



Kerrville Independent School District

1009 Barnett Street
Kerrville, TX 78028
(830) 257-2200

School Health Advisory Council (SHAC) Meeting Minutes

Date: Wednesday, October 14, 2026

The meeting was called to order by **Mrs. Shelby Balser**, Assistant Superintendent of Administration/Human Resources, at **12:00 p.m.**

1. Introductions and Good Things

SHAC members introduced themselves and shared good things to begin the meeting.

2. District Wellness Program Triennial Review

Mr. Scott Anglesey, Director of Child Nutrition for Kerrville ISD, presented the triennial review of the district's wellness program. He provided an overview of the district's wellness plan, nutrition guidelines, wellness goals, and physical activity initiatives.

Mr. Anglesey shared that the complete wellness program is available on the **Kerrville ISD website**.

Each SHAC member received a **Wellness Policy Assessment Tool** to complete and return at the **December meeting**.

3. Teen Mental Health First Aid Program

Mrs. Amy Waiser, Safe & Supportive Counselor, introduced the **Teen Mental Health First Aid** training program. The program is designed to provide high school students with tools to recognize and support peers experiencing mental health challenges or crises. The training will also help relieve some of the pressure students may feel when helping friends through difficult situations.

The program will be offered to **high school students** pending approval by the Kerrville ISD Board of Trustees.

4. Curriculum Goal: Child Abuse, Family Violence, Dating Violence, and Human Trafficking Prevention

SHAC members discussed the goal of recommending prevention curriculum to the **Kerrville ISD Board of Trustees** for approval.

The proposed curriculum will address the following topics:

- **Kindergarten–5th Grade:** Child abuse and family violence prevention
- **6th–12th Grade:** Child abuse, family violence, dating violence, and human trafficking prevention

SHAC members will assist in preparing the curriculum recommendations for presentation to the Board of Trustees for review and approval.

5. Senate Bill 12: Parental Rights

Mrs. Shelby Balser provided a brief overview of **Senate Bill 12**, addressing parental rights and its implications for the district.

SHAC members were given the opportunity to ask questions and seek clarification regarding the legislation.

6. District Good News and Accolades

Dr. Brent Ringo, Superintendent of Kerrville ISD, shared district good news, highlighting recent accomplishments, recognitions, and accolades across the district.

The meeting was adjourned at **12:51 p.m.** by **Mrs. Shelby Balser**.