



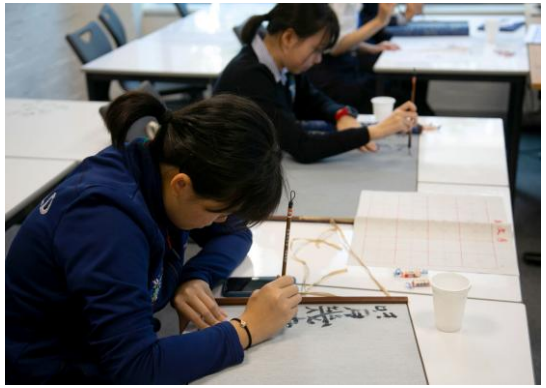


MAP

Millfield Activity Programme

Autumn 2026







Millfield Activity Programme: Introduction

In line with Millfield's philosophy of providing an excellent all-round education, the purpose of the Millfield Activities Programme is for pupils to experience a range of activities and develop skills beyond those in the core curriculum or core games and sports programmes. Hence, whilst composition varies seasonally, and with interest from staff and pupils, suitable MAPs diversify the pupil learning experience and cater for all standards and abilities.

Old Millfieldians on their MAP experiences....

As part of the Millfield Activity Program I selected "Fly fishing and Fly tying" - which at that time was 'presided over' by John Booth - the school's then catering manager. Little did I know I would find myself - 20 some odd years later - as a top tropical saltwater fishing guide - residing in the Caribbean!!! Nick Williams

It's great to hear that the MAP is still thriving and going from strength to strength, it certainly helped shape my career

I fondly recall attending gardening sessions as part of the Millfield Activities Programme. The sessions took place in the grounds maintenance staff's buildings last lesson on a Friday afternoon. We were taught about all aspects of gardening and we even made a Christmas table decoration from a selection of suitable foliage collected from the school grounds!

The gardening sessions certainly planted a vocational seed within me because after leaving Millfield I studied Land Management and then went on to work for the London Borough of Waltham Forest Parks Service which is where I am still employed 22 years later! So thank you MAP for helping me into a fantastic career!

Ben Frearson

Old Millfieldians on their MAP experiences....

I often talk about how my time at Millfield helped map out my life as well as my career.....

I am often asked why and how someone with a first class degree in economics and French who was set to become a government economic advisor ended up in television.....my answer is always MAP!!! MAP allowed me to explore a curiosity, a dream that I never thought was possible whilst I was studying for my A levels. Access to a TV studio, the freedom to be creative, discover new possibilities and essentially play all whilst maintaining your studies.....only at Millfield.

Katie Maillam

What I remember is that I was encouraged to try different activities apart from the academic subjects which were compulsory.

In my case I was encouraged to try a creative perspective which took me to define my future and current career in the Fashion Industry. I will always be grateful for this.

Emma

..my love of photography was noticeably enhanced by attending 'black & White film printing' as my MAP activity. I have my own photography website and shoot photos upon request on a purely volunteer/hobby basis..

Andrew Fox

In response I can remember enjoying Film Appreciation which included films such as Blade Runner and In the Heat of the Night. The discussions after the film opened my mind to critical thought and understanding deeper story lines within the film and the current affairs at the time. This helped subsequently in strategy planning and negotiation within my career.

Chris Thomas

Old Millfieldians on their MAP experiences....

Tell them to take advantage of all the opportunities Millfield has to offer as I wish I had done even more when I was there as you look back and realise how amazing it all is and you can turn your hand to anything.
Kate

I distinctly remember, when I was at Kingweston, going to see an archaeological excavation of a small Roman farmstead site somewhere near the Butleigh monument. Some years later I did a degree in Archaeology and then a PhD and ended up teaching at Cambridge! Now, I think it is important for pupils to experience interdisciplinary activities/research, crossing the boundaries of subject 'boxes' that are taught in schools. Thinking laterally is a very important life skill and can open up new fields and possibilities for young people that they, and even their teachers, might not otherwise imagine.
Peter Warner

I'm afraid I was one of those students who tried to avoid any activity at Millfield, an approach I have regretted on more than one occasion since. When I was there, students could take up any activity, with the exception of boxing, and my contemporaries availed themselves of some of those opportunities.
In short, the only way I can help your cause is by explaining, from the viewpoint of someone who did not take advantage of the possibilities on offer, how stupid that decision has turned out to be in hindsight.
Rudy Amirkhanian

MAP and the Millfield Brilliance Award and Millfield Diploma

Your MAP activity choices at Millfield not only serve as a means of providing you with the opportunity to become involved in something which is different to your usual academic and sporting programmes, but if chosen thoughtfully, can allow you develop your skills, awareness and credibility within the four areas of the Millfield Brilliance Award as well as contribute towards your Millfield Diploma.

Airfix models



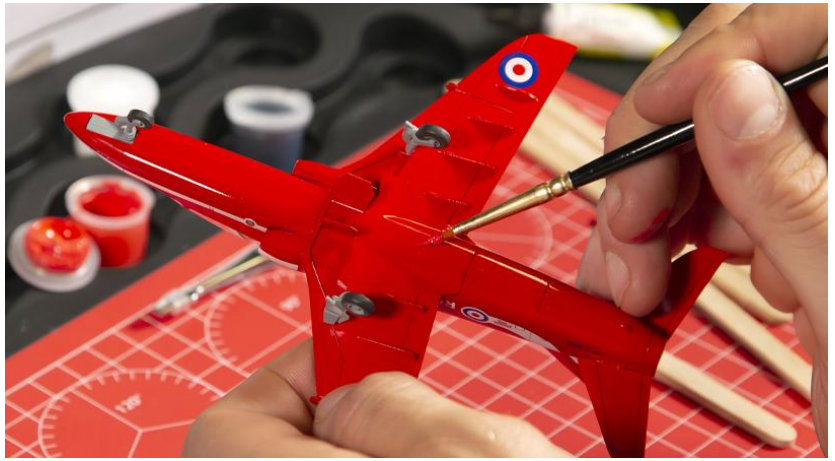
Tutor	J Casalis De Pury		
Terms	Autumn	Spring	Summer
Year group/s	9,10		
Gender	All		
Venue	Chemistry 1		

You will need to buy your model

You will purchase your own model/s at the start of the term and then build and paint them during MAP on a Friday afternoon







Art – Floral watercolours





Tutor	Ms J Turnbull		
Terms	Autumn	Spring	Summer
Year group/s	10,11,12		
Gender	All		
Venue	Fine Arts Studio 9		

Step into a calm and welcoming space where creativity can quietly flourish. This relaxing and mindful club offers the opportunity to slow down, unwind, and explore the gentle art of floral watercolour painting in a supportive atmosphere. Through soft colours, delicate brushwork, and thoughtful observation of nature, students will create beautiful botanical artworks while developing confidence, patience, and artistic skill. Whether you are completely new to watercolour or already enjoy painting, this MAP is designed to be peaceful and inspiring. Each session encourages mindfulness, creativity, and self-expression, providing a wonderful way to relax after a busy school day while connecting with others who share an appreciation for art and the beauty of nature.



Art – Music & art



Tutor	L Everitt		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	Fine Arts Studio 4		

Art & Music MAP is an activity where students can draw, paint and create freely whilst listening to music. We share playlists of music from all genres and we enjoy making art in a pressure free environment.

No previous art-making experience is needed.



Athlete IQ Project



The Athlete IQ Project is an athlete development programme designed to help track and field athletes understand themselves and take ownership of their development, by exploring their passion, purpose and science behind training and competition. With a focus on personal growth, students will begin to develop the skills and behaviours needed to start creating their own **Athlete Blueprint**—a personal roadmap for their values, goals, strengths, and long-term development.

Invite only – ask Mr Wheeler to sign up

Tutors	N Wheeler, G Jennings, C Brown		
Terms	Autumn	Spring	
Year group/s	9, 10, 11,12		
Gender	All		
Venue	Wilson Pavillion		



Basketball



This MAP will allow you to learn some basic basketball drills and rules so that you can enjoy playing games.





Tutor	Coach Seeley		
Terms	Autumn	Spring	Summer
Year group/s	9,10		
Gender	Male		
Venue	Jubilee Hall		

Invite only – see Coach Seeley to sign up



Boardgames – Backgammon, Cards and Jazz



Tutor	Mr G Catto		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	M33		



Learn/play backgammon and a range of card game whilst listening to classic jazz albums.





Boardgames - Chess



Tutor	D Plesa		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	M13		



Millfield chess MAP. A place to play against the best players in the school and develop your strategies whether it is your openings or your endgame. Talented players will have the opportunity to represent Millfield in local chess competitions against other schools. We will practice predominantly over the board.

Boardgames – General and cards



Tutor	S Uwalaka		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11		
Gender	All		
Venue	Physics 5		

Relax on a Friday afternoon with some friends and enjoy a break from your iPad and phone by playing some board or card games.







Boardgames - Rummicub



Tutor	Miss C He		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11		
Gender	All		
Venue	B15		

For those of you who haven't played this numbers strategy game before, it's a rummy-style card game, except with tiles.

The goal is simple, clear all the tile from your rack. Let's have some fun games on a Friday afternoon.



Boardgames – Themed - Speed Monopoly



Tutor	S Broderick		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	A36		

Speed Monopoly will take place over the hour with rules to match (limited money, must auction not bought properties, timer, with most money wins).

