

9th Grade Parent Night

October 13, 2026

Agenda

01 School Counseling Overview

02 Transition to High School

03 Academic & Extracurricular Opportunities

04 Future Pathways



Agenda

01 *School Counseling Overview*



School Counseling

School counselors are:

Certified educators who improve student success for ALL students by implementing a comprehensive school counseling program. School counselors work to maximize student success, promoting access for all students. As vital members of the school leadership team, school counselors are PROACTIVE and create a school culture of success for all.

School counselors help all students:

- **apply academic achievement strategies**
- **manage emotions and apply interpersonal skills**
- **plan for future postsecondary options (higher education, military, work force)**

(American School Counselor Assoc.)



Meet the Counselors



Mrs. Megan Beatty



Mr. Brian Gregson



Mr. Rayhan Jalil



Mrs. Stacy Mandel



Mr. Jim O’Hara



Mrs. Joan Stewart

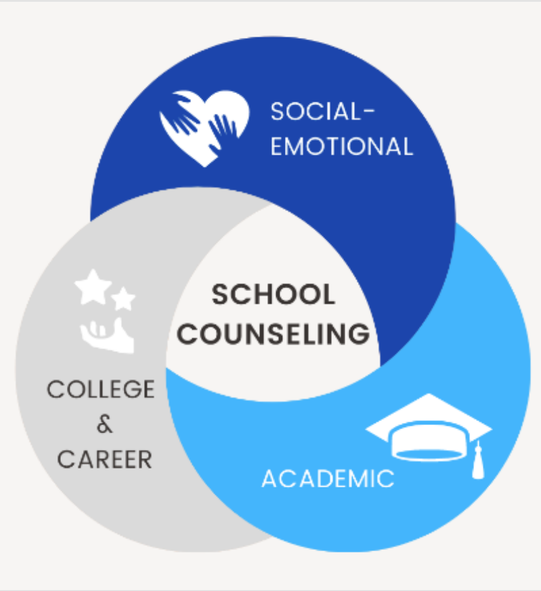
School Counseling Support



What to expect in the high school...

- Individual Meetings
- Group Push-in Lessons
- Walk-in support
- Academic Support & Interventions
- Course Planning each year
- Supporting student SEL growth
- Individualized College & Career Planning
- Parent Programs each year
- Newsletters
- Website for reference

School Counseling



1. *Academic*

- academic support and interventions
- four year course planning
- connect to support services
- career pathway advisement

2. *Social Emotional*

- individual counseling
- self-awareness, self-management, decision making
- helping students better understand themselves

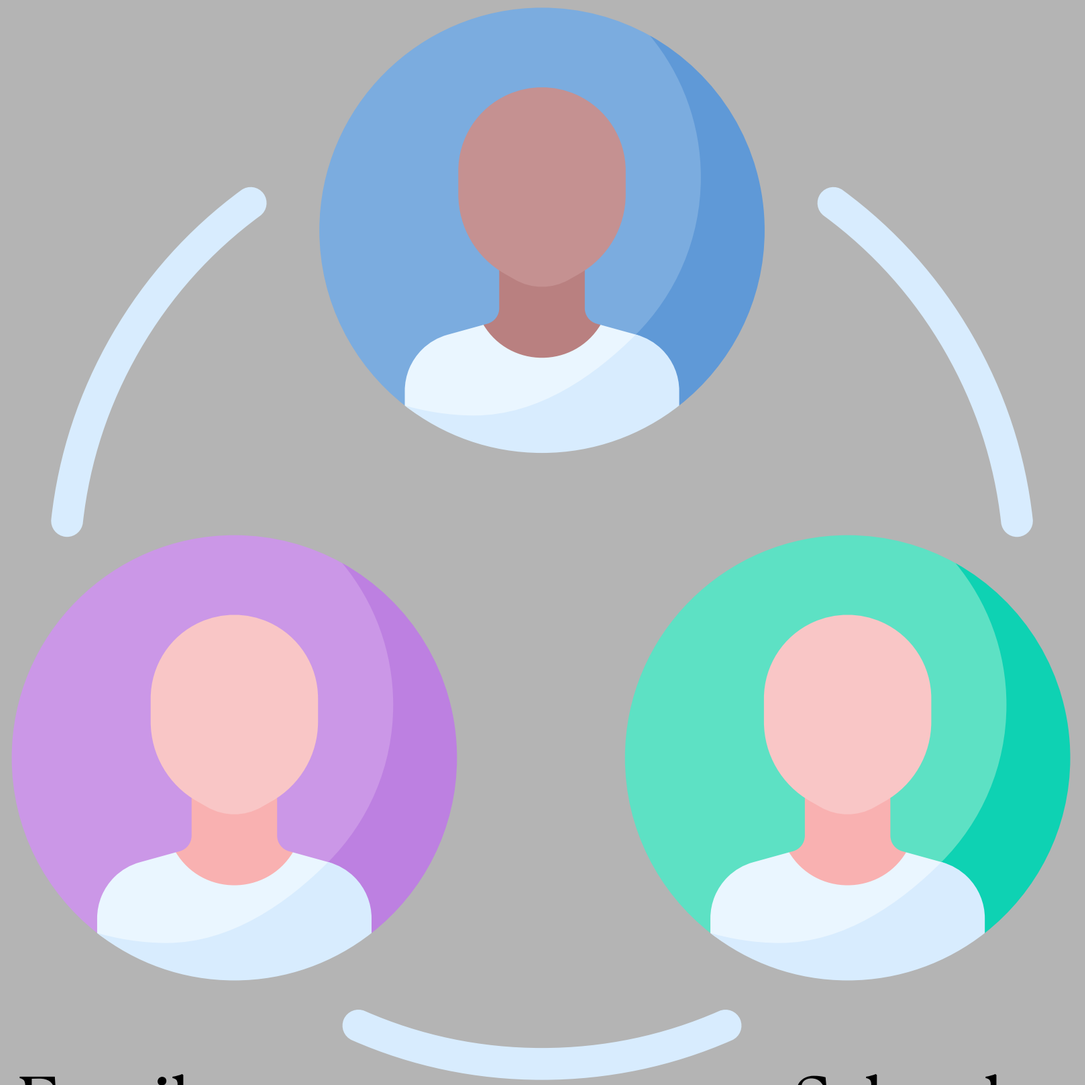
3. *College & Career Planning*

- Course Selection advising
- comprehensive college and career planning
- Junior Conferences
- Standardized Testing Planning
- College Rep Visit Program for 11th and 12th graders

