

STUDENTS

Medications

A. Student Medication at School

1. Any student under medical care and using prescribed medication or homeopathic treatment during school hours must present to the school nurse, the principal, or designee, an order from a physician, a nurse practitioner, or a dentist stating the name of the medication prescribed for the student, the time to be administered, the dosage of medication, and the total duration of treatment. Statement of diagnosis is recommended. Administration of medication at school also requires the written signature of the parent/legal guardian for minor students.
2. All medicine will be secured in the clinic in its original container or in an appropriately labeled pharmacy container. The adult student or parent/legal guardian must transport prescription medication to the student's school. Extenuating circumstances (i.e., asthma) may require modification to this policy and will be considered by the principal on an individual basis. ~~Students may not have possession or control of such medication or treatments.~~ Students may not have possession or control of medication or treatments except as otherwise permitted by this Policy, applicable law, or School Division procedures.
3. Unless written as a prescription, over-the-counter medications or homeopathic treatments will not be administered during school hours.

B. ~~B.~~ Prohibition on recommending psychotropic medications for students.

3. School personnel are prohibited from recommending the use of psychotropic medications for any student. School health staff, classroom teachers or other school professionals are not prohibited from recommending that a student be evaluated by appropriate medical practitioners, or from consulting with such practitioner, with the written consent of the adult student or the parent/legal guardian of a minor student.

C. ~~C.~~ Student self-administration and self -carry of inhaled asthma medications and epinephrine

Students diagnosed with asthma or anaphylaxis, or both, will be permitted to possess and self-administer inhaled asthma medications or auto-injectable epinephrine, or both, on school buses, on school property, or while attending school sponsored events under specific conditions. The Superintendent or designee is authorized to develop regulations and/or protocols for student possession and/or self-administration of inhaled asthma medication or auto injectable epinephrine or both.

B.D. ~~D.~~ Possession and Administration of Epinephrine in Schools

-In accordance with the Code of Virginia § 22.1-274.2 ~~, Possession and self-administration of inhaled asthma medications and epinephrine by certain students or school board employees,~~ and the Virginia School Health Guidelines for Recognition and Treatment of Anaphylaxis in the School Setting, ~~as revised, Anaphylaxis in the School Setting Guidelines~~, the Superintendent or designee are authorized to develop protocols for addressing life-threatening allergy management and the possession and administration of epinephrine in every school.

~~C.E.~~ ~~E.~~ Albuterol Administration to Any Student Experiencing Respiratory Distress

In accordance with Code of Virginia §22.1-274.2 and other applicable law, regulation or protocol, the Superintendent or designee will implement protocols for the possession and administration of undesignated stock albuterol inhalers and valved holding chambers in every

school. Such medication and devices will be administered -by any school nurse, licensed athletic trainer under contract with the school division, an employee of the school division, a local governing body or the local department of health who is authorized -by the local health director and trained in the administration of albuterol inhalers and valved holding chambers for any student believed in good faith to be in need of such medication

FD. -Seizure Rescue Medications

In accordance with Virginia Code §§ 22.1-274.2 and 22.1-274.6, a student enrolled in a secondary school who has a diagnosed condition causing seizures may possess seizure rescue medication during the school day, at school-sponsored activities, or while on a school bus or other school property-. The Superintendent or designee is authorized to develop regulation and/or protocols for student possession and self-administration of seizure medication.

G. Diabetes Management and student self-administration and self-carry of medication and equipment

- 1. -Division wide Diabetes Management Plan.** The Superintendent or designee will develop a divisionwide plan for the care of students diagnosed with diabetes. Interested parents/legal guardians will have the opportunity to provide input on the development and amendment of the divisionwide plan.
- 2. Student self-administration and self-care.** Upon the presentation of written approval from a prescriber and with the consent of the parent/legal guardian if the student is a minor, a student diagnosed with diabetes may be permitted to self-carry and self-administer diabetes medication, supplies, including a reasonable and appropriate short-term supply of carbohydrates, insulin pump, and equipment for immediate treatment of high and low glucose levels. The Superintendent or designee is authorized to develop regulations and/or protocols for student self-carry and administration under this section.

Related Links

[Policy 2-33](#)

[Regulation 2-33.1](#)

[Policy 5-7](#)

[Section 504](#)

Legal Reference

Code of Virginia § 22.1-274.01:1, as amended. Students diagnosed with diabetes; self-care; insertion and reinsertion of insulin pump.

Code of Virginia § 22.1-274.01:2, as amended. School boards; divisionwide plan for the care of students who are diagnosed with diabetes required

Code of Virginia § 22.1-274.2, as amended. Possession and self-administration of inhaled asthma medications, epinephrine, glucagon, and seizure rescue medications by certain students or school board employees. ~~medications and epinephrine by certain students or school board employees.~~

Code of Virginia § 22.1-274.3, as amended. Policies regarding medication recommendations by school personnel.

Code of Virginia § 22.1-274.6, as amended. Seizure management and action plan; training.

Code of Virginia § 8.01-226.5:1, as amended. Civil immunity for school board employees supervising self-administration of certain medication.

Virginia School Health Guidelines (~~Revised July 2025~~~~December 2020~~), as amended. *Recognition and Treatment of Anaphylaxis in the School Setting.*

Virginia Beach City Public Schools (VBCPS) Health Services Manual Protocols (20~~25~~⁴²), as revised, *Hampton Roads Regional Schools Life-threatening Allergy Management Protocol*.

Virginia Beach City Public Schools (VBCPS) Health Services Manual Protocols (20~~25~~⁴²), as amended. *Protocol for Use of Undesignated Stock Albuterol for Students in Respiratory Distress*.

Approved by Superintendent: July 16, 1991

Revised by Superintendent: September 21, 1993 (Effective August 14, 1993)

Revised by Superintendent: May 5, 2009

Adopted by School Board: October 2, 2012

Amended by School Board: October 11, 2022

Amended by School Board: 2026

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