Games will include D-Day Monopoly, Kings & Queens Monopoly, Tank Museum Monopoly & Horrible Histories Ancient Civilisations Monopoly.



Boules



Tutor	Mr P Williams		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	B28		

Boules is a collective name for a wide range of games similar to bowls and bocce in which the objective is to throw or roll heavy balls (called boules in France, buće in Croatian and bocce in Italy) as closely as possible to a small target ball, called the jack in English.

Boules-type games are traditional and popular in many European countries and are also popular in some former French colonies in Africa and Asia. Boules games are often played in open spaces (town squares and parks) in villages and towns. Dedicated playing areas for boules-type games are typically large, level, rectangular courts made of flattened earth, gravel, or crushed stone, enclosed in wooden rails or back boards. To win, a team must reach 15 points, with a few exceptions.



Boxing





Tutor	Mrs T Davies		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	Street Martial Arts Centre		

There will be a cost of £6 per session for this MAP

Learn the art of boxing at the Street Martial Arts Centre. Boxing is a good form of exercise and has a number of benefits, including:

- Improving heart health
- Aiding weight loss
- Boosting whole-body strength
- Improving balance
- Decreasing stress
- Lowering blood pressure



CCF - Combined Cadet Force



Tutor	Mr C Middleton R Seeley J Melligan		
Terms	Autumn	Spring	Summer
Year group/s	9, 10 ,11 ,12		
Gender	All		
Venue	CCF Hut		

There are CCF contingents in over 400 secondary schools all over the UK, offering young people a broad range of challenging, exciting, adventurous and educational activities. Our aim is to enable the development of personal responsibility, leadership and self-discipline. Each CCF is an educational partnership between the school and the Ministry of Defence, and a CCF may include Royal Navy, Royal Marines, Army or Royal Air Force sections.



Combined Cadet Force

https://combinedcadetforce.org.uk

Charity – The Pachamama Project





Tutor	S Cuff		
Terms	Autumn	Spring	Summer
Year group/s	10,11,12		
Gender	All		
Venue	M29		

This is a charity that makes washable sanitary pads for women who are unable to purchase products and are often restricted to using rags. [The Pachamama Project | Fighting Period Poverty]





THE PACHAMAMA PROJECT

Chinese and Japanese Club



Tutor	Mrs J Keeler		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	B17		



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Come and join us for a wide range of popular activities from regions where Chinese and Japanese are spoken. Activities include calligraphy, Chinese chess, card games, board games, origami, paper cutting, learning the basics of both languages, and exploring cultural differences.

Coaching sport

UCAS



Tutor	See Mr K Hawksworth		
Terms	Autumn	Spring	Summer
Year group/s	12		
Gender	All		
Venue	Various		

If you would like to be involved in coaching a sport that you play you can ask the tutor in charge of the MAP concerned to register you for this MAP. It is a great opportunity to learn how to coach and also to give back to a sport that you have benefitted so much by through your involvement at Millfield.



Cooking - Entertainment







Tutor	Mrs V Kellow		
Terms	Autumn	Spring	Summer
Year group/s	10, 11, 12		
Gender	All		
Venue	D8		

During this MAP you will learn about a number of key points around all things food and cookery. You will get to have hands-on experiences with food. You will learn about and gain confidence in basic food hygiene and preparation skills of a range of simple dishes and learn about healthier eating through practical food work. Saving money and making ingredients work for you by applying simple budgeting skills to food choices that you make. A chance to work independently and in small groups to develop better understanding of wider needs when cooking. Your new understanding of food will help you become a better-informed consumer. Overall, these range of topics and skills will enable you to improve your understanding of food and your eating habits.



Cost: £40 per term to cover food costs

Cooking – Field to Fork



Tutor	SJ Morris		
Terms	Autumn	Spring	
Year group/s	9,10,11,12		
Gender	All		
Venue	D10		

Cost: £30 per term to cover food costs

This course begins by introducing the provenance of game, from the history of wild game in Britain to the management and rearing of game. Then we will move on to the identification, preparation and butchery of different game and finally to the through to the cooking methods traditionally used in Britain for different game. Ultimately, we want students to taste and become familiar with game so that they take away a positive message about how animals are reared, and about the contribution of seasonal, local foods within traditional cuisines. This is to promote understanding of what a healthy sustainable diet looks like.
All game purchased is locally sourced and provided through registered game dealers.



Cooking – Ready Steady Cook!!



Tutor	Mr P Reeves		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	D9		

Cost: £25 per term to cover food costs

The Challenge: The Heat is on in the Millfield Student Kitchen. Inspired by the iconic TV show, all aspiring chefs take part in the Ready Steady Cook Challenge in teams of 2 to cook recipes from the hit TV show.

Each week budget-friendly recipes are given to follow with just 45 minutes to create the restaurant-quality dish.

Crafts – Clay polymer bracelets





Tutor	N Furber R Landrigan		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	A26 Chemistry lab 7		

Do you fancy being creative for an hour each week? Do you fancy making a product that will be sold at the end of term to raise money for local cancer counselling charity We Hear You (WHY) We Hear You Cancer Counselling?

If so, sign up to the new clay polymer bracelet-making MAP, and come along for a calm yet productive session, with relaxing music and gentle conversation.

You will be taught how to make the bracelets and will also be involved in selling them at the end of term.

In addition to this, you will get to keep a couple of your most favourite creations 😊

Crafts – Crochet

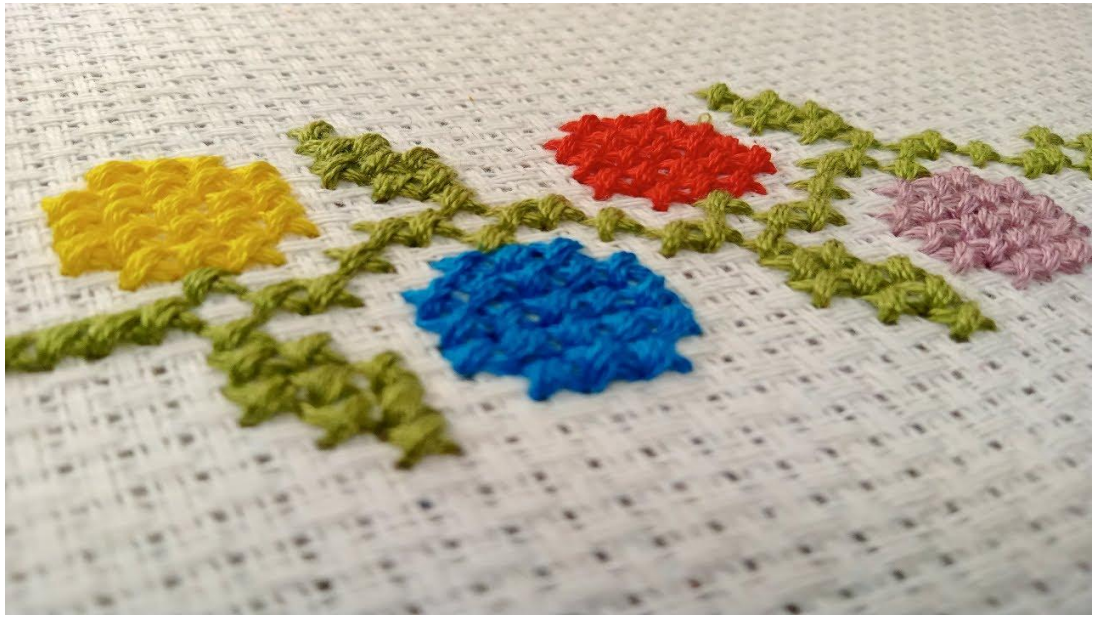


Tutor	Ms E Jones		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	Hobson 2		

In this MAP you will be taught how to crotchet by one of our master U6 crocheters! We will spend the term relaxing while crocheting away. Community service is so important in today's society and we will aim to make blankets to donate to the vulnerable in our local community. Have a look at some of the pictures and bring your creativity to this MAP.



Crafts - Cross stitch



Tutor	Ms E Solvo		
Terms	Autumn	Spring	Summer
Year group/s	9,10		
Gender	All		
Venue	B24		

Cross stitch is a calming activity with needles, threads, and fabric. It is from the sewing family and involves creating a picture or pattern from small stitches. Many people find the repetitive nature therapeutic, and it is easy to learn. Come along and have a go!









Crafts - Knitting





Tutor	M Chadwick		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	Chemistry 5		

Join the knitting group to learn a new skill or perfect what you already know. There will be a different focus each half term - Jan/Feb – Scarves and hats and March/April – Easter gifts. In the summer term there will be the opportunity to knit soft toys.



Crafts - Kumihimo bracelet making



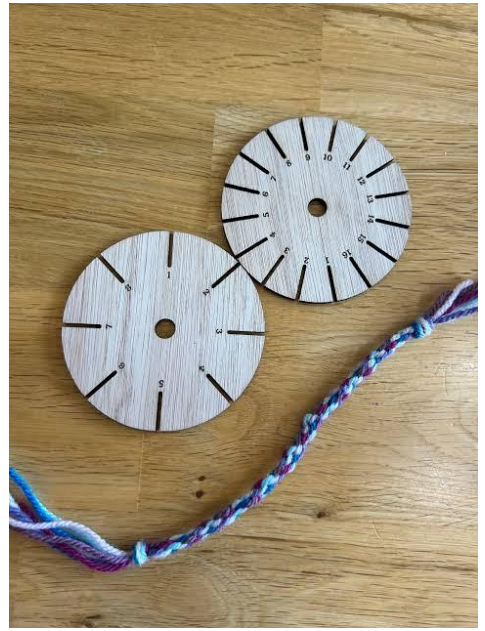


Tutor	Miss A Swales		
Terms	Autumn	Spring	Summer
Year group/s	9, 10, 11		
Gender	All		
Venue	A2		

A Kumihimo bracelet is a piece of colourful, traditional Japanese braided jewellery.

