

# MIDDLE SCHOOL – FAVORITES MENU

# OCTOBER 2026

| MONDAY                                                                                                                                                                                               |  | TUESDAY                                                                                                                          |  | WEDNESDAY                                                                                                                                                                                                  |  | THURSDAY                                                                                                                                                                                                                                                |  | FRIDAY                                                                                                                                                                                              |  |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|----------------------------------------------------------------------------------------------------------------------------------|--|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| ANNOUNCEMENTS & HIGHLIGHTS                                                                                                                                                                           |  | At participating schools only:                                                                                                   |  |                                                                                                                                                                                                            |  |                                                                                                                                                                                                                                                         |  |                                                                                                                                                                                                     |  |
|                                                                                                                     |  |                                                |  |                                                                                                                         |  |                                                                                                                                                                                                                                                         |  |                                                                                                                                                                                                     |  |
| <b>Breakfast:</b><br>Egg & Cheese Croissant Sandwich<br>Oatmeal Cranberry Granola Bake Bar                                                                                                           |  | <b>Breakfast:</b><br>Strawberry Banana Smoothie <small>NEW</small><br>Cinnamon Toast Crunch Cereal w/<br>Mozzarella Cheese Stick |  | <b>Breakfast:</b><br>Cherry Muffin w/ Strawberry Yogurt<br>Beef & Sausage Cheese Bagel                                                                                                                     |  | <b>Breakfast:</b><br>Strawberry Banana Smoothie <small>NEW</small><br>Cinnamon Toast Crunch Cereal w/<br>Mozzarella Cheese Stick                                                                                                                        |  | <b>Breakfast:</b><br>Chicken Biscuit<br>Strawberry Yogurt & Granola                                              |  |
| <b>Lunch:</b><br>Chicken Nachos <br>Turkey Hot Dog<br>Spicy Chicken Sandwich                                        |  | <b>Lunch:</b><br>Chicken Nuggets w/ Cheesy Garlic Breadstick<br>Cheesy Breadstick Bites<br>Spicy Beef Taco Stick                 |  | <b>Lunch:</b><br>Nashville Hot Chicken Tenders w/ Roll<br>Macaroni & Cheese w/ Cornbread Poppers<br>Pepperoni Pizza                                                                                        |  | <b>Lunch:</b><br>Cheesy Jalapeno Breadstick Bites<br>Beef & Cheese Burrito w/ Cheese Sauce<br>Beef Nachos                                                            |  | <b>Lunch:</b><br>Asian Teriyaki Chicken Poppers w/ Rice<br>Nashville Hot Chicken Tenders w/ Roll<br>Cheeseburger                                                                                    |  |