Self-Discovery



Student



Family

School

Mahwah High School

School Counseling Newsletter

October 2025



INSIDE, WE ALSO TALK ABOUT:

- Page 2-3 - College Corner
- Page 4 - Academics & Student Support
- Page 5 - Important Dates
- Page 6, 7 - More information

Dear Students and Families,

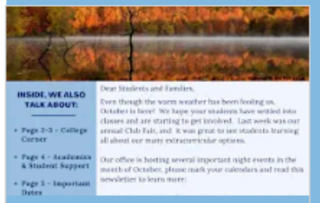
Even though the warm weather has been fooling us, October is here! We hope your students have settled into classes and are starting to get involved. Last week was our annual Club Fair, and it was great to see students learning all about our many extracurricular options.

Our office is hosting several important night events in the month of October, please mark your calendars and read this newsletter to learn more:

- Monday October 6th - Healthy Kids presentation by Tim Shoemaker, 6pm Auditorium - 6pm
- Thursday October 9th - Senior Parent/Student Night - 6pm
- Tuesday October 14th - Financial Aid Night - 6pm
- Thursday October 23rd - 9th Grade Parent Night - 6pm

Jim O'Hara
Director of School Counseling, K-12

Newsletters & Presentations



October 2025 Newsletter

Counseling Newsletters contain valuable information in preparing for your post-secondary journey.



12th Grade Parent Presentations

Counseling Presentations contain valuable information in preparing for your graduation and your post-secondary journey. This presentation was given on October 9, 2025 in the auditorium.



September 2025 Newsletter

Counseling Newsletters contain valuable information in preparing for your post-secondary journey.



August 2025 Newsletter- Seniors

Counseling Newsletters contain valuable information in preparing for your post-secondary journey.

PARENT ACADEMY

Agenda

01 *School Counseling Overview*

02 *Transition to High School*




Elementary
Middle
High
School



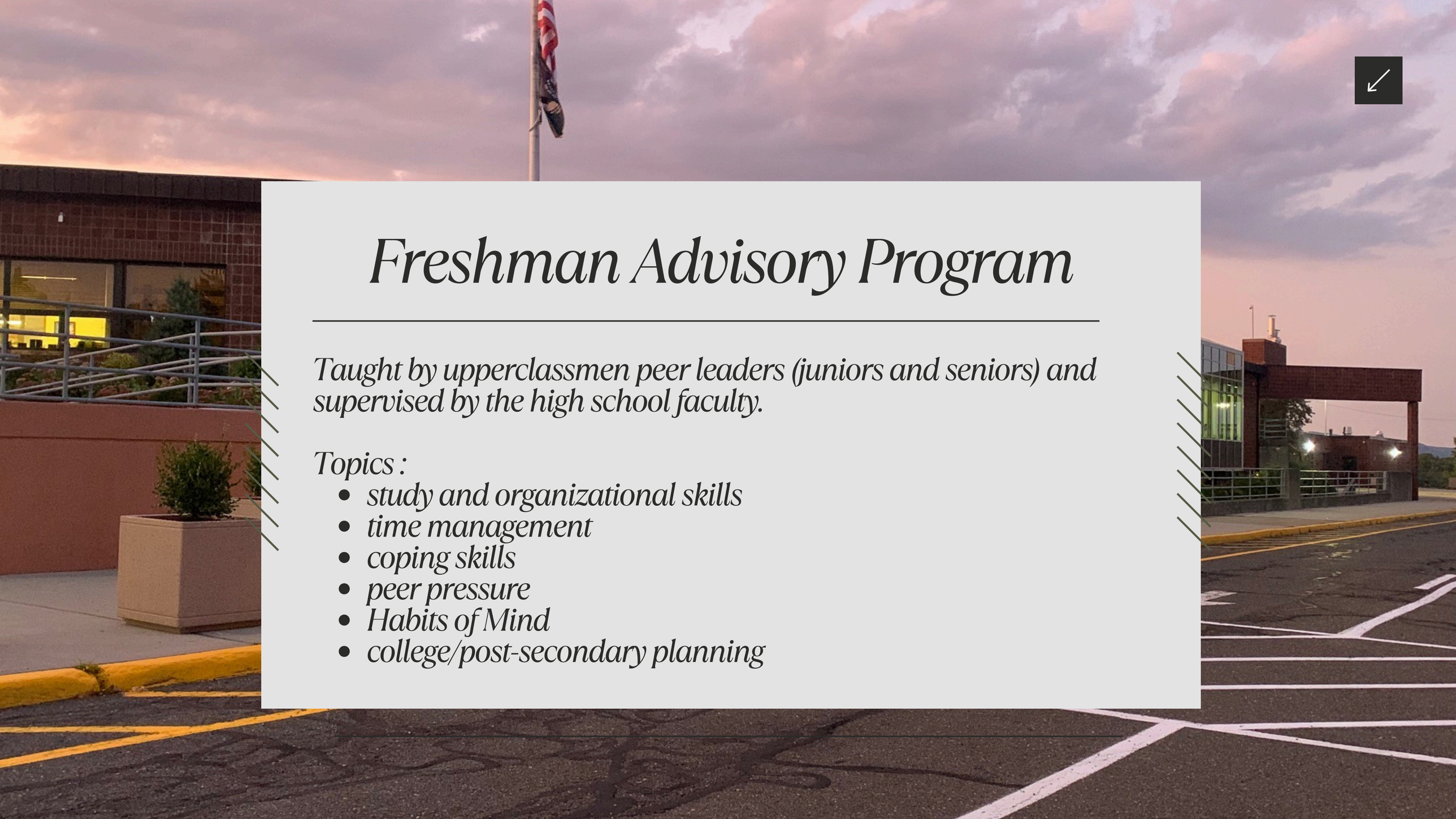
Freshmen Transition

What's new

- Environment
- Schedule
- Expectations
- Communication
- Reaching out for help
- Decision making