It is made using an ancient braiding technique and a specialised foam or cardboard loom (called a *disk* or *marudai*) to weave cords or embroidery floss into intricate, durable, and stylish patterns





Crafts - Loom banding



Tutor	H Smith		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11		
Gender	All		
Venue	B23		

Loom bands are small, colourful elastic rings used to weave jewellery, charms, and accessories. They are a great arts and craft activity after a busy week at school. Come and join us!



Crafts - Macrame



Tutor	Ms K Isom		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	BC6		



Macramé is a versatile crafting technique that creates textiles through knotting rather than weaving or knitting, requiring only hands and cord to make items like plant hangers, wall hangings, and accessories

Crafts – Scoubidou





Tutor	Miss J Lorandel		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	B13		

Join the Scoubidous MAP for a relaxing and mindful session. We'll be making colourful creations - from bracelets and key rings to decorations for your pens. It's simple, fun, and super creative. Open to all year groups - boys and girls welcome. Come along, unwind, and get crafting!



Let your imagination come to life through the art of scoubidou—join us and walk away with something truly amazing!

Cricket – Astroturf



Tutor	Mr D Barry		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	Campus Astro		

These sessions will focus around enjoyment, with all abilities welcome and encouraged. It will be beneficial to mental health for students to spend more time outside away from screens, particularly with exams approaching.





Darts



Tutor	D Martin J Allen		
Terms	Autumn	Spring	Summer
Year group/s	11,12 – boys 9,10 - boys		
Gender	All		
Venue	Dojo & Biology pod		

Fun opportunity to try out darts. For all abilities from ton finishers to complete novices.



10 Health Benefits of Playing Darts

- Improves Hand/Eye Coordination. ...
- Works the Brain. ...
- Stress Relief. ...
- Social Skills. ...
- Improves Concentration. ...
- Increases Confidence. ...
- Physical Self Control. ...
- Teamwork

This term there will be two groups – senior boys in the Dojo and junior boys the Biology Pod



Debating & MUN

UCAS

Tutor	J Gray D Brent		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	A15		



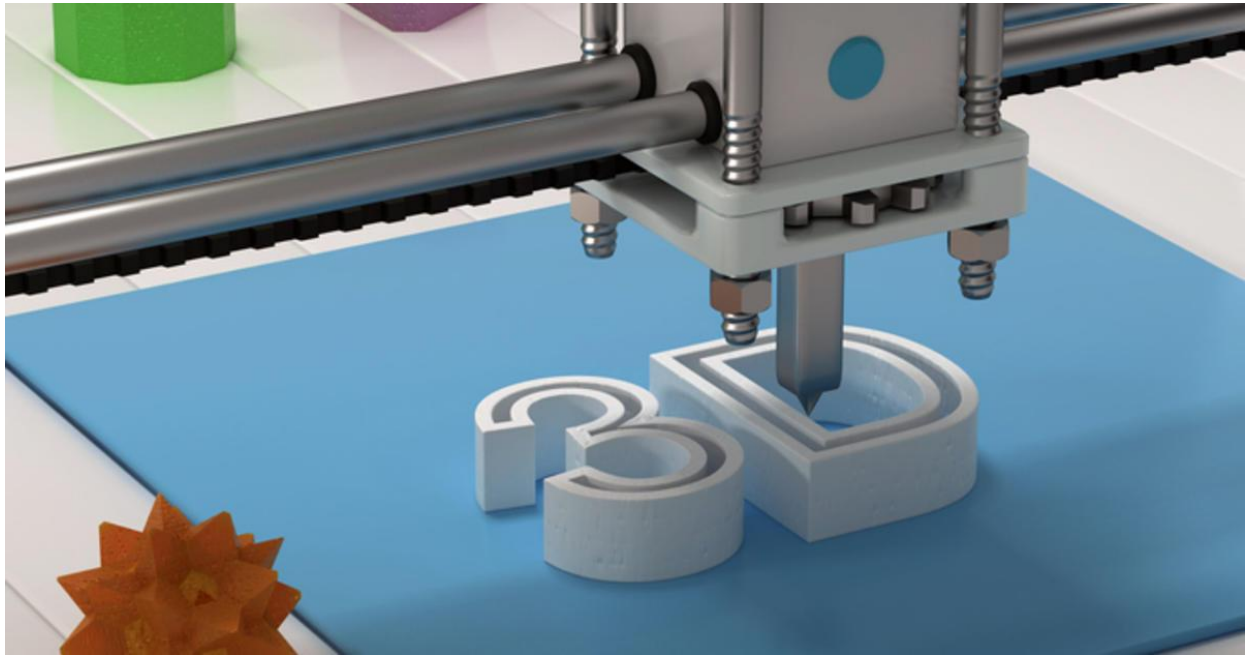
A chance to hone your debating and public speaking skills. Learn how to put your ideas across in a compelling but civilised manner; agree to disagree whilst remaining on good terms with your opposition.

There is also the opportunity to take part in high profile competitions, such as Model United Nations



This term will focus on MUN preparation only in order to prepare for the Bath competition in March

Design – 3D printing



Tutor	Mr R Bonney		
Terms	Autumn	Spring	Summer
Year group/s	9, 10, 12		
Gender	All		
Venue	DT 1		

Welcome to our new MAP in Product Design, for year 9 and 10 students: the 3D Printing MAP. This exciting new club is designed to introduce students to the world of product design through the use of 3D printing technology. In this MAP, you will learn the basics of 3D design, CAD software, and 3D printing while working on your own individual projects. With access to our state-of-the-art 3D printers, you will be able to bring your designs to life and showcase your creativity and innovation. This is perfect for you if you are interested in pursuing a career in design, engineering, or any other field that requires a strong understanding of 3D technology. Join us and let's explore the endless possibilities of 3D printing together!



Dissection



Tutor	Miss J Weal		
Terms	Autumn	Spring	
Year group/s	L6		
Gender	All		
Venue	Biology Lab 8		

Suitable for anyone interested in a medical/veterinary related degree or just an interest in hands-on anatomy.







Documentaries - David Attenborough



Tutor	Mr B Wright		
Terms	Autumn	Spring	Summer
Year group/s	9,10		
Gender	All		
Venue	Psychology 3		

Sir David Frederick Attenborough is an English veteran broadcaster and naturalist. He is best known for writing and presenting, in conjunction with the BBC Natural History Unit, the nine natural history documentary series that form the Life collection. This collection of programmes collectively form a comprehensive survey of animal and plant life on Earth.

Attenborough is widely considered a national treasure in Britain, although he himself does not like the term. In 2002 he was named among the 100 Greatest Britons following a UK-wide poll for the BBC.

Come along to watch some of his greatest documentaries.



Documentaries – Planet Earth



Tutor	Dr J Harrison		
Terms	Autumn	Spring	Summer
Year group/s	All		
Gender	All		
Venue	A 3		

David Attenborough celebrates the amazing variety of the natural world in this epic documentary series, filmed over four years across 64 different countries



Documentaries – Popular culture





Tutor	Mr B McEwen		
Terms	Autumn	Spring	Summer
Year group/s	12		
Gender	All		
Venue	Hobson H4		

Join this MAP if you want to join in discussions about politics, movies, music, social media, celebrities or sport.

Documentaries - Psychology



Tutor	Ms K Smith-Halliwell		
Terms	Autumn	Spring	Summer
Year group/s	11, 12		
Gender	All		
Venue	Biology Lab 7		

Psychological studies are showing that watching more documentaries can be useful for your brain and mental health.

Are you interested in understanding human behaviour? Why we behave the way we do? In this MAP we will look to explore the different psychological documentaries linked to understanding human behaviours.

