

SESSION 2 (10:25 - 10:55 AM)

1. What Is Executive Functioning?

Why can a bright, capable child know exactly what to do but struggle to get started, stay organized, manage time, or finish the task? Executive functioning skills are the brain's "management system," helping us plan, prioritize, regulate attention and emotions, remember what we need, and follow through.

In this session, we'll unpack what executive functioning looks like in everyday school and home life, explore why these skills can be especially challenging for students with dyslexia, ADHD, and other learning differences, and share practical, strengths-based ways adults can provide support. Parents will leave with a clearer understanding of the "why" behind common struggles and a few strategies they can begin using right away.

Location: Blue 1

Presenter: Santiago Sere, *K-8 Curriculum Specialist*

2. Who Are Twice Exceptional Learners?

How can a child be gifted while also having a learning difference like dyslexia? Because the strengths and challenges of twice-exceptional (2e) students often mask one another, understanding their learner profile is essential. This session will explain who 2e learners are and what makes their profile so unique.

Location: Yellow 1

Presenter: Elisa Mizota, *K-8 Curriculum Specialist*

3. Fostering Self-Advocacy Through Accommodations

Explore how accommodations can help your child access learning while also building the skills they need to advocate for themselves in high school and college. In this session, families will learn how to talk with their child about accommodations and build confidence and independence in requesting and using appropriate support.

Location: Yellow 2

Presenter: Laura Ashley Young, *High School Dean of Academics*