



Cache County School District

Policy Series 3000: Students

Policy No. 3250 P7

Procedure for Administration of Adrenal Crisis Rescue Medication

- A. An adrenal crisis rescue medication may be administered by a trained and authorized employee in accordance with [Utah Code § 53G-9-507](#).
- B. A parent/guardian of a student with Adrenal Insufficiency may submit an “Adrenal Insufficiency Crisis Rescue Authorization” form which:
 - 1. certifies that a licensed health care provider has prescribed adrenal crisis rescue medication for the student;
 - 2. describes the specific medication, dose, and instructions for administration;
 - 3. requests that the school identify and train personnel who volunteer to administer the medication; and
 - 4. authorizes a trained school employee volunteer to administer the medication when needed.
- C. Upon receipt of the authorization, the school shall:
 - 1. inform school employees of the opportunity to volunteer to be trained in the administration of adrenal crisis rescue medication;
 - 2. ensure that no employee is compelled or prohibited from volunteering; and
 - 3. if no volunteers are found, the school will call 911 and share the authorization with EMS upon arrival.
- D. Eligibility: A volunteer school employee must:
 - 1. be employed at a school where at least one student has an adrenal crisis rescue authorization;
 - 2. be at least 18 years of age;
 - 3. volunteer to receive training.;
 - 4. complete a training program described below;
 - 5. demonstrate competency on an assessment following training; and
 - 6. complete annual refresher training each year.
- E. Training requirements include:
 - 1. training shall be provided by the school nurse using a program developed by the Utah Department of Health and Human Services or the district nursing department;
 - 2. initial and annual training will be provided by the school nurse and shall include:
 - a. recognition of symptoms of adrenal crisis requiring medication;
 - b. standards and procedures for storage and use of adrenal rescue medication;

- c. emergency procedures, including calling 911 and notifying the student's parent/guardian;
 - d. review of the provider's order and the student's individualized health plan; and
 - e. written materials covering the above information.
- 3. competency be demonstrated by successful completion of an assessment; and
- 4. annual refresher training required for all trained personnel.
- F. A trained employee may administer the adrenal crisis rescue medication to a student meeting the following conditions:
 - 1. the student is exhibiting symptom(s), described in the student's Medical Order, that warrants the administration of the adrenal crisis rescue medication; and
 - 2. a licensed health care provider is not immediately available to administer it.
- G. If a trained volunteer is not available, the school will call EMS/911 and share the authorization with EMS upon arrival.

Updated: June 18, 2026