Examples include:
Derren Brown – The Push, The Mind Explained, Stacey Dooley – On the Psych Ward, Three Identical Strangers, and more…



Dog walking

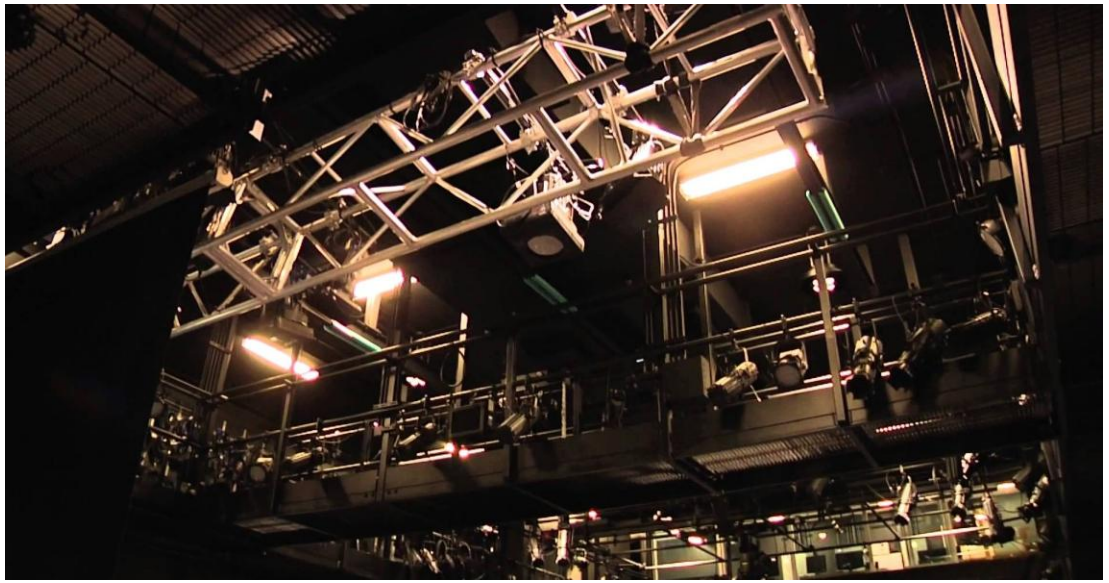


Tutor	C Glover		
Terms	Autumn	Spring	Summer
Year group/s	9, 10, 11, 12		
Gender	All		
Venue	Meet outside Holmcroft		

If you love dogs and miss your own dog, then come along and enjoy walking a few dogs each Friday afternoon.



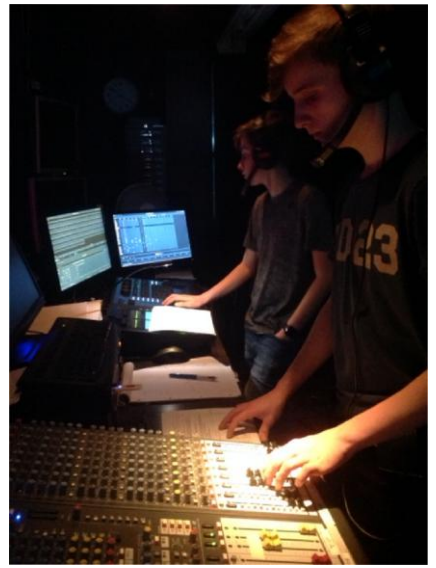
Drama - Lighting Design for Theatre



Tutor	Mr P Siequien		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	Drama Office		

Are you interested in the fascinating world of stage lighting design? Wondered how theatre lighting effects are achieved?

Learn about the essential aspects of lighting design, from the basics of light and colour to the types of lights and equipment a lighting designer uses.



Drama – Senior Play



Tutor	R Tomes J Baddock		
Terms	Autumn	Spring	
Year group/s	11,12		
Gender	All		
Venue	Upper Foyer		

This MAP runs from 16h00-18h00

This year's senior play, for Years 11-U6, is a high theatrical, comic production for an ensemble who take on lead and named character roles. Full details will be announced in the Drama Welcome Meeting on Thursday 10th September at 4pm in the theatre.

- Audition workshop: Friday 11th September 4-6pm.
- Rehearsals will also take place on Tuesdays, 4-6pm.
- Opportunities for all levels of experience.

For more information on all Drama productions this term, please join the Meyer Theatre Company team: **vof257v**

Drama – Senior Musical –The Addams Family



Tutors	R Fox K Barry J Boyle G Green		
Terms	Autumn	Spring	
Year group/s	10,11,12		
Gender	All		
Venue	Meyer Theatre		

This MAP runs from 16h00-18h00

For more information on all Drama productions this term, please join the Meyer Theatre Company team: vof257v

Drama – Year 9 and 10 Performance Project



A chance to create a piece of theatre with a professional company, working towards a short performance in November.

This project offers creative and performance opportunities for all Year 9 & Y10 students from drama scholar to first-time actor.

No experience necessary, just an ability to give it a go!

- Rehearsals will also take place on Tuesdays, 4-6pm for Y10 and 5-6pm for Y09.

Tutor	R Trust J Ishmael E Massie		
Terms	Autumn		
Year group/s	All		
Gender	All		
Venue	Dance Studio		

This MAP runs from 16h00-18h00

For more information on all Drama productions this term, please join the Meyer Theatre Company team: vof257v

Drama – Dance Mentor Programme

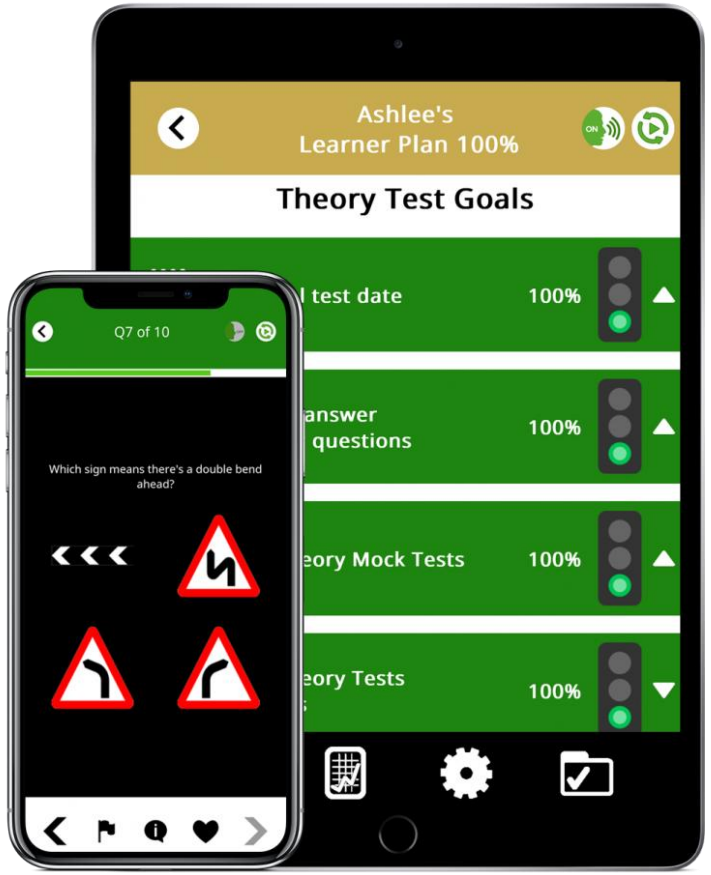


Tutor	E Duval		
Terms	Autumn	Spring	
Year group/s	12		
Gender	All		
Venue	Small Dance Studio		

For more information on all Drama productions this term, please join the Meyer Theatre Company team: vof257v

An opportunity for Sixth Form dancers to mentor prep school students in performance and choreography, working together on shared creative projects.

Driving Theory







Tutor	Ms J Boulton Mrs E Middleton		
Terms	Autumn	Spring	Summer
Year group/s	12		
Gender	All		
Venue	B6 A22		

Need to be able to provide proof that you have booked a test for this term



Completing tests and practice tests for driving theory.

Engineering - Greenpower

UCAS



Tutor	Mr R Lowndes-Northcott Mr C Davies		
Terms	Autumn	Spring	Summer
Year group/s	9, 10, 11, 12		
Gender	All		
Venue	Greenpower Workshop		

The Greenpower initiative is designed to inspire young people around the world to excel in Science, Technology, Engineering and Maths through a unique challenge: to design, build and race an electric car.

Join the Millfield Racing Team to develop and race the electric single-seater endurance cars against teams from other schools and colleges. This is the closest school experience to being part of a Formula 1 team – a broad range of skills contribute to a successful campaign.

Learn hands-on design and engineering skills and motorsport race strategy through a season of races.



Contact RLN (Physics Lab 1) for more information.



Equestrian Academy





Tutor	Kirsty Fontaine Henley Lowri Powell Charlotte Perrett		
Terms	Autumn	Spring	Summer
Year group/s	9, 10, 11, 12		
Gender	All		
Venue	Equestrian Centre		

Invite Only – for riders on the Development and Meyer's Equestrian coaching programmes

These invitational 'off horse' sessions include guest speakers, demonstrations, fun educational quizzes, and video assessment of some of the worlds top riders. Equestrian students learn the fundamental skills needed for competition, horse management, competition rules, goal setting, planning, performance analysis, and rider psychology. The coaching team use a mixture of interactive classroom and practical sessions.





eSports - Overwatch



Tutor	Ms K Nunn		
Terms	Autumn	Spring	Summer
Year group/s*	10, 11, 12		
Gender	All		
Venue	CS 3		

Millfield has been engaged in Esports competition as part of the British Esports Association for the last 3 years. We are now seeking to increase our Esports offering by providing a new Esports MAP.

Students involved will make use of a variety of British Esports approved titles including Rocket League, League of Legends and Overwatch to play in teams against each other. There may additionally be the opportunity to play in competitive matches against other schools or colleges. The focus of the MAP is on developing teamwork, communication and strategic thinking so that those in the MAP may eventually decide to progress to representing Millfield in the British Esports Association “Champs” competition.



Fencing

Well-being





Tutor	Mr M Cleary		
Terms	Autumn	Spring	
Year group/s	10, 11, 12		
Gender	All		
Venue	Salle		

In the Fencing MAP you will learn the sport of fencing. Fencing is equally a physical and tactical sport. You will learn the fundamentals of fencing foot work and Blade work, using the specialist equipment to learn to hit your opponent and not get hit yourself. Students will have the opportunity to use all of the electric equipment the squad fencers use and will regularly spend the time sparring with each other.



