

Breakfast Menu

Newfield High School **November 2026**

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
2 Fruity Granola Parfait <i>Low fat vanilla yogurt layered with fruit and granola</i> Fresh Apple Strawberries	3 SCHOOL CLOSED TODAY	4 Sausage, Egg & Cheese Burrito* Strawberries Fresh Grapes 	5 Homemade Muffins Fresh Orange Strawberries 	6 Fresh Whole Wheat Bagel With Cream Cheese Fresh Banana Fresh Pear
9 WW Honey Bun Strawberries Fresh Banana	10 Fruity Granola Parfait <i>Low fat vanilla yogurt layered with fruit and granola</i> Fresh Apple Fresh Orange	11 IT'S VETERANS DAY 	12 Fluffy Whole Grain Pancakes Fresh Apple Fresh Banana	13 Mini Cinnamon Pull Apart Roll Apple Slices Fresh Orange
16 Fresh Whole Wheat Bagel With Cream Cheese Fresh Apple Fresh Orange	17 WW Honey Bun Strawberries Blueberries	18 Bacon and Egg Sandwich Fresh Apple Fresh Banana 	19 Fresh Whole Wheat Bagel Cream Cheese Fresh Orange Fresh Pear	20 Whole Grain French Toast Slices With Syrup Fresh Apple Fresh Grapes
23 Homemade Muffins Fresh Orange Fresh Banana 	24 Fruity Granola Parfait <i>Low fat vanilla yogurt layered with fruit and granola</i> Fresh Apple Strawberries	25 Ham, Egg and Cheese Sandwich Fresh Apple Fresh Banana 	26 THANKSGIVING DAY 	27 SCHOOL CLOSED TODAY
30 Fruity Granola Parfait <i>Low fat vanilla yogurt layered with fruit and granola</i> Fresh Apple Strawberries 	All students can receive one NO COST breakfast and lunch meal daily in school for 2026-2027 school			



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Available Daily

Whole grain bagel

Assorted Yogurt Parfaits

Assorted Variety Muffin

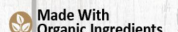
Assorted RS WG Cereals

Assorted 100% Juices

and Fruit

Breakfast meals free for 2026-

2027 school year



Breakfast includes 2 grains or 1 grain and 1 meat/meat alternative
2 fruit choices
Milk choice of 1%, lactose free, or fat free white milk
Assorted condiments available