Supports Available

- 9th Grade Orientation Program - August
- Freshman Adivsory Program
- School Counselor
- Teachers
- NHS Tutors
- Accountability



Freshman Advisory Program

Taught by upperclassmen peer leaders (juniors and seniors) and supervised by the high school faculty.

Topics :

- *study and organizational skills*
- *time management*
- *coping skills*
- *peer pressure*
- *Habits of Mind*
- *college/post-secondary planning*

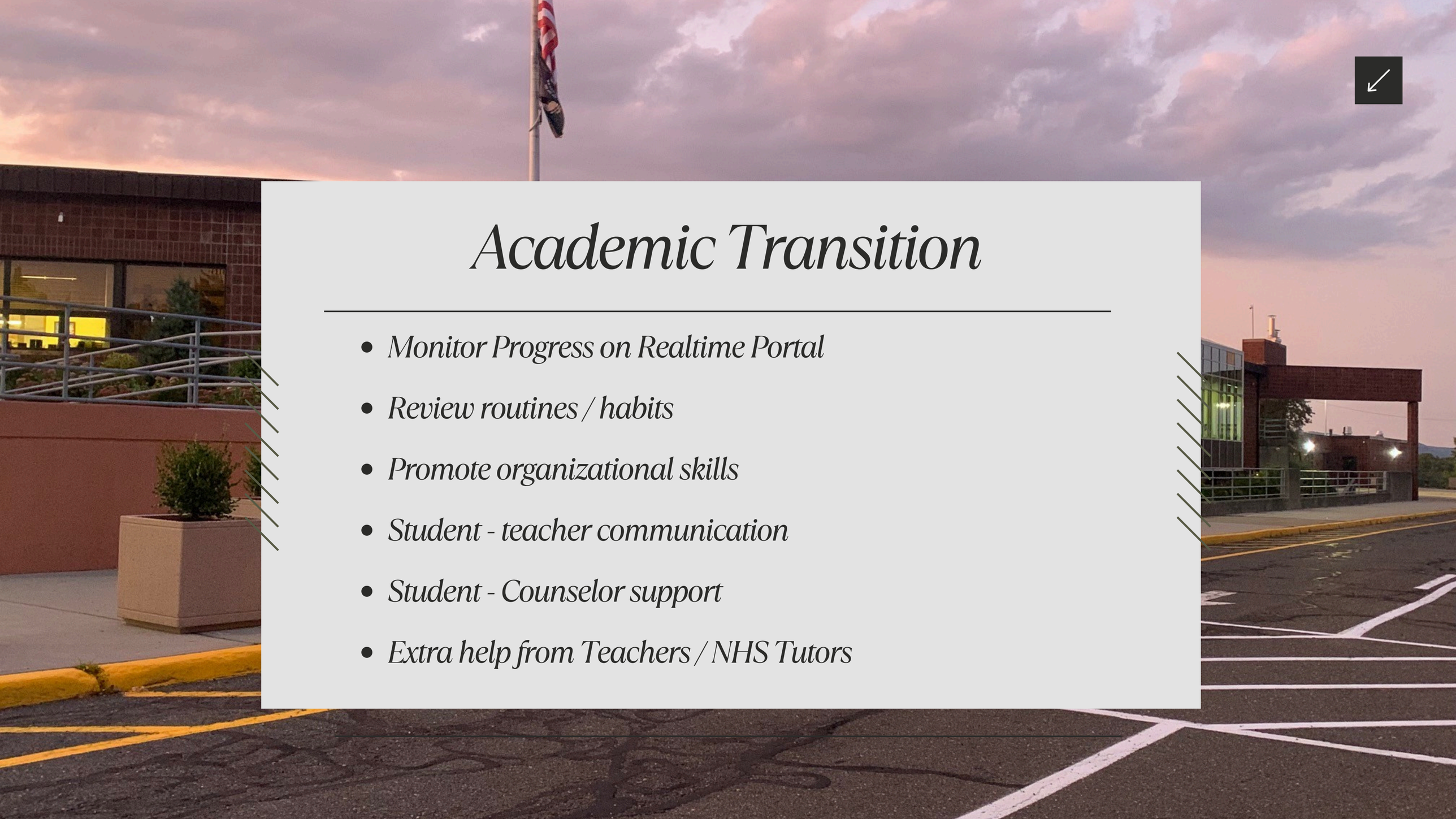


Counselor 1 on 1 Meetings

In addition to class wide assembly and Freshman Advisory Push In, this year School Counselors are implementing structured Transition Meetings with all Ninth Graders.

