

September Newsletter 2026

Stefanie Joyner • a month ago • Tuesday, Sep 1 at 7:50 AM • **Kenneth Carberry Elementary**

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September Newsletter

2026





Principal's Corner

Subject: Partnering for Student Growth: Quick Updates & The Power of a Good Night's Sleep

Dear Families,

As we settle into the rhythm of the school year, our classrooms are buzzing with energy and discovery. Over the next couple of weeks, you might hear your child mention two important learning tools we are using at school: **AMIRA Reading** tests and **IXL Math screeners**.

I want to take a moment to demystify these assessments and share a few simple ways you can help your student feel confident and supported.

What Are AMIRA and IXL Screeners?

First, it helps to know that these are **benchmarks, not traditional high-stakes tests**.

- **AMIRA Reading** acts like an interactive reading companion. It listens to students read aloud, assesses their fluency and comprehension, and helps us pin down the exact phonics or vocabulary skills they need to tackle next.
- **IXL Math Screeners** give us a clear, adaptive snapshot of what math concepts your student has mastered and where they might need a little extra nudge or challenge.

Think of these screeners as an eye exam for learning: they simply tell our teachers where to adjust the focus so we can deliver tailored instruction for your child.

How You Can Help at Home

Because these tools are designed to capture a picture of your child's natural thinking process, there is **no need to study or stress**. The best preparation happens in the routines leading up to school each day.

- **Prioritize Rest (The Neuroscience Advantage):** Recent cognitive research highlights that sleep is actually when the brain does its heaviest lifting. During deep NREM and REM sleep cycles, young brains actively organize, consolidate, and store the information they absorbed during the day. Skipping just an hour of sleep directly impacts a student's focus, problem-solving, and emotional regulation. A consistent bedtime (around 9–11 hours for school-age kids) is one of the most effective learning tools we have!
- **Power Up with Breakfast:** A simple meal containing protein and complex carbohydrates gives the brain a steady supply of glucose, preventing the mid-morning energy dips that make concentration tough.
- **Encourage the "Growth Mindset" Effort:** Neuroscientists have proven that our brains are like muscles—when we tackle challenging problems, our brain cells build stronger, faster connections (a concept called *neuroplasticity*). Remind your child that they don't need to get every question right on these screeners. The goal is simply to **try their best and keep growing**.

A Quick Pep-Talk Phrase to Try

When your child leaves for school in the morning, consider swapping *"Get an A!"* or *"Be good!"* with a process-focused encouragement:

"Give your brain a good workout today! If something feels tricky, that just means your brain is growing stronger."

We are so grateful for your partnership. When home and school work together to provide quiet support, healthy routines, and high encouragement, our students thrive.

If you ever have questions about AMIRA, IXL, or your child's progress, my door is always open.

Go Huskies,,

Greg Alexander

Principal, Carberry

Important Dates

September



7th- Labor Day **NO SCHOOL**

10th- NASA applications **DUE** to Mr. D or Ms. Nichols

14th- PTO Meeting 4:00 PM-5:00 PM

16th- Food Distribution 4:30 PM-6:00 PM
C 105

22nd- Picture Day

22nd- NASA Specialists FIRST meeting
4:00-5:00 PM

25th- Homecoming (**students are released early at 1:00 PM**)





Homecoming Week Dress Up Days

 CARBERRY
ELEMENTARY
HOMECOMING WEEK!
DRESS UP DAYS

MONDAY,
SEPT. 21ST

**CRAZY
HAIR DAY**



TUESDAY,
SEPT. 22ND

**DRESS TO
IMPRESS**
(PICTURE DAY)



WEDNESDAY,
SEPT. 23RD

SPORTS DAY



THURSDAY,
SEPT. 24TH

**FOOD
SHIRT DAY**



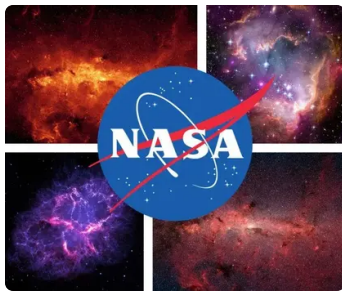
FRIDAY,
SEPTEMBER 25TH

**WEAR
HUSKIE BLUE DAY!**



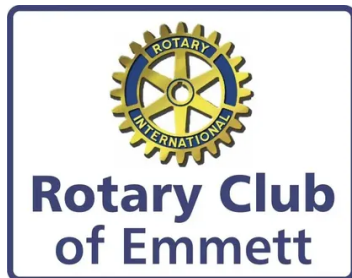
LET'S SHOW OUR **HUSKIE PRIDE!**





NASA APPLICATIONS

NASA applications for 4th and 5th graders are **due by September 10th**



Thank you, Rotary Club of Emmett!

A heartfelt **thank you to the Rotary Club of Emmett** for your continued support of our school! We truly appreciate your generous donation of tissue boxes for all of our staff at the beginning of the school year, as well as your upcoming gift of dictionaries for our 3rd grade students

later this year.

