

My Rewards pays you for completing well-being activities

Get rewarded for healthy habits

A healthy lifestyle is its own reward, but a little extra incentive never hurts. My Rewards is part of your health plan at no cost to you.

Sign in to get started

Sign in to your account at **healthpartners.com** and select the trophy icon  at the top of the page. Don't have an account yet? Signing up is quick – you'll just need your member ID card.

How it works

My Rewards has everything you need to start earning rewards all in one place. Sign in to your online account and select the trophy icon at the top of the page. From there, you'll find ways to get the most out of your plan and stay on top of your health with preventive care, plus programs for building healthy habits. Each activity has a dollar amount you can earn upon completion. Your rewards will be loaded onto a reloadable Mastercard® rewards card to use as you please.*

Activities for a healthier you

Get rewarded and empowered when you learn how to navigate your health plan with My Rewards. You'll also get a list of activities customized to you. Whether you're interested in nutrition, mental and physical health or other aspects of your well-being, My Rewards has options. Choose the activities that inspire you and start earning.

Activities include:

- Getting up-to-date on preventive care
- Making sure you understand your plan and benefits
- Exploring mental health resources
- Getting to know your online account
- And more!

* Please note that amounts received through My Rewards may be taxable.

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