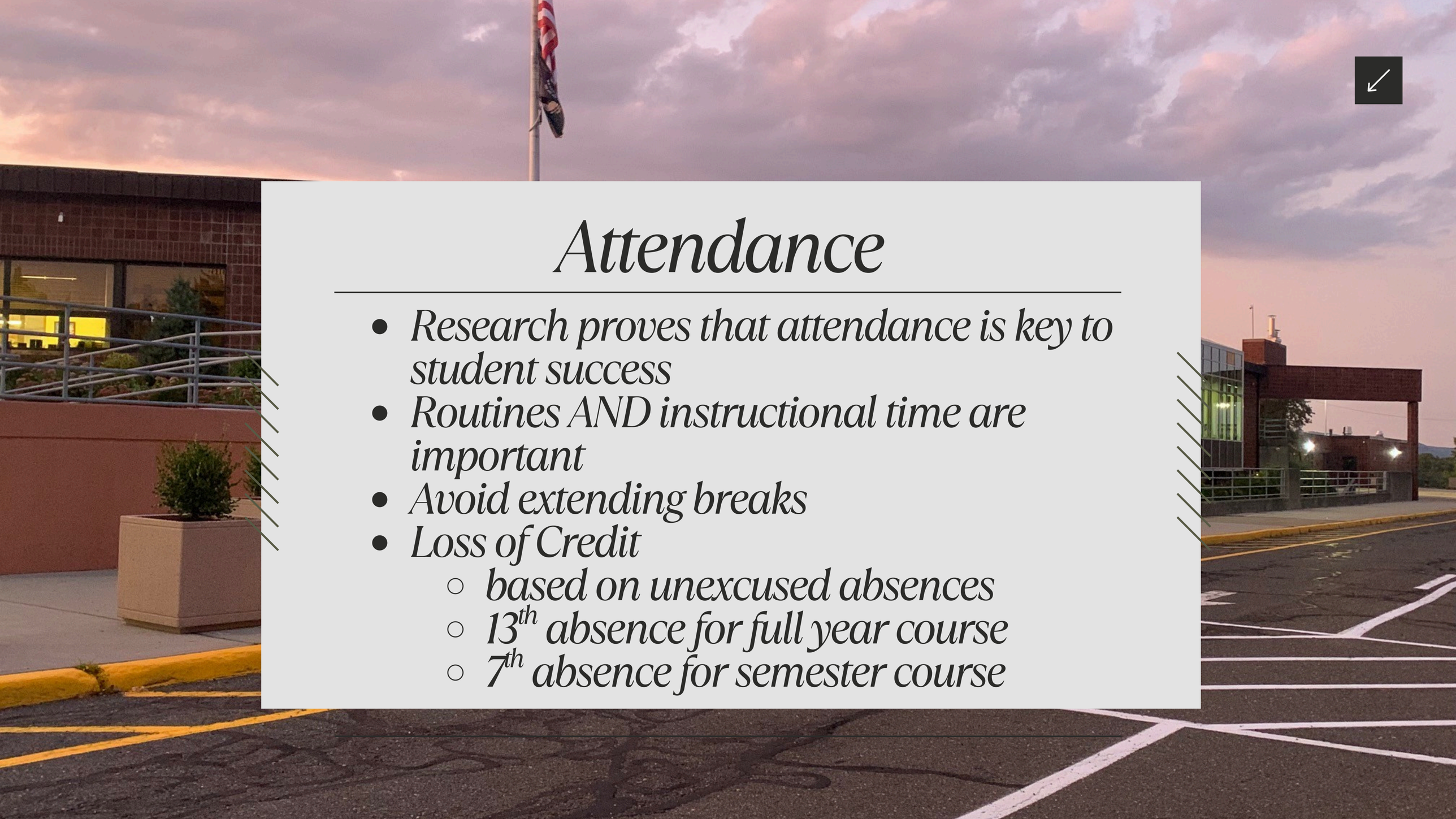
Sample Questions:

- *Tell me about your family?*
- *Who do you like to spend time with?*
- *Do you have any hobbies?*
- *Do you participate in any clubs or sports?*
- *Favorite subject in school?*
- *What is one goal that you have for this year?*
- *What do you want to be when your grow up?*



Academic Transition

- *Monitor Progress on Realtime Portal*
- *Review routines / habits*
- *Promote organizational skills*
- *Student - teacher communication*
- *Student - Counselor support*
- *Extra help from Teachers / NHS Tutors*



Attendance

- Research proves that attendance is key to student success
- Routines AND instructional time are important
- Avoid extending breaks
- Loss of Credit
  - based on unexcused absences
  - 13th absence for full year course
  - 7th absence for semester course



Supporting Your Child

- *Encourage your child to advocate for themselves*
- *Let them know you are monitoring progress*
- *Encourage student to make best decisions for themselves*
- *“Fail forward”*
- *Expand Connections - get involved*
- *Clean Slate & Fresh Start*

