

Lunch Menu

Kindergarten Elementary Menu

November
2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

2 Cheesy Stuffed Bread Sticks
Tomato Sauce
Green Beans
Cucumber Coins
Blueberries
Sliced Oranges
HARVEST

9 Two Cheese Quesadilla
Brown Rice
Confetti Black Bean Salad
Cucumber Coins
Fresh Apple
Sliced Oranges
MEATLESS MONDAY

16 Pasta Alfredo
Steamed Broccoli
Homemade Garlic Bread
Cucumber Coins
Apple Slices
Sliced Oranges

23 Homemade Mac & Cheese
Green Beans
Side Garden Salad
Fresh Apple
Fresh Banana
HARVEST **MEATLESS MONDAY**

30 Cheesy Stuffed Bread Sticks
Tomato Sauce
Green Beans
Cucumber Coins
Sliced Oranges
Fresh Pear
MEATLESS MONDAY

Tuesday

3 **SCHOOL CLOSED TODAY**

10 French Toast
Crispy Potato Puffs
Side Garden Salad
Fresh Banana
Strawberries
BRUNCH FOR LUNCH TODAY!

17 Whole Grain Pancakes with Sausage
Crispy Potato Puffs
Blueberries
Celery & Carrot Sticks w/ Low Fat Dressing
Fresh Banana

24 Chicken Parmesan Sandwich
Steamed Carrots
Cucumber Coins
Sliced Oranges
Fresh Blueberries
STUDENT APPRECIATION DAY!

Wednesday

4 Nachos Grande
Sweet Corn
Black Beans
Fresh Apple
Fresh Banana
LUCKY TRAY

11 **IT'S VETERANS DAY**

18 Meatball Sandwich
Steamed Carrots
Cucumber Coins
Fresh Apple
Fresh Pear

25 Cheese Pizza
Sweet Corn
Baby Carrots
Fresh Banana
Strawberries
NEW Galaxy Pizza
Personal Pan Pizza

Thursday

5 Chicken Nuggets
Or Spicy Chicken Nuggets
Glazed Carrots
Side Garden Salad
Fresh Pear
Strawberries

12 Crispy Popcorn Chicken
Pasta with Butter
Green Bean Salad
Cherry Tomatoes
Fresh Apple
Fresh Banana
HARVEST

19 Chicken Nuggets
Mashed Potatoes
French Bread
Green Beans
Sliced Oranges
Strawberries
Student FAVES

26 **THANKSGIVING DAY**

Friday

6 Classic Cheese Pizza
Winter Vegetable Blend
Side of sauteed cauliflower and broccoli
Cucumber Coins
Fresh Apple
Sliced Oranges

13 Classic Cheese Pizza
Steamed Broccoli
Side Garden Salad
Fresh Pear
Fresh Blueberries

20 French Bread Pizza
Mixed Vegetables
Steamed Broccoli
Green Bean Salad
Cucumber Coins
Fresh Banana
Fresh Grapes

27 **SCHOOL CLOSED TODAY**

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



2026-2027 Free Breakfast and Lunch meals for students ONE of each per school Day!

Complete a Household Benefits Form to help sustain the free meal program and additional

Vegetarian Eggs Made With Natural Ingredients

benefits

Daily Alternates

Garden Salad, Grilled Cheese, Cheese Pizza, Bagel Lunch, Yogurt Lunch or Yogurt Parfait

Carrots, Cucumber Apples and Oranges

Assorted condiments available

Choice of 1%, or Fat Free Chocolate Milk

