

NOVEMBER 2026

Trigg County Middle & High Breakfast

MONDAY

2 Cinni Mini
or Tornado,
Fruit,
Assorted Juice,
Milk

9 Donut Holes
or Biscuit & Egg Bites,
Fruit,
Assorted Juice,
Milk

16 Cinni Mini
or Chicken Biscuit,
Fruit,
Assorted Juice,
Milk

23 Chicken Biscuit
or Donut Holes,
Fruit,
Assorted Juice,
Milk

30 Chicken Biscuit or
Muffin & Cheese Stick,
Fruit,
Assorted Juice,
Milk

TUESDAY

3 Sausage Biscuit
or Pumpkin Bread,
Oranges Wedges,
Apple Juice,
Milk

10 Chicken Biscuit
or Tornadoes,
Fruit,
Assorted Juice,
Milk

17 Sausage Biscuit
or Pancake on a Stick,
Fruit,
Assorted Juice,
Milk

24 Yogurt Bag
or Tornado,
Fruit Cup,
Assorted Juice,
Milk

WEDNESDAY

4 Yogurt Bag
or Tornado,
Fruit Cup,
Assorted Juice,
Milk

11 Pancakes
or Mini Donut,
Fruit,
Assorted Juice,
Milk

18 French Toast & Bacon
or Tornadoes,
Fruit Cup,
Assorted Juice,
Milk

25
No School!
Happy Thanksgiving!

THURSDAY

5 Breakfast Sandwich
or Cinnamon Rolls,
Fruit,
Assorted Juice,
Milk

12 Muffin & Cheese Stick
or Tornadoes,
Fruit,
Assorted Juice,
Milk

19 Mini Donut or
Bagel & Cream Cheese,
Fruit,
Assorted Juice,
Milk

26
No School!
Happy Thanksgiving!

FRIDAY

6 French Toast Sticks
or Yogurt Parfait,
Fruit,
Assorted Fruit,
Milk

13 Cinnamon Rolls
or Chicken Biscuit,
Fruit,
Assorted Juice,
Milk

20 Chicken Biscuit
or Fruit Smoothie,
Fruit,
Assorted Juice,
Milk

27
No School!
Happy Thanksgiving!

News

Menus are subject to
change without notice.

This institution is an
equal opportunity
provider.

Milk served with all
meals.

**MY
SCHOOL
BUCKS**

