



Get started with Teladoc Health

Setting up your account online is quick and easy. Simply visit teladoc.com/register, click "Register Now," and follow the instructions below.

1 Confirm benefits

Provide some information about yourself to confirm your eligibility.

Tell us about you

Enter your information just as it appears on your health insurance card or pay stub.

* Required

First Name*

Last Name*

Email*

Country*

ZIP code*

Sex assigned at birth*

Month of birth*
MM

Day*
DD

Year*
YYYY

☐ I received a Teladoc code from my employer or insurance company

Next

2 Find your coverage

Confirm the coverage that has been matched to you. If a match is found, your care option through your employer group will appear here, like in the example below. Click "Next" to proceed with account set up.

We found a match!

These care options are available with your coverage.

Company ABC

- General Medical

Is this incorrect? [Add new coverage](#) or call us at [1-800-835-7362](tel:1-800-835-7362)

Next

If your current employer is not listed, call 855-656-7243.

Do not check the "I received a Teladoc code from my employer or insurance company".

3 Create account

Enter your contact information, username, password and security questions.

Finish creating your account

* Required

Create your username and password*

Username*

Password*

Confirm password*

Enter your information*

Address*

Address line 2 (Optional)

City*

Country*

State*

ZIP code*

Secure your account*

Security question 1*

Answer 1*

Security question 2*

Answer 2*

Security question 3*

Answer 3*

Visit preferences*

Country

Preferred Phone Number*

Preferred language for visits*

☐ TTY relay service needed (hard-of-hearing, speech impairment, or similar)

How did you learn about Teladoc?

☐ I accept Teladoc's [Notice of Privacy Practices](#), [Terms of Service](#) and [Notice of Nondiscrimination and Language Assistance](#).

Create account

Once your account is created, eligible dependents under 18 years of age can be added in your account settings under the primary member. Dependents older than 18 should follow the steps above to create their own account.

Set up your Teladoc Health account today

Visit Teladoc.com/register | Call 855.656.7243 | Download the app  

*Teladoc Health is not available internationally.

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