

# November 2026

# Iredell Statesville Schools:

# High School Lunch Menu

Offered Daily: 1/2 pint Milk:

(~carb counts)

**\*\*Menu subject to change\*\***

1% Unflavored (13), Chocolate FF (19) or Strawberry FF (19)

|                                                                                                                                                                                                             |                                                                                                                                                                                                                     |                                                                                                                                                                                          |                                                                                                                                                                                                                        |                                                                                                                                                                                                        |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| PBJ Sandwiches (66)<br>Pepperoni Pizza Wedge (32)<br>Chicken Chunks with Roll (45)<br>Pork BBQ Sandwich(26)<br>Crispy Tater Tots (14)<br>Fresh Baby Carrots (6)<br>Apple Cobbler (42)<br><b>2</b>           | PBJ Sandwiches (66)<br>Hamburger (26) or Cheeseburger (28)<br>Mozzarella Cheese Sticks (32)<br>BBQ Chicken with Roll ( )<br>Sweet Potato Waffle Fries (19)<br>Savory Baked Beans (30)<br>Peach Cup (18)<br><b>3</b> | <b>Early Release Day</b><br><br><b>Manager's Choice</b><br><b>4</b>                                    | Chef Salad (≈10)<br>Chicken Filet Sandwich (39)<br>Beefy Nacho (30)<br>French Bread Pizza (28)<br>Lettuce and Tomato (3)<br>Sweet Yellow Corn (16)<br>Fruit Cup (≈18)<br><b>5</b>                                      | PBJ Sandwiches (66)<br>Spicy Chicken Sandwich (44)<br>Pizza Crunchers (41)<br>Hot Dog with or without Chili (30)<br>Potato Emoticons (19)<br>Creamy Cole Slaw (6)<br>Fruit Ice Cup (22)<br><b>6</b>    |
| PBJ Sandwiches (66)<br>Pizza Crunchers (41)<br>Chicken Tender with Roll (46)<br>Mandarin Chicken with Rice (98)<br>Glazed Carrots (10)<br>Broccoli with Cheese (4)<br>Mandarin Orange Cup (17)<br><b>9</b>  | PBJ Sandwiches (66)<br>Spicy Chicken Chunks with Roll (54)<br>Cheesy Dipping Sticks (28)<br>Fish Sandwich with Cheese (44)<br>Seasoned Potato Wedges (18)<br>Green Beans (4)<br>Mixed Fruit Cup (19)<br><b>10</b>   | <br><b>11</b>                                                                                          | Chef Salad (≈10)<br>Hamburger (26) or Cheeseburger (28)<br>Grilled Cheese Sandwich (32)<br>Sausage Egg & Cheese Griddle (33)<br>Cheesy Broccoli Soup (30)<br>Cinnamon Glazed Yams (35)<br>Fruit Cup (≈18)<br><b>12</b> | PBJ Sandwiches (66)<br>Cheese Pizza Wedge (29)<br>CornDog Nuggets (30)<br>Chicken Filet Sandwich (39)<br>Crispy French Fries (19)<br>Black Eye Peas (20)<br>Fruit Cup (≈18)<br><b>13</b>               |
| PBJ Sandwiches (66)<br>Cheesy Dipping Sticks (28)<br>Chili with Crispy Chips (41)<br>Spicy Chicken Chunks with Roll (54)<br>Sweet Yellow Corn (16)<br>Savory Baked Beans (30)<br>Pear Cup (19)<br><b>16</b> | PBJ Sandwiches (66)<br>Hamburger (26) or Cheeseburger (28)<br>Fiestada Pizza (30)<br>Chicken Tender with Roll (46)<br>Sweet Potato Waffle Fries (19)<br>Broccoli with Cheese (4)<br>Peach Cup (18)<br><b>17</b>     | Chef Salad (≈10)<br>Cheese Pizza Wedge (29)<br>Mac & Cheese with Roll (64)<br>Pork BBQ Sandwich(26)<br>Crispy Tater Tots (14)<br>Creamy Cole Slaw (6)<br>Fruit Ice Cup (22)<br><b>18</b> | Chef Salad (≈10)<br>Spicy Chicken Sandwich (44)<br>Beefy Nachos (30)<br>Pizza Crunchers (41)<br>Crispy French Fries (19)<br>Lettuce and Tomato (3)<br>Baked Apples (24)<br><b>19</b>                                   | PBJ Sandwiches (66)<br>Pepperoni Pizza Wedge (32)<br>Mozzarella Cheese Sticks (32)<br>Chicken Chunks with Roll (45)<br>Potato Emoticons (19)<br>Fresh Baby Carrots (6)<br>Fruit Cup (≈18)<br><b>20</b> |
| PBJ Sandwiches (66)<br>Pizza Crunchers (41)<br>Chicken Filet Sandwich (39)<br>Mandarin Chicken with Rice (98)<br>Glazed Carrots (10)<br>Broccoli with Cheese (4)<br>Applesauce Cup (14)<br><b>23</b>        | PBJ Sandwiches (66)<br>Pepperoni Pizza Wedge (32)<br>Beefy Nacho (30)<br>Cheesy Dipping Sticks (28)<br>Pinto Beans (19)<br>Crispy Tater Tots (14)<br>Mixed Fruit Cup (19)<br><b>24</b>                              | <br><b>25</b>                                                                                         | <br><b>26</b>                                                                                                                      |                                                                                                                                                                                                        |
| PBJ Sandwiches (66)<br>Pepperoni Pizza Wedge (32)<br>Chicken Chunks with Roll (45)<br>Pork BBQ Sandwich(26)<br>Crispy Tater Tots (14)<br>Glazed Carrots (10)<br>Blueberry Cobbler ( )<br><b>30</b>          | <p><b>Kindness is Always on the Menu</b></p> <p><b>Enjoy your lunch and remember:</b></p> <p>♥ <b>Kind words are always a great side dish!</b> ♥</p>                                                                |                                                                                                                                                                                          |                                                                                                                                                                                                                        | <br><b>27</b>                                                                                                     |

Carbohydrate counts for fresh fruit vary widely (5–26) depending on the selection. For exact carbohydrate information, please contact the cafeteria manager.



**Fresh Fruit is Offered Daily**



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