Film club: Classic movies



Tutor	S Roper		
Terms	Autumn	Spring	Summer
Year group/s	9,10		
Gender	All		
Venue	A21		

A chance to watch some of the best movies ever made



Film club: History films



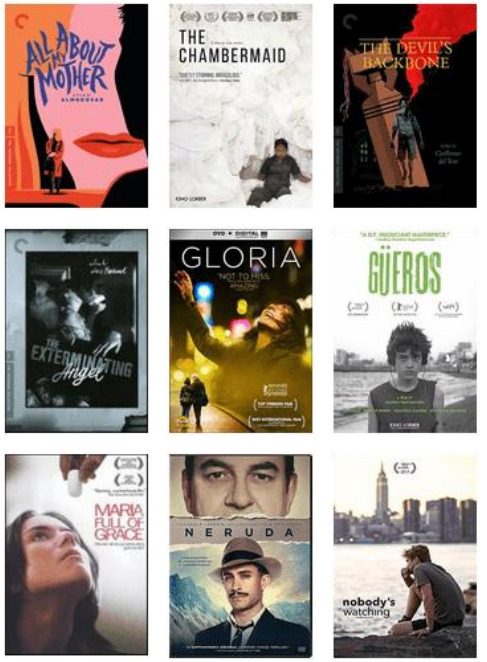
Tutor	Mrs T Crouch		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11		
Gender	All		
Venue	A32		

Students signing up for this MAP can expect to watch some fantastic films that we don't have time to watch in class. They will be wide ranging and thought provoking, from lots of different historical eras and perspectives.

Film club: Spanish movies



Tutor	Ms S Artola Ayerra		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	B18		



If you feel confident in your Spanish or looking to improve your listening skills, join the Spanish Movie MAP and enjoy a Spanish language film each week. Explore a variety of genres - comedies, animated films, short films, and more.

Suggestions of films and themes will be considered.

Fitness - Body conditioning



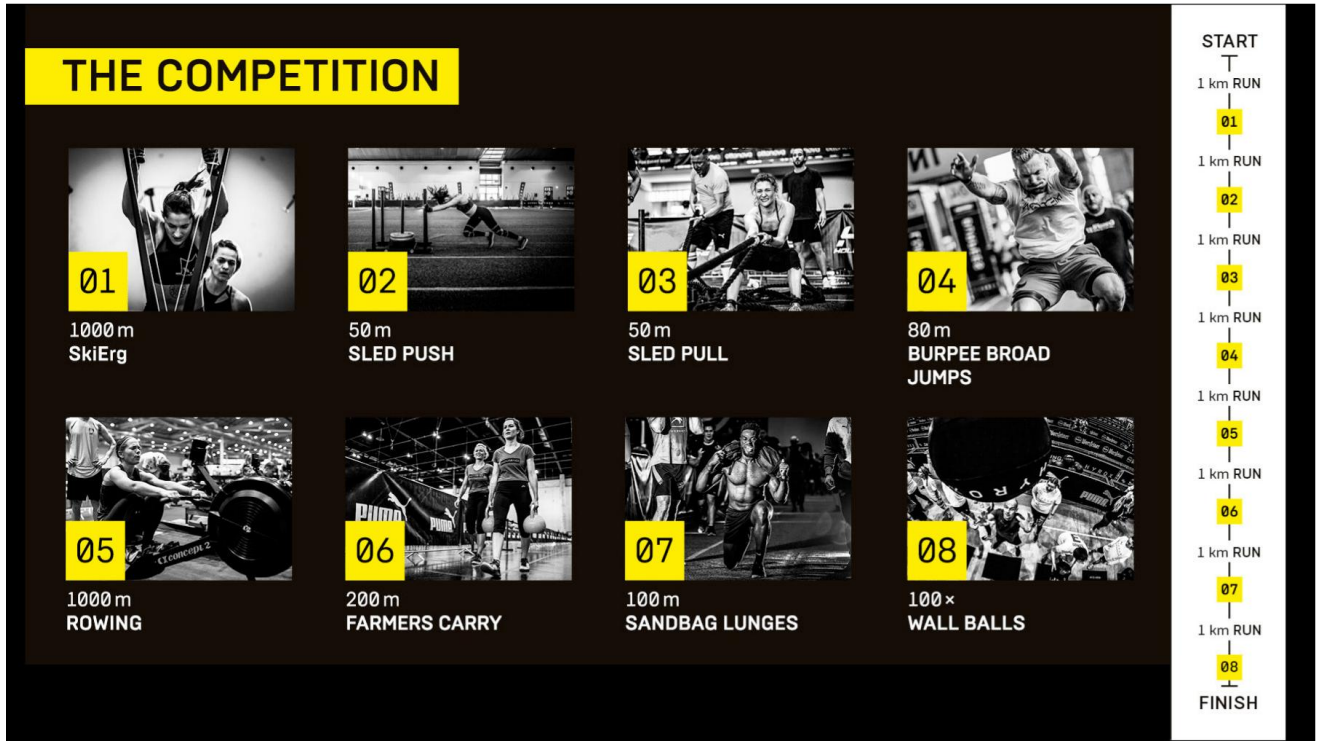
Tutor	Mr S Houghton		
Terms	Autumn	Spring	Summer
Year group/s	9		
Gender	All		
Venue	Pool Shelf		

This session is suitable for pupils that wish to improve their core strength. It will make you fitter, stronger and less prone to injury. Pupils of all fitness levels are welcome -you can go at your own pace.





Fitness – Hyrox



Tutor	R Austin		
Terms	Autumn	Spring	Summer
Year group/s	11,12		
Gender	All		
Venue	Upstairs Gym		

Hyrox is a global fitness race that combines both running & functional workout stations.

The eight exercises include: SkiErg, burpee broad jumps, farmers carry, rowing machine, lunges, sled push and pull and wall balls.

It is designed for a wide range of fitness levels, from beginners upwards, and can be completed solo, in pairs, or as a relay team.



Hyrox bills itself as "The World Series of Fitness Racing" and "A Sport for Everybody".

Fitness – Running (Couch to 5km)



Tutor	Mr J Burns Mr R James		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	Meet outside Keens Elm		

With the aim of improving confidence in running, this is for all those who want to start running. Couch to 5km is the opportunity to better your overall fitness and wellbeing by getting out for a run. After a hard week, this MAP will start with a mix of running and walking, gradually building your fitness and stamina. Whether you have never run before or you just want to get more active, this is an easy way to get your 5km done and your time better.



Fitness – StrongHER





Tutor	Mr S Coombes		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	Girls		
Venue	Downstairs Gym		

What is StrongHER?

A **girls-only strength and movement session**
Focused on **Gym-Based Development & Injury Reduction**
Delivered in the **fully equipped Downstairs Gym**
Teaches **safe, confident and progressive** gym training
Builds strength using **weights and functional equipment**
In collaboration with **Strength & Conditioning coaches and Physios**
Supports **long-term female development** and return-to-training where needed
Develops skills that support **performance beyond school sport**

What You Will Gain

By taking part in StrongHER, **you will**:

- Improve **speed, power, balance and coordination**
- Reduce your risk of injury, especially to **knees and ankles**
- Feel **stronger and more confident** in your body
- Learn how to **train in a female-specific way, safely and effectively**
- Develop **leadership skills** by helping lead sessions
- Train in a **supportive, positive, girls-only environment**

Sign up to StrongHER if:

You want to **get stronger** and improve sports performance
You want to **reduce injury risk**, especially to knees and ankles
You are on **long-term rehab or return-to-training** and need safe progression
You struggle to fit in **sport-specific gym sessions** due to time pressures
You want to learn how to **train properly in the gym**, not just follow workouts
You want to build **confidence using weights and equipment**
You enjoy training in a **supportive, girls-only environment**

Fitness – Wattbikes and Spinning



Tutor	Mr P Geaves		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11		
Gender	All		
Venue	Physio gym		

"This is a time-efficient aerobic endurance training session that is primarily about cultivating a deeper aerobic base," says Adam Daniel, master trainer for Wattbike. "It includes all the physiological adaptations inherent in long, steady, low-intensity riding like improved fat metabolism, better oxygen delivery and glycogen conservation, lower heart rate at higher power outputs, and improved work efficiency. "



Forensic science club



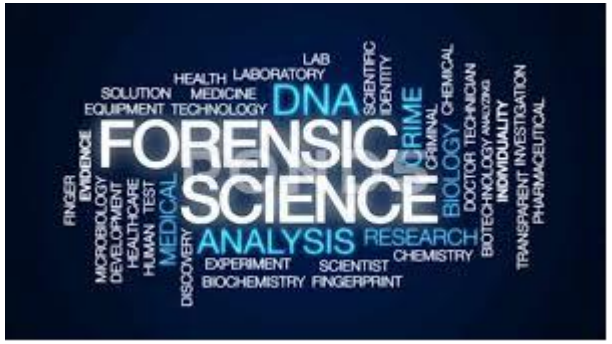


Tutor	Ms K Lewis		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	Chemistry lab 3		



Come along to learn about:

