School Health Advisory Council (SHAC)

Regular Meeting Sep 17, 2026

12:00 - 1:00 pm

Topics	Speaker(s) and Notes

• **Introductions**
• **SHAC Description and Purpose: Reviewed**
  ○ The primary purpose of a School Health Advisory Council (SHAC) is to advise school districts on health-related matters, ensuring that health education and policies reflect local community values, as mandated by Texas law. SHACs provide recommendations to school boards on a variety of health issues, including health education, nutrition, physical education, school environment, and health services, with the goal of promoting student and staff well-being and maximizing learning.
• **SHAC Frequently Asked Questions: Reviewed**
  ○ https://tea2.tea.texas.gov/educators/subject-areas/health-and-physical-education/shac-faq-final.pdf
	Mrs. Gibson called the meeting to order, and introductions were made.
	
	Mrs. Gibson reviewed the description and purpose then summarized the FAQ information. She also noted that the FAQ was linked on the Gonzales ISD webpage.

• **GISD Food Services Meal Pattern Changes**	Mr. Wayner was unable to attend the meeting today but will be in attendance during the next meeting to update the group.
• **Methodist Healthcare Ministries**	Janelle Lester Mrs. Lester introduced the group to the resources available through the Methodist Healthcare Ministries.
• **Parent and Community Member Comments/Concerns**	
• **GISD Wellness Plan** ○ Wellness plan on website	Mrs. Gibson informed the group that the website is currently under construction; however, she made sure that all of the

	SHAC links were live and were working.

• **GISD Health Education**
  ○ SHARE 2026-2027 School Year
  ■ GHS: November 19th & 20th
  ■ GJHS: November 16th - 18th (tentative)
  ■ Gonzales North Avenue: December 15th - 17th
  ○ SHARE Parent Night
  ■ Possibly in October
  ○ Norma's House - GE October 16th
  ■ Personal Space and Boundaries
  ■ Safe and Respectful Touch
  ■ Body Safety
  ■ Trusted Adults
  ■ Speaking up and asking for help when something doesn't feel right.
	GISD and the SHARE organization are working on a date and time for the parent meeting.
	
	The SHARE program is an 'opt in' consent from parents, so every student has to have consent from a parent to participate. The group discussed the possible need for sending consents multiple ways (written and electronic).
	
	One parent asked if it is possible for SHARE to be provided during non-core academic time in the day.

• **Family and Community Involvement Potential Ideas**
  ○ The Gonzales Elks Lodge HR Representative shared that her organization is hosting a drug awareness program poster contest and essay contest. She will be passing out information at schools to be distributed to students. The Elks organization also offered to donate red ribbons for the entire student body for red ribbon week.
  ○ It was also noted that the Elks organization has a grant that supports food disparities, and they support surrounding school districts. Mrs. Gibson will be following up to discuss that resource for GISD.
  ○ It was also noted that the Elks organization will be hosting a Trunk or Treat at the Elks Lodge from 5-7 pm on October 10, 2026.
	All

• **Counseling/Guidance and Mental Health Update**
  ○ Referral Process
  ○ Permissions required
• **Health Services Updates**
  ○ Introduction of Hannah Henze, the newly-named GISD Head Nurse
	Ashley Schurig, GISD Mental Health Counselor, reviewed the referral process and the MH Counselor role as compared to a School Counselor role. Referrals for MH Counseling go through the campus-based counselor. Parents must sign consent for MH Counseling. MH Counselors can respond to a crisis situation without parent consent.

• **Recent & Upcoming Happenings** ○ Community Resource Collaboration Group ■ Initial Meeting held on 9/2/26 ■ Suicide Awareness Event held on 9/9/26 on Heroes Square Downtown Gonzales ■ Next meeting scheduled for 9/30/26 ○ GISD ■ September 21st - Gather & Grow (5:00 pm): Theme for Training is Teen Mental Health ■ October 19th - District Blood Drive	Red Ribbon Week will be celebrated October 26-30. Mid-Coast Family Services will be providing Red Ribbon Rallies at GNA, JH, and GHS.
• **Important Dates** ○ Next SHAC Meeting: _____	The next SHAC meeting will be on December 17 from 12-1 pm.
• **Questions/Concerns/Comments**	There were no additional questions or concerns, and the meeting was adjourned.

Current Action Items

Item	Due Date	Delegated to?