

MEETING MINUTES



SCHOOL HEALTH ADVISORY COUNCIL

DATE:

10/8/2026

TIME:

1:00-2:30 PM

FACILITATOR:

HC Grimet

IN ATTENDANCE

18 attendees

MEET, GREET AND NORMS

This meeting was recorded and posted to the SHAC website within 10 days as required by Senate Bill 1357.

HEALTH SERVICES UPDATE

Presenter: Jennifer Staines

The new Director of Health Services, Jennifer Staines, provided an overview of the department, which serves KISD elementary, junior high, high school, and special program campuses through its nursing staff. She shared that all nurses are CPR instructors and can certify staff in emergency preparedness. Health Services also offers a Hepatitis B program for eligible employees, an EKG program for KISD students as part of physicals, and first-aid support for activities at Legacy and Rhodes Stadiums.

LOCAL WELLNESS POLICY TRI-ANNUAL ASSESSMENT

Presenter: Alexa Carrier and Thao Vo

An overview of the Local Wellness Policy was provided, including the requirement for the policy to be reviewed and assessed every three years. Policy requirements and guidelines are dictated by USDA standards, and food sold in schools must meet established guidelines, with

exceptions for activities such as Fun Food Fridays. The district is allowed six exempt days per year for these activities. An overview was also provided of the four components of the 2026–2027 Wellness Policy Implementation Measurement Plan: Nutrition Guidelines; Nutrition Promotion and Education; Physical Activity; and Other School- and Community-Based Activities to Promote Wellness.

OUTDOOR LEARNING CENTER UPDATE

Presenter: Andy Rice

Information was shared about the Outdoor Learning Center (OLC), including the property, science and history classrooms, two ponds with pavilions, barn and farm animals, garden area, caretaker cottage, and history of the facility. The OLC mission focuses on enriching KISD science, social studies, and physical education curriculum through meaningful learning experiences outside the traditional classroom. Programs include hands-on science and social studies field trips for all fourth-grade students, a chick-hatching unit for all first-grade students, outdoor education and fishing opportunities, and support for campus Outdoor Adventure Education programs. Additional partnerships and activities include support for local Boy Scout troops and Eagle Scout projects, our district FFA programs, the annual KISD Folk Life Festival and summer recreation camps for students in grades 4–6 focused on science, history, physical education, and outdoor recreation skills.

REFLECTIONS / QUESTIONS / CLOSURE

None

NEXT MEETING

Thursday, November 19, 2026 from 1:00 p.m. - 2:30 p.m.