from Grown and Flown

Agenda

01 *School Counseling Overview*

02 *Transition to High School*

03 *Academic & Extracurricular Opportunities*



Sally Sample
Student ID: 12345
Counselor: Dominick Gliatta

Mahwah High School
Grade: 09
Locker: 1234 54-23-11

2018-2019 Marking Period: 1
Homeroom: 104 -
DOB: 07/08/2001

Time Block	Day One	Day Two	Day Three	Day Four
0	Symphonic Band 0711/01 Teacher: J. Bittner Room: 103	Symphonic Band 0711/01 Teacher: J. Bittner Room: 103	Symphonic Band 0711/01 Teacher: J. Bittner Room: 103	Symphonic Band 0711/01 Teacher: J. Bittner Room: 103
1	Social Media in Business 0656/01 Teacher: J. Saputski Room: 104	Effective Comm 0143/01 Teacher: J. Nahum Teacher: A. Dolan Room: 303BS	Hnrs. English 9 0114/01 Teacher: E. Lefford Room: 245	Hnrs. World Hist. 0345/01 Teacher: R. Fuchs Room: 235
2	Effective Comm 0143/01 Teacher: J. Nahum Teacher: A. Dolan Room: 303BS	Hnrs. English 9 0114/01 Teacher: E. Lefford Room: 245	Hnrs. World Hist. 0345/01 Teacher: R. Fuchs Room: 235	Social Media in Business 0656/01 Teacher: J. Saputski Room: 104
3	Hnrs. English 9 0114/01 Teacher: E. Lefford Room: 245	Hnrs. World Hist. 0345/01 Teacher: R. Fuchs Room: 235	Social Media in Business 0656/01 Teacher: J. Saputski Room: 104	Effective Comm 0143/01 Teacher: J. Nahum Teacher: A. Dolan Room: 303BS
LCH	Freshman Advisory/Lunch Cafeteria - WEDNESDAY 7: (Sup: Day 2) 1200/07 Teacher: J. Meang Teacher: A. Herrera Teacher: C. Kaiser Teacher: E. Cording Teacher: R. Fuchs Room: 240	Freshman Advisory/Lunch Cafeteria - WEDNESDAY 7: (Sup: Day 2) 1200/07 Teacher: J. Meang Teacher: A. Herrera Teacher: C. Kaiser Teacher: E. Cording Teacher: R. Fuchs Room: 240	Freshman Advisory/Lunch Cafeteria - WEDNESDAY 7: (Sup: Day 2) 1200/07 Teacher: J. Meang Teacher: A. Herrera Teacher: C. Kaiser Teacher: E. Cording Teacher: R. Fuchs Room: 240	Freshman Advisory/Lunch Cafeteria - WEDNESDAY 7: (Sup: Day 2) 1200/07 Teacher: J. Meang Teacher: A. Herrera Teacher: C. Kaiser Teacher: E. Cording Teacher: R. Fuchs Room: 240
4	Biology CPE 0524/06 Teacher: M. Devine Room: 110	Biology CPE 0524/06 Teacher: M. Devine Room: 110	Algebra 1 CPE 0415/05 Teacher: S. Scheuermann Room: 106	Spanish 2 0224/07 Teacher: C. Acosta Room: 122
5	Biology CPE 0524/06 Teacher: M. Devine Room: 110	Algebra 1 CPE 0415/05 Teacher: S. Scheuermann Room: 106	Spanish 2 0224/07 Teacher: C. Acosta Room: 122	PE 9 - PE 0913A/06 Teacher: V. Vespe Teacher: C. Diaz Teacher: C. Yeck Room: 400 GYM
6	Algebra 1 CPE 0415/05 Teacher: S. Scheuermann Room: 106	Spanish 2 0224/07 Teacher: C. Acosta Room: 122	PE 9 - PE 0913A/06 Teacher: V. Vespe Teacher: C. Diaz Teacher: C. Yeck Room: 400 GYM	Biology CPE 0524/06 Teacher: M. Devine Room: 112
A1				



printed on: 10/08/2018

MHS GRADUATION REQUIREMENTS Courses	*Years of Study*	*Credits*
English	4	20
Math (Algebra 1, Geometry, Algebra 2)	3	15
Science (Biology, Chemistry, & Physics)	3	18
Social Studies (World History, US I, & US 2)	3	15
World Languages (same language)	2	10
PE/Health	4	16-20
Performing/Visual Arts	1	5
21st Century Career & Life Skills or Career & Technical Education	1	5
Financial Literacy	0.5	2.5
Electives	4	16-20
Freshman Advisory	**1**	**1**
Testing Assessment: NJGPA		
TOTAL		**125**

COURSES	FRESHMAN	SOPHOMORE	JUNIOR	SENIOR
1	English 9	English 10	English 11	English 12
2	World History	US History 1	US History 2	Social Studies
3	Mathematics	Mathematics	Mathematics	Mathematics
4	Biology	Chemistry	Physics	Science
5	World Language	World Language	World Language	World Language
6	Visual, Performing, or Practical Arts Elective	Visual, Performing, or Practical Arts Elective	Financial Literacy	Elective
7	Physical/Health Education 9	Physical/Driver Education	Physical/Health Education 11	Physical/Health Education 12
8	Elective	Elective	Elective	Elective
9	Lunch/Freshman Advisory	Lunch	Lunch	Lunch

NJ Department of Education requires 5 credits from Visual/Performing Arts Electives for graduation – Most courses from Visual Arts Department, Music Department, and Theater Department fulfill this requirement.

NJ Department of Education requires 5 credits from 21st Century Life & Careers OR Career-Technical Education for graduation – Most courses from Business Department, Integrative Design & Engineering Department, as well as Transition Planning, Life Skills, Structured Learning Experience fulfill this requirement.

Mahwah High School

50 Ridge Road
Mahwah, NJ 07430
Phone: 201-762-2300
Fax: 201-512-0949

Student Transcript

CEEB Code: 310-742
Accredited: NJ State Department of Education

Sample, Sally
Student ID: 3522545
NJSID: 738750888888
42 Holiday Court
Mahwah NJ 07430
Counselor: Dominick Gliatta

Graduation Date:
Cumulative Weighted GPA: 101.370
Cumulative Credits: 128.50

Parent/Guardian:
Sal & Samantha Sample
DOB: 04/19/06 **Gender:** F
District Entry Date: 09/07/2011

Course	Grade	Credits
Mahwah High School	**Grade: 09**	**2021**
Freshman Advisory 1:45-2:15: Lunch=Cafe TUESDAY 2	P	1.00
Biology CPE	96	6.00
English 9 CPE	92	5.00
Geometry CPE	97	5.00
Hnrs. Spanish 2	91	5.00
Hnrs. World Hist.	96	5.00
PE / Health 9	100	4.00
Social Media in Business	99	2.50
Sports and Entertainment Management	97	2.50
Visual Arts	97	5.00
Credits Attempted: 41.00	**Earned: 41.00**	
Unweighted Average: 95.78		

Course	Grade	Credits
Mahwah High School	**Grade: 10**	**2022**
Business & Personal Law	97	2.50
Chemistry CPE	93	6.00
Hnrs. Algebra 2	94	5.00
Hnrs. English 10	96	5.00
Hnrs. Spanish 3	92	5.00
Hnrs. US Hist 1	94	5.00
Intr Wood & Furn Design	99	5.00
Marketing & Advertising	97	2.50
PE (Opt.2) MP3 LD3	P	1.00
PE / Dr. Ed.10	100	3.00
Credits Attempted: 40.00	**Earned: 40.00**	
Unweighted Average: 95.33		

