Mark S. Benson Jr.

As a VHS student, I excelled in business and computer application courses, and also played football, ran track, and wrestled with Sailor Pride.

After graduating in 2000, I served honorably in the U.S. ARMY until 2004, and achieved the rank of SGT. I received numerous medals and awards for my time in service, both in combat and in peacetime. I was stationed in Germany for two years and served a year in Iraq in support of Operation Iraqi Freedom 1. Graduating college with a BBA degree and a focus in Operations Management, I have worked all over the U.S., Canada, and places across the globe to help improve and streamline business processes. Over the years I have volunteered my time for several Veteran nonprofit groups, even helping manage and run parts of the 116 mile SoCal portion of the Old Glory Relay for Team RWB.

Since 2019, I have been highly involved in the Vermilion Youth Football program as a coach and aiding in team and league tasks. In the fall of 2023, I was elected to the VLSD School Board, and am proud to give back to a community that has given so much to so many.

My wife Jessica and two boys Mark and Lex are also proud Sailors. I believe life is a long race, and it's important to keep moving forward. Honor, integrity, and courage are crucial to have on life's journey, along with a healthy dose of Sailor Pride.