

Breakfast Menu

FMES

November 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

2 Egg and Cheese Sandwich 
Fluffy Whole Grain Waffles 
100% Apple Juice 
Unflavored 1% Milk
Fresh Apple

9 Egg and Cheese Sandwich 
Fluffy Whole Grain Waffles 
100% Apple Juice 
Unflavored 1% Milk
Fresh Orange 

16 Egg and Cheese Sandwich 
Fluffy Whole Grain Waffles 
100% Apple Juice 
Unflavored 1% Milk
Fresh Apple

23 Egg and Cheese Sandwich 
Fluffy Whole Grain Waffles 
100% Apple Juice 
Unflavored 1% Milk
Fresh Orange 

30 Egg and Cheese Sandwich 
Fluffy Whole Grain Waffles 
100% Apple Juice 
Unflavored 1% Milk
Fresh Orange 

Tuesday

3 Egg and Cheese Sandwich 
Bacon, Egg and Cheese Breakfast Sandwich 
100% Apple Juice 
Unflavored 1% Milk
Fresh Orange 

10 Egg and Cheese Sandwich 
Bacon, Egg and Cheese Breakfast Sandwich 
100% Apple Juice 
Unflavored 1% Milk
Fresh Apple

17 Egg and Cheese Sandwich 
Bacon, Egg and Cheese Breakfast Sandwich 
100% Apple Juice 
Unflavored 1% Milk
Fresh Orange 

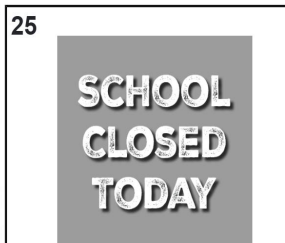
24 Egg and Cheese Sandwich 
Bacon, Egg and Cheese Breakfast Sandwich 
100% Apple Juice 
Unflavored 1% Milk
Fresh Banana 

Wednesday

4 Egg and Cheese Sandwich 
WG Glazed Donut 
100% Apple Juice 
Unflavored 1% Milk
Fresh Apple



18 Egg and Cheese Sandwich 
WG Glazed Donut 
100% Apple Juice 
Unflavored 1% Milk
Fresh Apple



Thursday

5 Egg and Cheese Sandwich 
Sausage and Egg Sandwich
100% Apple Juice 
Unflavored 1% Milk
Fresh Banana 

12 Egg and Cheese Sandwich 
Sausage and Egg Sandwich
100% Apple Juice 
Unflavored 1% Milk
Fresh Banana 

19 Egg and Cheese Sandwich 
Sausage and Egg Sandwich
100% Apple Juice 
Unflavored 1% Milk
Fresh Banana 

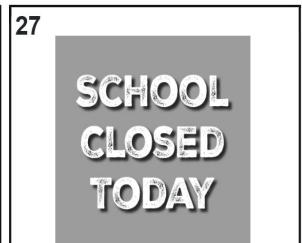


Friday

6 Egg and Cheese Sandwich 
Cinnamon Bun 
100% Apple Juice 
Unflavored 1% Milk
Fresh Apple

13 Egg and Cheese Sandwich 
Cinnamon Bun 
100% Apple Juice 
Unflavored 1% Milk
Fresh Orange 

20 Egg and Cheese Sandwich 
Cinnamon Bun 
100% Apple Juice 
Unflavored 1% Milk
Fresh Apple

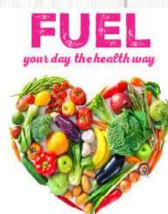


View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Breakfast Prices

1st Breakfast No Cost,
2nd Meal: 2.25 Adult \$4.00
Milk:\$0.90

Available Daily

Assorted Reduced Sugar Breakfast Cereals,
Pop Tarts, Muffins, Juice, Milk
& Assorted Cupped and Fresh Fruits

If you have any questions or would like additional information regarding this menu please contact your food service director

Kathy Coakley at 45-446-4914 ext 2890