Course	Grade	Credits
Mahwah High School	**Grade: 11**	**2023**
AP Eng Lang/Comp	96	5.00
AP Statistics	95	5.00
AP US History	95	5.00
Financial Literacy	95	2.50
Hnrs. Physics	91	6.00
Hnrs. Pre-Calc	95	5.00
Hnrs. Spanish 4	93	5.00
Journalism: A Study in Print Media	95	2.50
PE/Health 11	100	4.00
Peer Leaders ALL LEADERS!	P	2.50
Credits Attempted: 42.50	**Earned: 42.50**	
Unweighted Average: 94.79		

Course	Grade	Credits
Mahwah High School	**Grade: 12**	**2024**
AP Calculus BC		0.00
AP Eng. Lit/Comp		0.00
AP Govt. & Politics		0.00
AP Psychology		0.00
Biotech Engineering		0.00
Forensic Science		0.00
Hnrs. Spanish 5		0.00
PE/Health 12		0.00
Credits Attempted: 38.00	**Earned: 0.00**	
Unweighted Average: 0.00		

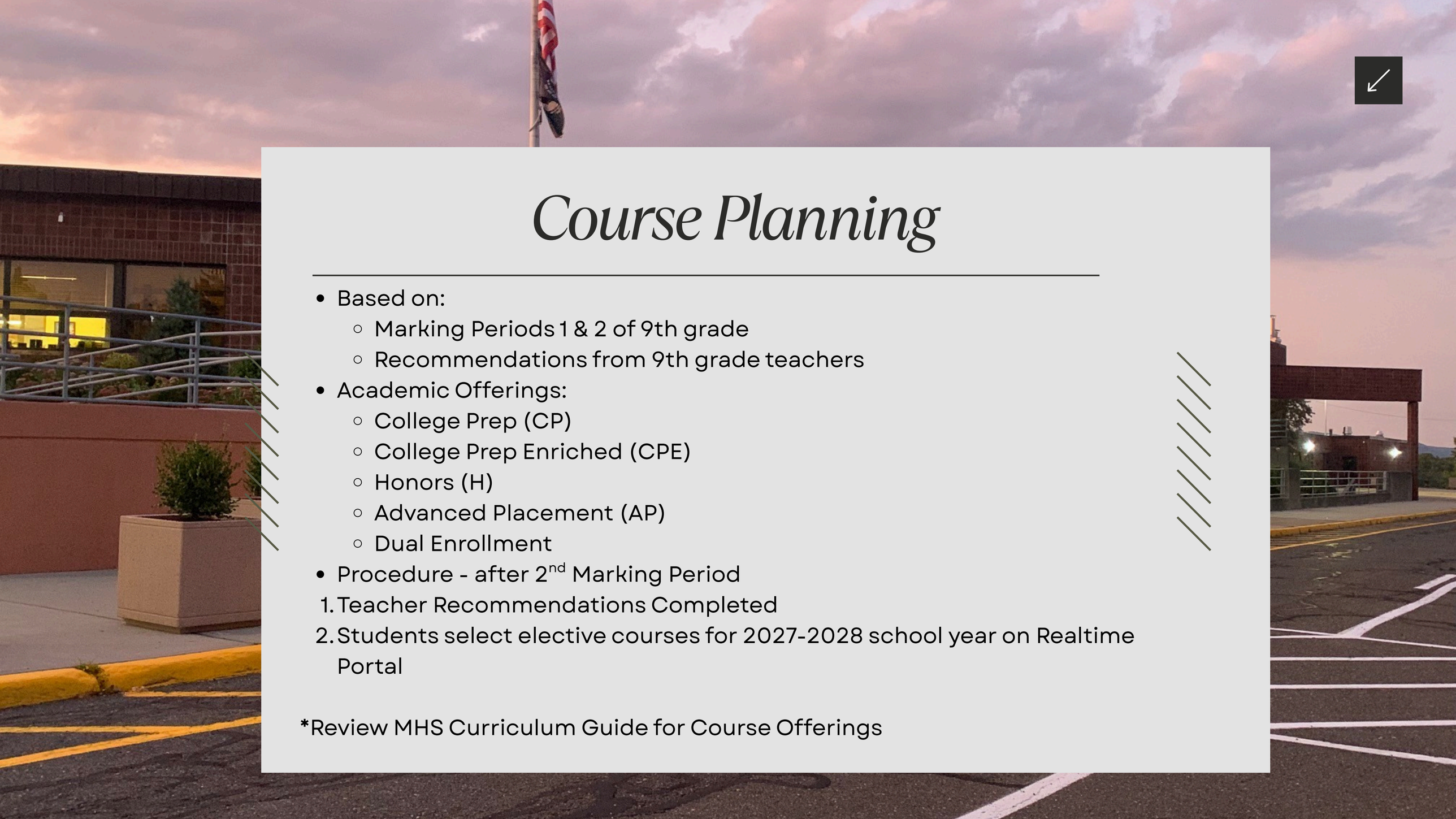
Grades Legend

Marking System: Numerical- Passing Grade 65
P or P-m = Pass
F = Failing
AUD- Audit
N- No Credit Due To Attendance
AW- Admin Withdraw
W- Withdraw
WP- Withdraw Pass
WF- Withdraw Fail
WA-Withdraw Attendance

Sally has earned a Career Pathway endorsement in **Government and Social Sciences**. To earn this endorsement, **Sally** completed an academic concentration of study, participated in a co-curricular application of skills and engaged in a community-based learning experience. Info at: https://www.mahwah.k12.nj.us/site/Default.aspx?PageID=1309

Official Signature: _____ Date Printed: 10/04/2023

Transcript is unofficial unless signed & sealed by a school official



Course Planning

- Based on:
  - Marking Periods 1 & 2 of 9th grade
  - Recommendations from 9th grade teachers
- Academic Offerings:
  - College Prep (CP)
  - College Prep Enriched (CPE)
  - Honors (H)
  - Advanced Placement (AP)
  - Dual Enrollment
- Procedure - after 2nd Marking Period

