



Elementary Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 TRIPLE BERRY CRUNCH BAR (2) GO-GURT (1) FRESH FRUIT (1) CHOICE OF MILK (1)	2 CHEF'S CHOICE (1-2) FRUIT OF THE DAY (1) 100% FRUIT JUICE (1) CHOICE OF MILK (1)
5 CEREAL VARIETY (1) GRAHAM (1) APPLESAUCE CUP (1) CHOICE OF MILK(1)	6 BANANA BREAD (2) GRAHAMS (1) FRUIT OF THE DAY (1) 100% FRUIT JUICE(1) CHOICE OF MILK(1)	7 BLUEBERRY BREAD (1) GO-GURT (1) CRUNCHABLES (1) CHOICE OF MILK (1)	8 SOFT BAKED BAR (2) CHEESE CUBES (1) FRESH APPLE (1) CHOICE OF MILK (1)	9 CHEF'S CHOICE (1-2) FRUIT OF THE DAY (1) 100% FRUIT JUICE (1) CHOICE OF MILK (1)
12 CEREAL VARIETY (1) GRAHAM (1) APPLESAUCE CUP (1) CHOICE OF MILK(1)	13 MINI BLUEBERRY LOAF (1) GRAHAMS (1) FRUIT OF THE DAY (1) 100% FRUIT JUICE(1) CHOICE OF MILK(1)	14 MINI BAGEL W/ CREAM CHEESE (2) GO-GURT (1) SOUR RAISINS (1) CHOICE OF MILK (1)	15 WG DONUT (2) CHEESE STICK (1) FRESH FRUIT (1) CHOICE OF MILK (1)	16 CHEF'S CHOICE (1-2) FRUIT OF THE DAY (1) 100% FRUIT JUICE (1) CHOICE OF MILK (1)
19 CEREAL VARIETY (1) GRAHAM (1) APPLESAUCE CUP (1) CHOICE OF MILK(1)	20 PUMPKIN BREAD (2) GRAHAMS (1) FRUIT OF THE DAY (1) 100% FRUIT JUICE(1) CHOICE OF MILK(1)	21 EGGO WAFFLE GRAHAMS (2) CHEESE STICK (1) CRUNCHABLES (1) CHOICE OF MILK (1)	22 WG CHOCOLATE CHIP MUFFIN (2) GO-GURT (1) FRESH APPLE (1) CHOICE OF MILK (1)	23 CHEF'S CHOICE (1-2) FRUIT OF THE DAY (1) 100% FRUIT JUICE (1) CHOICE OF MILK (1)
26 CEREAL VARIETY (1) GRAHAM (1) APPLESAUCE CUP (1) CHOICE OF MILK(1)	27 MINI BANANA LOAF (1) GRAHAMS (1) FRUIT OF THE DAY (1) 100% FRUIT JUICE(1) CHOICE OF MILK(1)	28 YOGURT CUP (1) GRANOLA (1) CRAISINS (1) CHOICE OF MILK (1)	29 BENEFIT BAR (2) CHEESE CUBES (1) FRESH FRUIT (1) CHOICE OF MILK (1)	30 CHEF'S CHOICE (1-2) FRUIT OF THE DAY (1) 100% FRUIT JUICE (1) CHOICE OF MILK (1)

REMEMBER TO CHOOSE UP TO 3 ITEMS AND THAT ONE MUST BE A FRUIT!

(ITEM NUMBERS ARE IN BRACKETS)

WE PROVIDE 1% WHITE MILK AND FAT FREE CHOCOLATE MILK EVERYDAY!

**STUDENTS CAN TAKE UP TO ONE CUP OF FRUIT FOR BREAKFAST. FRUIT IS
PACKAGED IN 1/2 CUP SERVINGS.**