Your kindness and generosity make a difference for our students and staff. We are so grateful to have such wonderful community partners! 💙

PTO Meeting Monday, September 14th at 4:00 PM

2026-2027

Daily Bell Schedule

School Begins 8:25 Tardy Bell 8:30
Release 3:50

Lunch Schedule

Kindergarten / 3rd Grade 12:05 – 12:40
1st / 2nd Grade 12:20 – 12:55
4th / 5th Grade 12:35 – 1:10

Recess Schedule

AM

Kinder - 3rd 10:30 – 10:50 4th & 5th 10:25 – 10:45

PM

Kdg - 3rd 2:40 – 3:00 4th & 5th 2:40 – 2:55

Food Box Distribution



**August 19th
September 16th
October 21
4:30-6:00**

LOCATED @ CARBERRY ELEMENTARY

**LOOK FOR THE ORANGE SIGNS.
PULL UP TO THE CURB. COME INTO ROOM C105**

TEFAP is a national hunger-relief program. The food is purchased by the U.S. Department of Agriculture (USDA) and distributed by The Idaho Foodbank through a network of community partners like Carberry Elementary. The following table shows a monthly gross income for each family size. If your household income is at or below the income listed for the number of people in your household, you are eligible to receive food. Note: self-declared income and Idaho residency are required to receive benefits. This institution is an equal opportunity provider.

INCOME ELIGIBILITY (Effective October 1, 2025)	
<i>Family Size</i>	<i>Gross Monthly Income</i>
1	\$2,608.33
2	\$ 3525.00
3	\$ 4441.67
4	\$ 5358.33
5	\$ 6275.00
6	\$ 7191.67
7	\$ 8108.33
8	\$ 9025.00
<i>Each Additional</i>	\$ 916.67

QUESTIONS? Aimee Thompson
Carberry Community School Coordinator
208-365-6301 ext 1455

Distribución de cajas de alimentos



19 de agosto
16 de septiembre
21 de octubre
4:30-6:00

UBICADO EN LA ESCUELA PRIMARIA
CARBERRY

BUSCA LAS SEÑALES NARANJAS.

Deténgase junto a la acera. Entre a la habitación C105.

TEFAP es un programa nacional de alivio del hambre.

El Departamento de Agricultura de los Estados Unidos (USDA) compra los alimentos y el Banco de Alimentos de Idaho los distribuye a través de una red de socios comunitarios como Carberry Elementary.

La siguiente tabla muestra los ingresos brutos mensuales para cada tamaño de familia. Si los ingresos de su hogar son iguales o inferiores a los ingresos indicados para la cantidad de personas que integran su hogar, usted es elegible para recibir alimentos.

Nota: se requieren ingresos autodeclarados y residencia en Idaho para recibir los beneficios. Esta institución es un proveedor que ofrece igualdad de oportunidades.

<i>ELEGIBILIDAD SEGÚN INGRESOS</i> <i>(En vigor a partir del 1 de octubre de 2025)</i>	
<i>Tamaño de la familia</i>	<i>Ingresos brutos mensuales</i>
1	\$2,608.33
2	\$3,525.00
3	\$4,441.67
4	\$5,385.33
5	\$6,275.00
6	\$7,191.67
7	\$8,108.33
8	\$9,025.00
<i>Cada una Adicional</i>	\$916.67

¿PREGUNTAS? Aimee Thompsen Coordinadora de la escuela comunitaria de Carberry
208-365-6301 extensión 1455

Looking Ahead



October

14th- Parent/Teacher Conferences 5:00-8:00 PM

15th- **NO SCHOOL** Parent/Teacher Conferences 10:00 AM-8:00 PM

29th- Kindergarten field trip to Children's Museum



Nurses Corner

As you schedule your child's well visit, please ask their doctor to review and update any needed immunizations. We also ask parents to notify the school nurse of any changes to health conditions.

Thank you for helping us keep our students healthy and ready to learn!

**Change of Plans for How Your
Child Goes Home? CALL THE
OFFICE NO LATER THAN 3:15 PM**



If there is a change of plans for how your child is to go home...

PLEASE CALL THE OFFICE if you need to change the plans for how your child will get home. Teachers do not have time to look at their messages about a change of plans. When the office is not informed, it can cause miscommunication. Children can miss the bus, or parents can come to pick them up, and they are on the bus. Thank you for understanding!

If Your Child Is Going To Be Absent...



Have you either called or emailed **THE OFFICE** to let us know **EVEN if you've informed their teacher? Please call before 8:15 AM or after 8:45 AM because the office is super busy during this time.** 208-365-0839
cesattendance@isd221.net Thank you!

Also, if your child has a doctor/dentist/counseling appointment, please remember to bring the office **a note from the doctor.**

School Absence

Patient's Name: _____

Appointment Information

Date: _____ Time: _____

The above named student/patient was seen in this office by the:

Physician	☐ ☐ Nurse
Physician's Asst.	☐ ☐ Office Staff
Nurse Practitioner	☐ ☐ Other

Patient May Return to School:

☐ Today
☐ Tomorrow
☐ On _____
Day Date

Physician Name: _____

Address: _____

Physician's Signature : _____