| <b>Breakfast:</b><br>French Toast Sticks<br>Strawberry Breakfast Bar                                                                                                                                 |  | <b>Breakfast:</b><br>Beef Sausage Breakfast Sandwich<br>Cinnamon Toast Crunch Cereal w/<br>Mozzarella Cheese Stick               |  | <b>Breakfast:</b><br>Maple Chicken Beef Sausage Kolache                                                                 |  | <b>Breakfast:</b><br>Cinnamon Toast Crunch Cereal w/<br>Mozzarella Cheese Stick<br>Turkey Sausage, Egg & Cheese Breakfast Wrap                                                                                                                          |  | <b>Breakfast:</b><br>Chicken Sausage, Cheese, & Maple Pancake Breakfast Sandwich<br>Strawberry Yogurt & Granola  |  |
| <b>Lunch:</b><br>Chicken Nuggets w/ Cheesy Garlic Breadstick<br>Chipotle Chicken Cheesy Breadstick Bites<br>Spicy Beef Taco Stick                                                                    |  | <b>Lunch:</b><br>Chicken Poppers w/ Cheesy Garlic Breadstick<br>Turkey Hot Dog<br>Macaroni & Cheese w/ Cornbread Poppers         |  | <b>Lunch:</b><br>Chicken Tenders w/ Cheesy Garlic Breadstick<br>Asian Teriyaki Chicken Poppers w/ Rice<br>Pepperoni Pizza                                                                                  |  | <b>Lunch:</b><br>Chicken Nachos <br>Chicken Tamale <br>Spicy Chicken Sandwich |  | <b>Lunch:</b><br>Cheesy Jalapeno Breadstick Bites<br>Nashville Hot Chicken Tenders w/ Roll<br>Cheeseburger                                                                                          |  |
| <b>Breakfast:</b><br>Three Cheese Egg Bite Sandwich <small>NEW</small><br>Apple Cinnamon Toast w/ Strawberry Yogurt                                                                                  |  | <b>Breakfast:</b><br>Strawberry Banana Smoothie <small>NEW</small><br>Cinnamon Toast Crunch Cereal w/<br>Mozzarella Cheese Stick |  | <b>Breakfast:</b><br>Beef Sausage Breakfast Sandwich<br>Cherry Muffin w/ Strawberry Yogurt                                                                                                                 |  | <b>Breakfast:</b><br>Strawberry Banana Smoothie <small>NEW</small><br>Cinnamon Toast Crunch Cereal w/<br>Mozzarella Cheese Stick                                                                                                                        |  | <b>Breakfast:</b><br>French Toast Sticks<br>Strawberry Yogurt & Granola                                        |  |
| <b>Lunch:</b><br>Chicken Nuggets w/ Cheesy Garlic Breadstick<br>Turkey Hot Dog<br>Mini Corn Dog Bites                                                                                                |  | <b>Lunch:</b><br>Spicy Chicken Sandwich<br>Cheesy Breadstick Bites<br>Spicy Beef Taco Stick                                      |  | <b>Lunch:</b><br>Chicken Tenders w/ Cheesy Garlic Breadstick<br>Asian Orange Chicken Poppers w/ Rice<br>Cheese Pizza  |  | <b>Lunch:</b><br>Cheesy Jalapeno Breadstick Bites<br>Pepperoni Calzone<br>Beef Nachos                                                                              |  | <b>Lunch:</b><br>Nashville Hot Chicken Tenders w/ Roll<br>Chicken Dumplings w/ Teriyaki Sauce<br>Cheeseburger                                                                                       |  |
| <b>Breakfast:</b><br>Cheese, Chicken, Potato <br>Breakfast Taco CrispUp<br>Blueberry Pomegranate Granola Bake Bar |  | <b>Breakfast:</b><br>Beef Sausage & Cheese Bagel<br>Cinnamon Toast Crunch Cereal w/<br>Strawberry Yogurt                         |  | <b>Breakfast:</b><br>Chicken Sausage, Cheese, & Maple Pancake Breakfast Sandwich<br>Blueberry Muffin w/ Strawberry Yogurt                                                                                  |  | <b>Breakfast:</b><br>Turkey Sausage, Egg & Cheese Breakfast Wrap<br>Cinnamon Toast Crunch Cereal w/<br>Strawberry Yogurt                                                                                                                                |  | <b>Breakfast:</b><br>Cowboy Bread<br>Strawberry Yogurt & Granola                                               |  |
| <b>Lunch:</b><br>Chicken Nachos <br>Turkey Hot Dog<br>Spicy Chicken Sandwich                                      |  | <b>Lunch:</b><br>Chicken Nuggets w/ Cheesy Garlic Breadstick<br>Cheesy Breadstick Bites<br>Spicy Beef Taco Stick                 |  | <b>Lunch:</b><br>Chicken Tenders w/ Cheesy Garlic Breadstick<br>Pepperoni Pizza<br>Macaroni & Cheese w/ Cornbread Poppers                                                                                  |  | <b>Lunch:</b><br>Beef & Cheese Burrito w/ Cheese Sauce<br>Chicken Sandwich<br>Beef Nachos                                                                          |  | <b>Lunch:</b><br>Mandarin Orange Chicken w/ Brown Rice & Chicken Egg Roll<br>Nashville Hot Chicken Tenders w/ Roll<br>Cheeseburger                                                                  |  |