Menu

Rishworth Lunch

Week Commencing: 2nd November 2026



Main Dishes
Jamaican Jerk Pork (DF)
Ricotta Cannelloni
Steamed Rice & Sweetcorn

Soup of the Day: Wild Mushroom (GF)

Deli Option
Spring Rolls & Sweet Chilli Sauce

Dessert
Rice Pudding



Main Dishes
Paprika Chicken with Parmesan (GF)
Vegetable & Quorn Stir-fried Noodles (DF)
Broccoli & Savoury Potatoes

Soup of the Day: Pea & Ham (GF) (DF)

Deli Option
Cheddar & Spring Onion Bagel

Dessert
Jam Sponge



Main Dishes
Shepherd's Pie (GF)
Veggie Sausage & Kale Pasta
Parsley Potatoes & Peas

Soup of the Day: Minestrone (DF)

Deli Option
Chicken Wrap

Dessert
Chocolate Brownie



Main Dishes
Chicken Tikka Drummers (GF) (DF)
Vegetable Korma (GF)
Turmeric Rice & Green Beans

Soup of the Day: Vegetable (GF)

Deli Option
Ham, Cheese & Spinach Puff

Dessert
Lemon Drizzle



Main Dishes
Battered Fish with Tartare Sauce
Battered Quorn Sausage
Chips, Mushy Peas & Curry Sauce

Soup of the Day: Chef's Choice

Deli Option
Homemade Scotch Egg with Brown Sauce (DF)

Dessert
Chocolate Eclair

RISHWORTH SCHOOL

Key: {GF} Gluten Free, [DF] Dairy Free