

Lunch Menu

Pre-K Menu

November
2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

2 Cheesy Stuffed Bread Sticks 
Tomato Sauce
Green Beans
Sliced Oranges 
1% Milk

HARVEST 

9 Two Cheese Quesadilla 
Brown Rice
Apple Slices 
1% Milk

MEATLESS MONDAY 



16 Pasta Alfredo 
Steamed Broccoli
Homemade Garlic Bread
Apple Slices 
1% Milk

NEW 



23 Homemade Mac & Cheese 
Green Beans
Fresh Banana 
1% Milk

HARVEST 



30 Cheesy Stuffed Bread Sticks 
Tomato Sauce
Green Beans
Sliced Oranges 
1% Milk

HARVEST 

MEATLESS MONDAY 

Tuesday

3 **SCHOOL CLOSED TODAY**

10 French Toast 
Crispy Potato Puffs 
Fresh Banana 
1% Milk



17 Whole Grain Pancakes with Sausage
Crispy Potato Puffs 
Cucumber Coins
Fresh Banana 
1% Milk



24 Crispy Chicken Sandwich 
Steamed Carrots
Cucumber Coins
Sliced Oranges 
1% Milk



Wednesday

4 Nachos Grande
Sweet Corn
Fresh Banana 
1% Milk

11 **IT'S VETERANS DAY** 

18 Meatball Dunkers
Whole Wheat Dinner Roll 
Steamed Carrots
Apple Slices 
1% Milk

25 Cheese Pizza 
Sweet Corn
Fresh Banana 
1% Milk

NEW 

Galaxy Pizza
Personal Pan Pizza

Thursday

5 Chicken Nuggets
With Whole Wheat Dinner Roll 
Glazed Carrots
Apple Slices 
1% Milk



12 Crispy Popcorn
Chicken
Pasta with Butter
Green Beans
1% Milk
Apple Slices 

HARVEST 

19 Chicken Nuggets
Mashed Potatoes
Apple Slices 
1% Milk



26 **THANKSGIVING DAY** 

Friday

6 Classic Cheese Pizza 
Winter Vegetable Blend
Side of sauteed cauliflower and broccoli
Sliced Oranges 
1% Milk

13 Classic Cheese Pizza 
Steamed Broccoli
Apple Slices 
1% Milk



20 French Bread Pizza 
Mixed Vegetables 
Sliced Oranges 
1% Milk

27 **SCHOOL CLOSED TODAY**

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

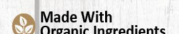
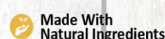
*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Free Breakfast
and Lunch Meals
for students ONE
of each per school
day!



For questions or concerns please contact the food service office at 631-285-8155

Lunch consists of whole grain, meat/meat alternate, fruit, vegetable and 1% milk
Assorted condiments available