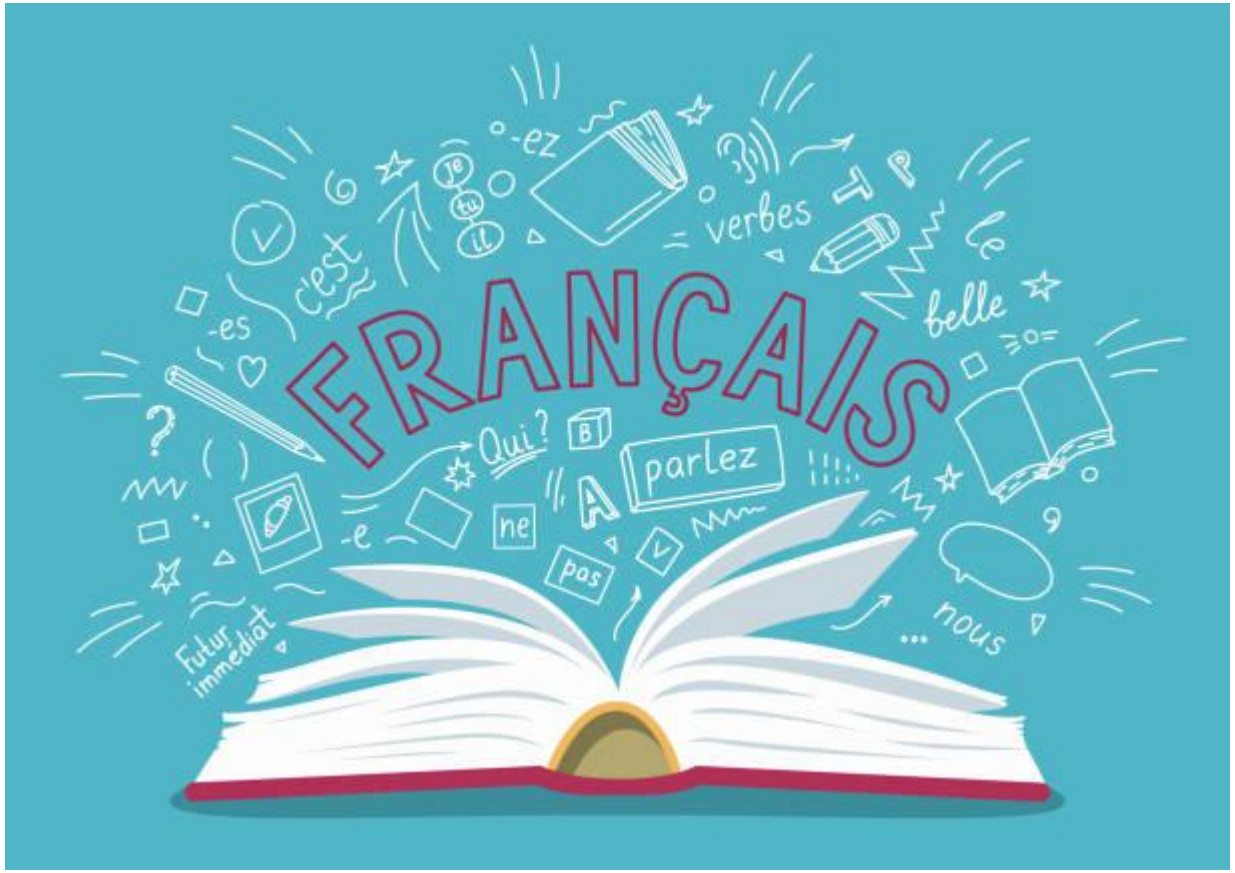
- Fingerprints
- Flame testing
- Presumptive tests
- Chromatography
- Ballistics
- Handwriting analysis
- Blood group testing
- Hair/fibre analysis
- Footprints
- Blood spatter analysis







French Literature Reading



Tutor	Ms C Coutand-Moore		
Terms	Autumn	Spring	Summer
Year group/s	10,11,12		
Gender	All		
Venue	B16		



If you are fluent or near fluent in French, enjoy reading and welcome a relaxing moment at the end of the week, then come and read in French for your own pleasure.

We can start with short stories, but other types of writing will be considered. You will be able to share your understanding, observations, and appreciation of what we read. Your suggestions regarding genres and interest will be important and welcome.

Golf - Driving range



Tutor	Mr M Howard		
Terms	Autumn	Spring	Summer
Year group/s	9,10		
Gender	All		
Venue	Driving range		

If you have never played golf before and you would like to try a game that you can play for the rest of your life, then hitting at the range is a great way to start.

Golf - Pitch and Putt



Tutor	Mr T Kingsford		
Terms	Autumn	Spring	Summer
Year group/s	10,11		
Gender	All		
Venue	Pitch and Putt		

Basic skills are required so make sure you are able to hit a controlled golf shot.







Golf for beginners



If you have not played much golf and you would like to learn the basics of a good golf swing and putting stroke, then take this opportunity to use the world class facility that is the Millfield Golf Centre. Basic tuition will be provided by some of the best golfers in the school.

Tutor	Mr F Wilson		
Terms	Autumn	Spring	Summer
Year group/s	10,11,12		
Gender	All		
Venue	Golf Centre		





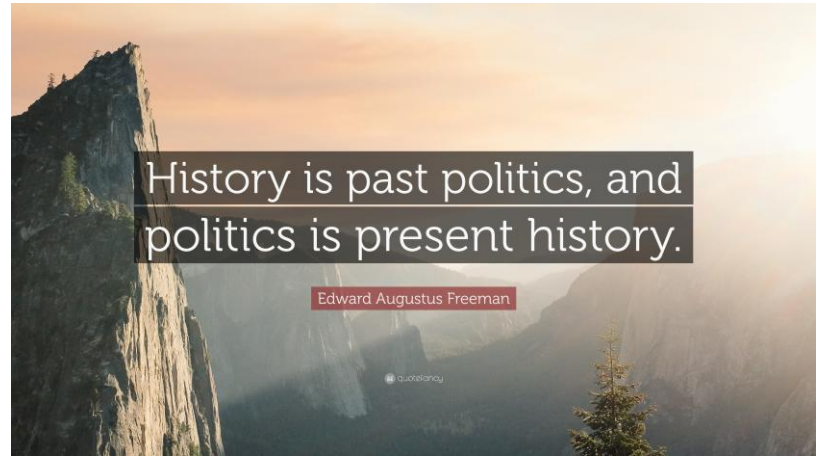
History and politics society



Tutor	J Hall		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	A31		

This MAP is open to anyone who has a genuine and deep interest in either history, politics (or preferably both). Each fortnight we will explore a new area of interest in global history/politics, researching ideas, events and developments and then in the second week we will hold a lively and informed debate. Examples of the types of topics the society will explore are the role of mainstream media in modern society, the rise of China, conflict in Africa and the Middle East, the legacy of slavery and the role of the environment in shaping history.

All we ask of students who sign up for this MAP, is that they come with an open and enquiring mind, readiness to listen and debate and a thirst for knowledge and understanding.



Hockey club - boys



Tutor	W Heywood V McCabe T Spring		
Terms	Autumn		
Year group/s	9,10		
Gender	Boys		
Venue	Butleigh astroturf		

Boys hockey club is open to year 9 and 10 boys of all abilities. Come and express yourself on the turf, learning new skills in a game-like sense! A great opportunity to get a feel for this great game ahead of Term 2.





International Students' Planning Committee





Tutor	Mrs P Litrico		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	A11		

Plan and coordinate whole-school International Student events such as the International Dinner, speakers, meals, tasting tables, and cultural days. The Committee will also work to make positive change across the school to help International Students to feel fully integrated at Millfield





Lacrosse





Tutor	R Hayter		
Terms	Autumn	Spring	Summer
Year group/s	10,11,12		
Gender	Girls		
Venue	Campus astro		

If you have played before or would like to learn a new game join us on a Friday afternoon.





Laser-run





Tutor	Mr A Fraser		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	Athletics track		

Laser run is the finale event of the Olympic discipline Modern Pentathlon. Laser run is a fun and exciting grassroot event as an introduction to pentathlon. The aim of the game is to shoot 5 green lights as quickly as you can to be allowed go out on a run, this is repeated multiple times in competition (depending on age) - first athlete across the line wins!



Lego building



Tutor	Ms H Lindsay		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	BO2		

Spend a relaxing hour building with Lego. You can purchase your own set if you want to keep it or there are a few school sets that you can use.