1. Teacher Recommendations Completed
2. Students select elective courses for 2027-2028 school year on Realtime Portal

*Review MHS Curriculum Guide for Course Offerings

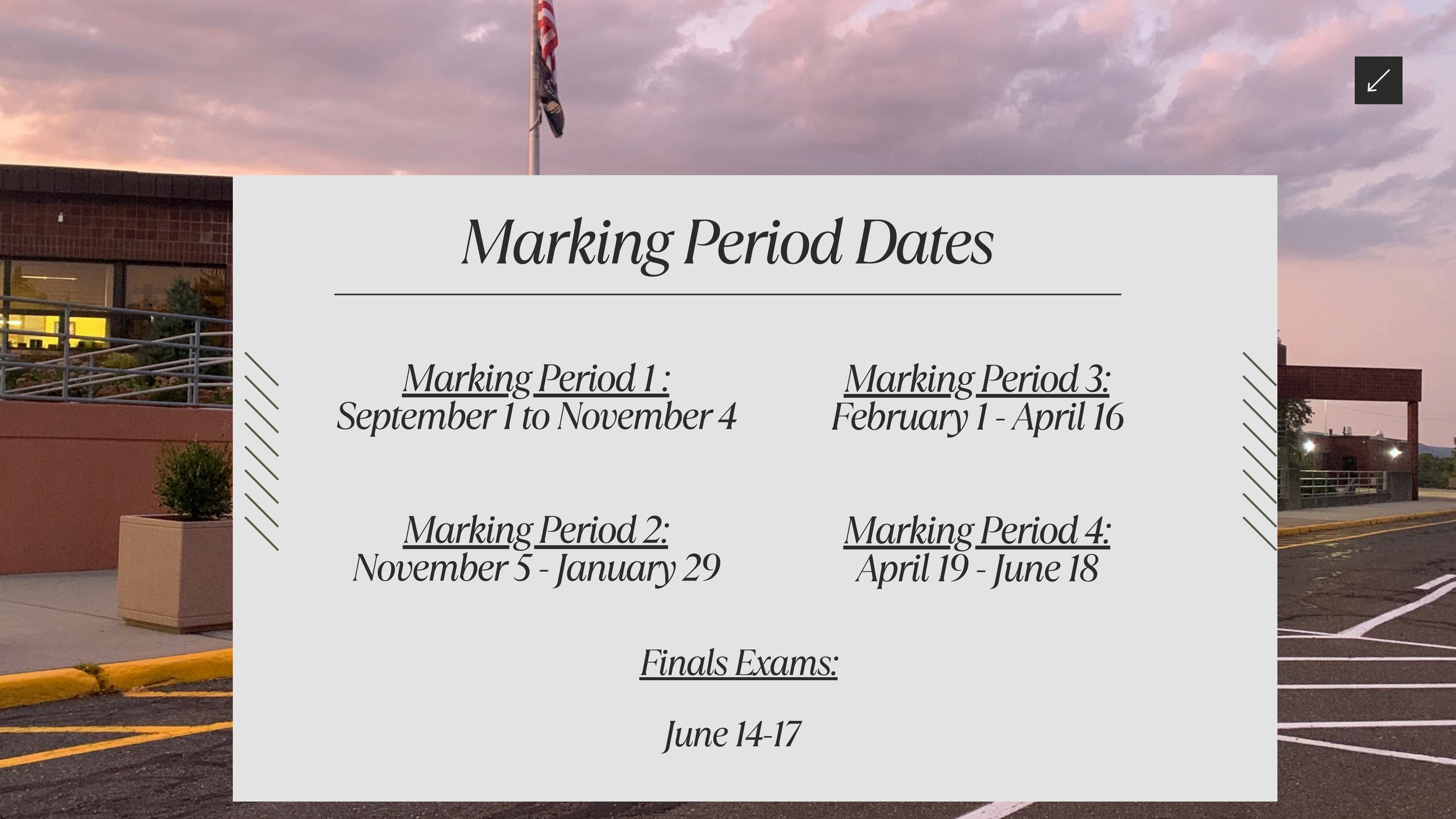
Program of Studies

2025-2026









Marking Period Dates

Marking Period 1 :
September 1 to November 4

Marking Period 2:
November 5 - January 29

Marking Period 3:
February 1 - April 16

Marking Period 4:
April 19 - June 18

Finals Exams:

June 14-17



Get Involved!

Student Leadership:
Student Government Association (SGA)
SGA and Class Officers

Clubs - Publications:
Graphic Arts Design Collective
Literary Magazine - Calliope
Newspaper Tom-Tom
Yearbook - Thunderbird

Clubs - Service Clubs:
Asian American Awareness
Athletes in Action
Club of Cultural Appreciation
Fellowship Christian Athletes
Girls Learn International
G S A Genders & Sexualities Alliance
Habitat For Humanity
H O P E Helping Our Peers Everyday
INTERACT Rotary Club
Leo Club USR Lions Club
R E B E L Reaching Everyone By Exposing Lies
TEEEMS

Academic & STEAM:
Academic Decathlon
Automobile Club
Battle of Books
Bergen County Mathematics League
Chess Club
Current Events Club
Distributive Education Club of America
Future Medical Professionals
Girls Excelling in Math and Science GEMS
Mock Trial
Model UN
New Jersey Mathematics League
Robotics Club Team 1672
School Store
Science Club and NJ Science League
Sports Talk Club
Technology Student Association (TSA)
Woodworking Club
Young Politicians Club

Clubs- Performance and Art:
Animation Club
Art Club
Audio Visual Team
Chamber Voices
Digital Photography Club
Graphic Arts Design Collective
Jazz Ensemble
Marching Thunderbirds Color Guard
Marching Thunderbirds
Select Strings
Theater Set Construction
Theater Set Design
Theater Stage Crew
Theater Drama Club
Thunderbird Indoor Percussion
Thunderbird Winterguard



