

OFFICE HOURS: 8AM-2PM

NOVEMBER 2026
MEALS ON WHEELS MENU

MEALS SERVED WITH 1% MILK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 BEEF CHILI STEAMED VEGETABLE FRUIT CORNBREAD	3 CHICKEN & STUFFING STEAMED VEGETABLE FRUIT WHEAT ROLL DESSERT	4 BEEF CHOW MEIN BROWN RICE STEAMED VEGETABLE FRUIT FORTUNE COOKIE	5 CHICKEN ALFREDO STEAMED VEGETABLE FRUIT FRENCH BREAD	6 DICED TURKEY IN GRAVY MASHED POTATOES DELICATA SQUASH DINNER ROLL PUMPKIN BAR
9 CHICKEN PARMESAN over SPAGHETTI STEAMED VEGETABLE FRUIT FRENCH BREAD	10 TATOR TOT HOTDISH STEAMED VEGETABLE FRUIT WHEAT ROLL	11 APRICOT GLAZED CHICKEN RICE PILAF STEAMED VEGETABLE FRUIT DESSERT	12 SWEET & SOUR MEATBALLS BROWN RICE STEAMED VEGETABLE FRUIT FORTUNE COOKIE	13 SHEPHERD'S PIE STEAMED VEGETABLE FRUIT WHEAT ROLL DESSERT
16 HAMBURGER WILD RICE HOT DISH STEAMED VEGETABLE FRUIT WHEAT ROLL	17 SMOTHERED PORK LOIN with MUSHROOM GRAVY MASHED POTATOES STEAMED VEGETABLE FRUIT	18 BISON NACHOS WILD RICE PILAF THREE SISTERS SALAD FRUIT DESSERT	19 ROAST TURKEY MASHED POTATOES GREEN BEAN CASSEROLE FRUIT WHEAT ROLL DESSERT	20 MEATLOAF MASHED POTATOES STEAMED VEGETABLE FRUIT WHEAT ROLL
23 MUSHROOM BURGER WHOLE GRAIN BUN SEASONED POTATOES VEGETARIAN CALICO BEANS FRUIT	24 CHICKEN POT PIE STEAMED VEGETABLE FRUIT BISCUIT DESSERT	25 BEEF LASAGNA STEAMED VEGETABLE FRUIT FRENCH BREAD	26 CLOSED NO MEALS DELIVERED	27 CLOSED NO MEALS DELIVERED
30 CHICKEN & DUMPLING SOUP STEAMED VEGETABLE FRUIT WHEAT ROLL DESSERT				

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

CALL 651 604-3524, THREE DAYS IN ADVANCE, TO ADD A MEAL OR BY 8:30AM TO CANCEL A MEAL