Leo club

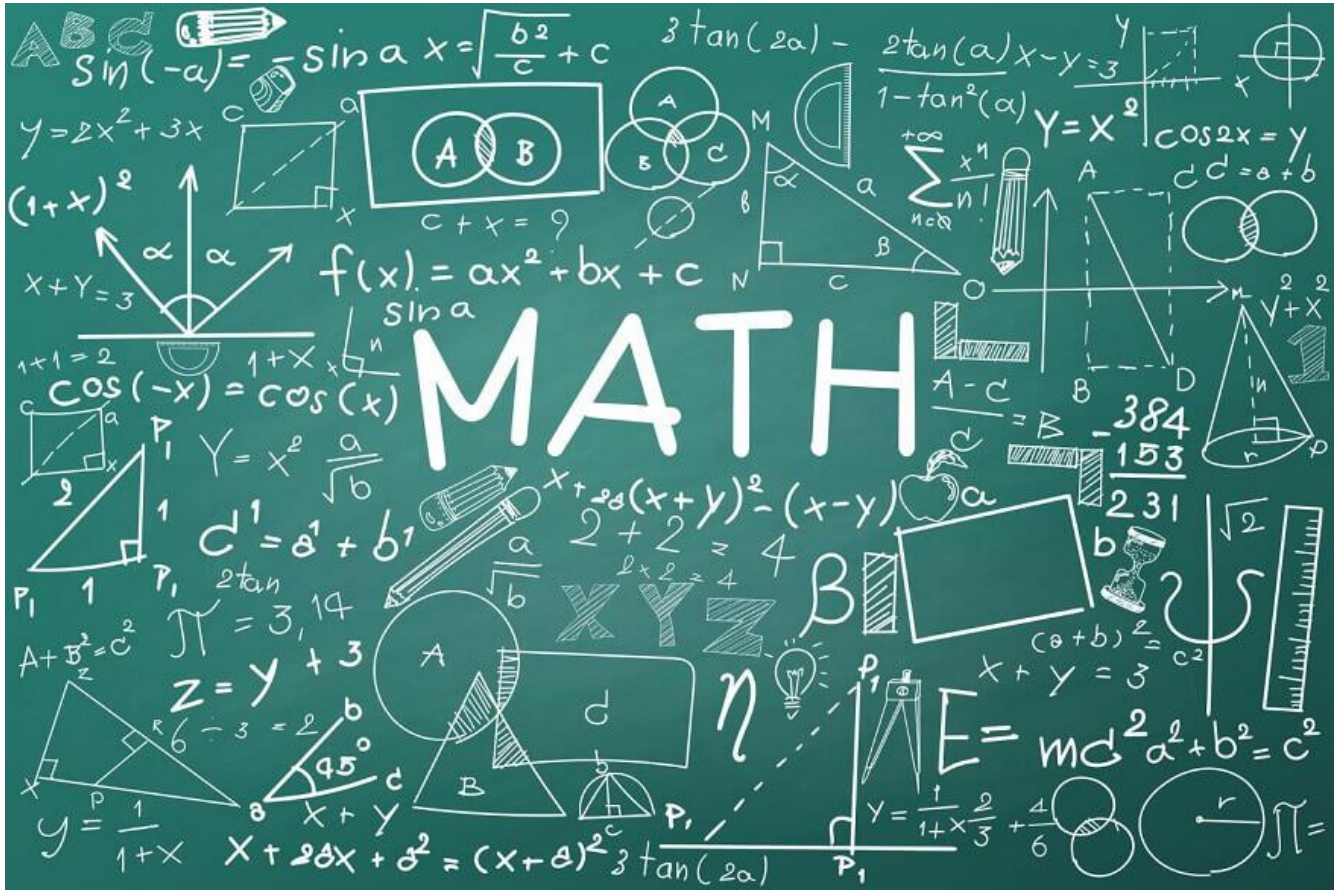




Tutor	K Cook		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11		
Gender	All		
Venue	Wellbeing Garden		

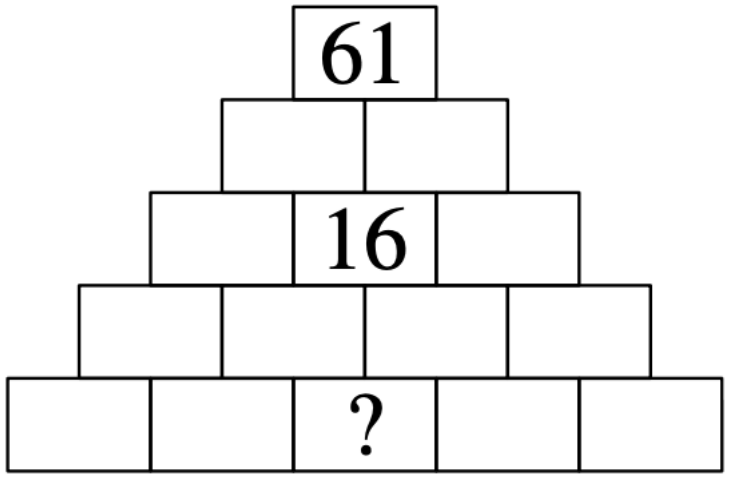
For young volunteers ages 12 to 30, Leos are where it's at. Leos are committed to serving, growing their leadership skills and making connections, and above all to bringing positive change to the world. When Leos come together to serve, things get done. And they have a great time doing it. This term will focus on working in the Wellbeing Garden.

Maths – Year 9 competition



Tutor	N Turner		
Terms	Autumn	Spring	Summer
Year group/s	9		
Gender	All		
Venue	M42		

Maths competition preparation. Looking at team competition rounds and preparing for maths challenges.



Millfield Menu podcast



The Millfield Menu
EST 2026

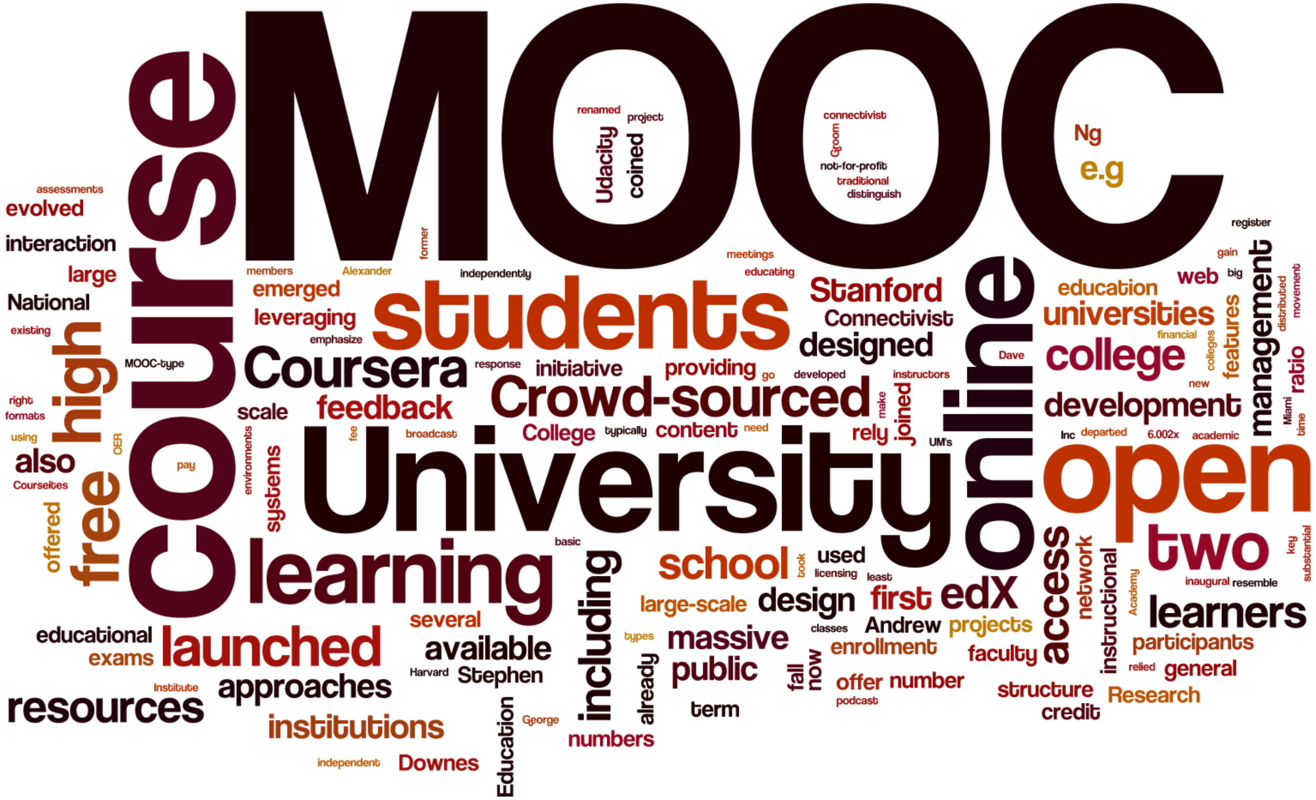
Tutor	Ms J Davies		
Terms	Autumn	Spring	Summer
Year group/s	10,11,12		
Gender	All		
Venue	A4		

The Millfield Menu is the podcast that takes a big bite out of our global flavours. Each episode invites students to step up to the "Dream Dining Table" and spill the beans on their ultimate starter, main, and dessert. Expect extra seasoning in the form of culinary mishaps, foodie folklore, and the occasional hot take such as, does pineapple *really* belong on pizza?!

Along with mouth-watering stories, unexpected cultural combos, and dream dinner guests, listeners are in for a delicious blend of comedy, culture, and pure foodie fun.

Bon Appetit!

MOOC UCAS



Tutor	Mrs A Maddock		
Terms	Autumn	Spring	Summer
Year group/s	11,12		
Gender	All		
Venue	A 10		

Start building your Unifrog profile by adding a MOOC that you complete during MAP

A MOOC is a **Massive Open Online Course** aimed at unlimited access via the web. It is a great way to investigate topics that interest you, as well as find out about topics that you may be interested in studying at university. There is literally an unlimited choice of courses. As a side point, it also looks great on a UCAS form! This MAP will offer you a space to complete your chosen MOOC(s) with like-minded individuals, as well as some support where needed. MOOCs are changing the face of education. There is even one that allows people in Africa to learn how to deal with Ebola cases, using their smart phones. Google 'MOOC' to find out what is on offer.