Sports

Fall	Winter	Spring
Boys' & Girls' Cross Country	Boys' & Girls' Basketball	Baseball
Cheerleading	Boys' & Girls' Bowling	Boys' & Girls' Lacrosse
Football	Wrestling	Softball
Boys' & Girls' Soccer	Boys' & Girls' Indoor Track	Boys' & Girls' Golf
Volleyball	Ice Hockey	Boys' & Girls' Track & Field
Girls' Tennis	Cheerleading	Boys' Tennis
	Swimming/Diving	

Agenda

01 School Counseling Overview

02 Transition to High School

03 Academic & Extracurricular Opportunities

04 Future Pathways



Career Pathways Program

Mahwah High School

Thunderbirds: What's your *Flight Path?*

Collaborate • Innovate • Transform





- *Biotechnology Research & Health Science*
- *Business Administration*
- *Engineering & Technology*
- *Government & Social Sciences*
- *Information & Computer Science Technology*
- *Performing & Communication Arts*
- *Technical, Career & Community*
- *Visual Integrated Design*

LEARN MORE

Contact Your Guidance Counselor Today!

Pathway: Engineering and Technology

Career Cluster: Science, Technology, Engineering, Arts, and Mathematics

Recommended Course Plan	Required Core Science and Mathematics Courses	Engineering and Technology Pathway	Occupations Related to this Pathway
4 years English Language Arts 4 years Social Studies 4 years Science 4 years Mathematics 4 years World Languages 4 years Physical Education/Health 1 year Visual/Media/Performing Arts 1 year Business/Practical Arts 1 Semester Financial Literacy Freshman Advisory Note: The career pathways are suggested courses based on career interest. Students are not locked into one pathway and may select any course as long as they have met all co-requisites and prerequisites.	Biology Algebra 1/Geometry/Algebra 2 ↓ Chemistry Geometry/Algebra2/Pre-calc ↓ Physics Algebra 2/Pre-calc/Hon Calculus	(9,10,11) Technology and Engineering Principles Honors Future problem Solving ↓ (10,11,12) Computer Modeling Computer Programming and Design Entrepreneurship Humanoid Robotics Interior and Structural Design Honors CPS T^3 Innovations and Inventions ↓ (11,12) Advanced Interior & Structural Design AP Chemistry AP Statistics Honors STEAM: Design and Research Statistics ↓ (12) AP Physics Honors STEAM Capstone: Research/Internship	Aeronautical Engineer, Aerospace Engineer, Agricultural Engineer, Agricultural Technician, Application Engineer, Architectural Engineer, Automotive Engineer, Biomedical Engineer, Biotechnology Engineer, CAD Technician, Chemical Engineer, Civil Engineer, Communications Engineer, Computer Engineer, Computer Programmer, Construction Engineer, Electrical Engineer, Electronics Technician, Geothermal Engineer, Industrial Engineer, Manufacturing Engineer, Manufacturing Technician, Marine Engineer, Mechanical Engineer, Metallurgist, Mining Engineer, Nuclear Engineer, Petroleum Engineer, Product/Process Engineer, Survey Technician, Systems Engineer, Transportation Engineer





College Dual Enrollment

In our dual-enrollment program, high school students may earn college credit, high school credit, or a combination of both.

- MHS offers 34 courses that qualify for MHS and college credit from 7 colleges/universities.
- Last year, 121 students earned college credits in 184 classes; 36 students, graduates from the Class of 2025, over four years earned six or more credits.

Options

POST GRADUATION PLANS

	2026	2025	2024
Total Seniors	223	205	226
4 Year Colleges	83%	83%	82%
2 Year Colleges	10%	10%	7%
Career Education/Postgrad	2%	3%	4%
Other (Employment, Military, etc.)	4%	4%	7%

POSTSECONDARY INSTITUTIONS - CLASS OF 2026

The Seniors in the MHS Class of 2026 are attending 90 different colleges and universities in 27 states across the country.

Bard College	Drexel University	Kean University	Penn State University	Southern Methodist	The Ohio State University	University of Scranton
Bergen Community College	East Carolina University	Loyola University Maryland	Pratt Institute	St. Bonaventure University	University of Alabama	University of South Carolina
Binghamton University	Endicott College	Lycoming College	Quinnipiac University	St. John's University (NY)	University of Colorado (Boulder)	University of South Florida
Boston University	Fairfield University	Lynn University	Ramapo College of New Jersey	St. Thomas Aquinas College	University of Connecticut	University of Tampa
Brandeis University	Fairleigh Dickinson University	Marist University	Rensselaer Polytechnic	Stevens Institute of Technology	University of Delaware	University of Tennessee
Brigham Young University	Fordham University	Middlebury College	Rochester Institute of Technology	Stony Brook University	University of Florida	University of Washington
William Paterson University	George Washington	Montclair State University	Rowan University	SUNY Fashion Institute of	University of Maryland	University of Wisconsin
Centenary University	Georgia Tech	NJ Institute of Technology	Rutgers University	SUNY Purchase College	University of Massachusetts	Villanova University
Clemson University	Hamilton College	New York Institute of Technology	Sacred Heart University	SUNY Rockland Community	University of Miami	Virginia Tech
Colby College	High Point University	New York University	Saint Michael's College	Susquehanna University	University of Michigan	Wilkes University
College of Charleston	Iowa State University	Northeastern University	San Diego State University	Syracuse University	University of Mississippi	
College of the Holy Cross	Ithaca College	Pace University (New York City)	Savannah College of Art and Design	Temple University	University of New Haven	
Columbia University	James Madison University	Palm Beach Atlantic University	Seton Hall University	The College of New Jersey	University of Rhode Island	

MAHWAH 2030

Thank you for attending