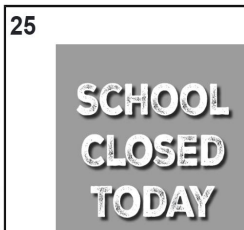
19 Bacon, Egg and Cheese Breakfast Sandwich 
Sausage, Egg and Cheese Sandwich
Unflavored 1% Milk
100% Apple Juice 
Fresh Banana 

20 Bacon, Egg and Cheese Breakfast Sandwich 
Sausage, Egg and Cheese Sandwich
Maple Mini Waffles 
Unflavored 1% Milk
100% Apple Juice 
Fresh Apple

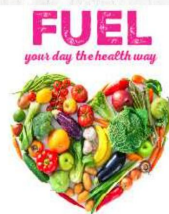
23 Bacon, Egg and Cheese Breakfast Sandwich 
Sausage, Egg and Cheese Sandwich
Banana Bread  
Unflavored 1% Milk
100% Apple Juice 
Applesauce 

24 Bacon, Egg and Cheese Breakfast Sandwich 
Sausage, Egg and Cheese Sandwich
WG Glazed Donut 

Unflavored 1% Milk
100% Apple Juice 
Fresh Orange 



30 Bacon, Egg and Cheese Breakfast Sandwich 
Sausage, Egg and Cheese Sandwich
Banana Bread  
Unflavored 1% Milk
100% Apple Juice 
Applesauce 



View this menu on the mobile app, FDMMealPlanner, or on the web at www.FDMMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex

(including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Breakfast Prices

1st Meal no charge
2nd \$3.00

Adult Breakfast: \$4.00
(+Tax = \$4.24)

Available Daily

Assorted WG Cereal ~ Cereal Bars ~ Muffins~
Bagels ~ Egg Sandwiches - Milk and
Fruit / Fruit Juices.
String Cheese ~ Graham Cracker ~ Yogurt

If you have any questions or would like additional information regarding this menu please contact your food service

director Kathy Coakley at 845-446-4914 ext 2890