Music - Orchestra



Tutor	C Hughes, K Barry, M Nash, M Shields, V Illingworth		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	Music Department		

Classical Orchestra

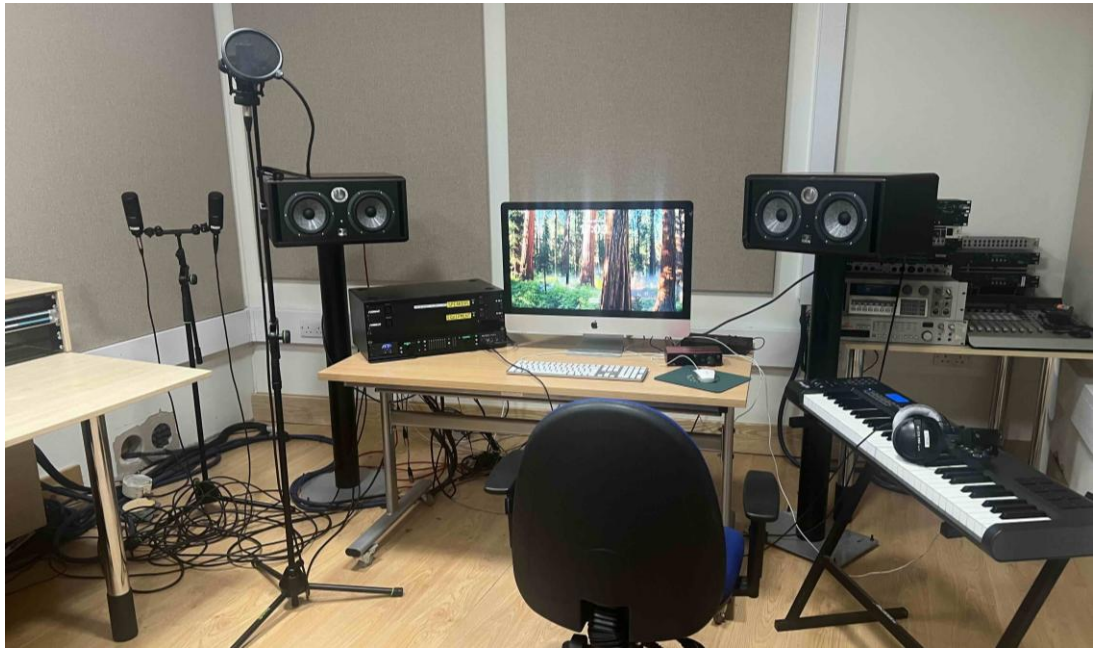




Note – Orchestra runs from **16h00 – 17h30** on a Friday afternoon

Music – Record label

UCAS



Tutor	Mr C Wallace		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	Music Department		

Are you interested in music, media, or business? Be part of something new and exciting by joining the MAP to launch Millfield Record Label. This is your chance to help shape the behind-the-scenes operations of our very first releases.
Each week, we'll explore the inner workings of the music industry—learning about real-world roles, collaborating as a team, and driving forward projects.
We'll be working on:
Business Management (copyright & publishing, project coordination, budgeting.)
Content Creation (music videos, photography, branding, and artwork design.)
Marketing & PR (social media, website content, campaign planning, playlisting.)



Music - Sinfonietta



Tutor	J Boyle		
Terms	Autumn	Spring	Summer
Year group/s	9, 10, 11 12		
Gender	All		
Venue	Johnson Hall Foyer		

Our **new orchestra** for any student who plays an orchestral instrument at grades 3-5. This is for students at Millfield School and MPS. You will be coached in a range of techniques, develop your ensemble skills and explore a wide range of enjoyable pieces. It is great way to get to know more students in our friendly and happy department. Please come and try – it is non-auditioning.
You can move into The Millfield Orchestra when you have reached the required standard and feel ready.



Net sports – Pickleball, badminton & table tennis



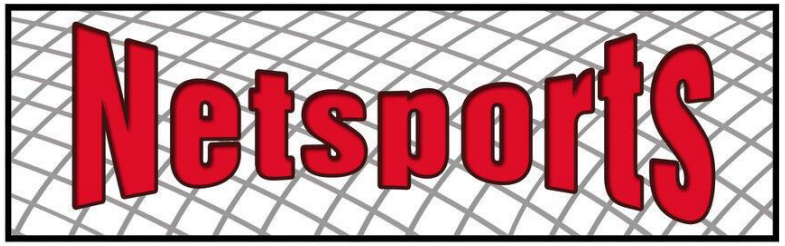






Tutor	A Wood		
Terms	Autumn	Spring	
Year group/s	10,11,12		
Gender	All		
Venue	Barracuda		

Join this MAP to play a combination of pickleball, badminton and table tennis.



Netball for boys





Tutor	L Clark R Grummitt C Gottschalk		
Terms	Autumn	Spring	Summer
Year group/s	9, 10		
Gender	Boys		
Venue	Netball Courts		

Why men's netball is on the rise

'We were intrigued to see the news this week that England Netball has announced a partnership with England Men's and Mixed Netball Association (Emmna) to help grow the men's game in England.

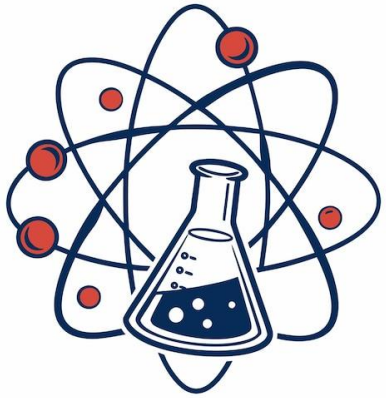
Fran Connolly, the chief executive at England Netball said: "We recognise the brilliant progress made in growing the male game," as the organisation revealed that this new partnership will concentrate on creating more participation opportunities.
It will also see an England development squad play two leading men's sides in Nottingham on 4 and 5 December.
"Supporting Emmna demonstrates an intent from England Netball to take the game to new audiences," Connolly said, adding that the partnership was a "concrete step" in increasing male participation in the sport and supporting World Netball's intent for the sport to be included in the Brisbane Olympics in 2032'

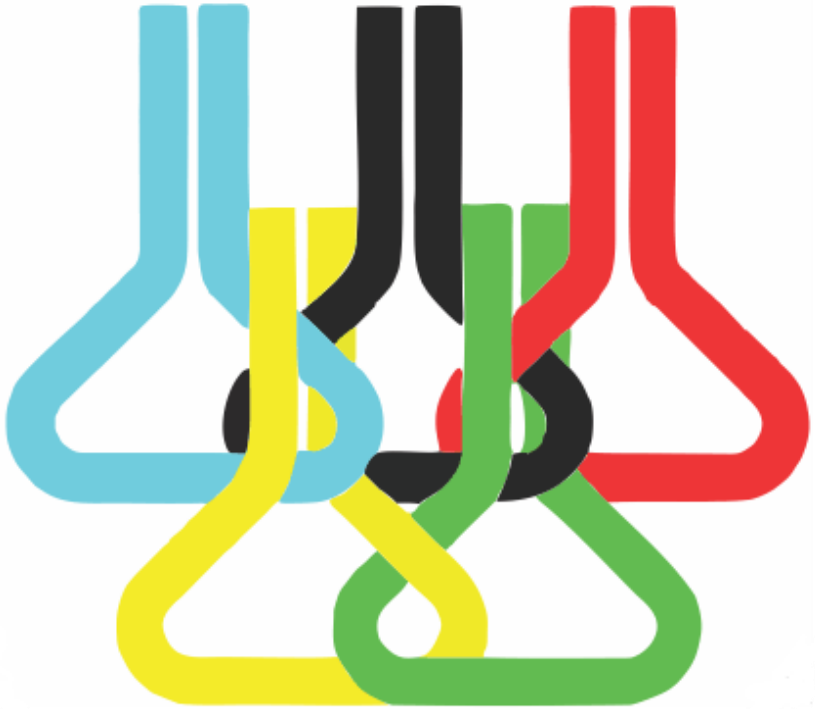
From: Why men's netball is on the rise – Sportside

Olympiad – Chemistry - senior

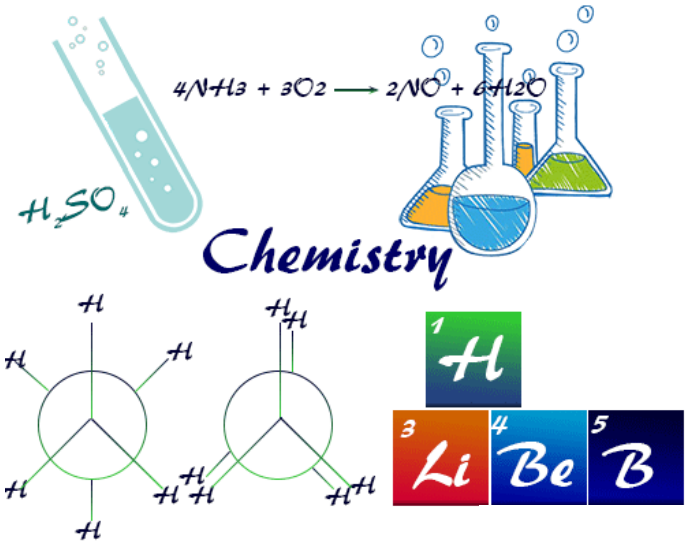
UCAS

ROYAL SOCIETY OF CHEMISTRY





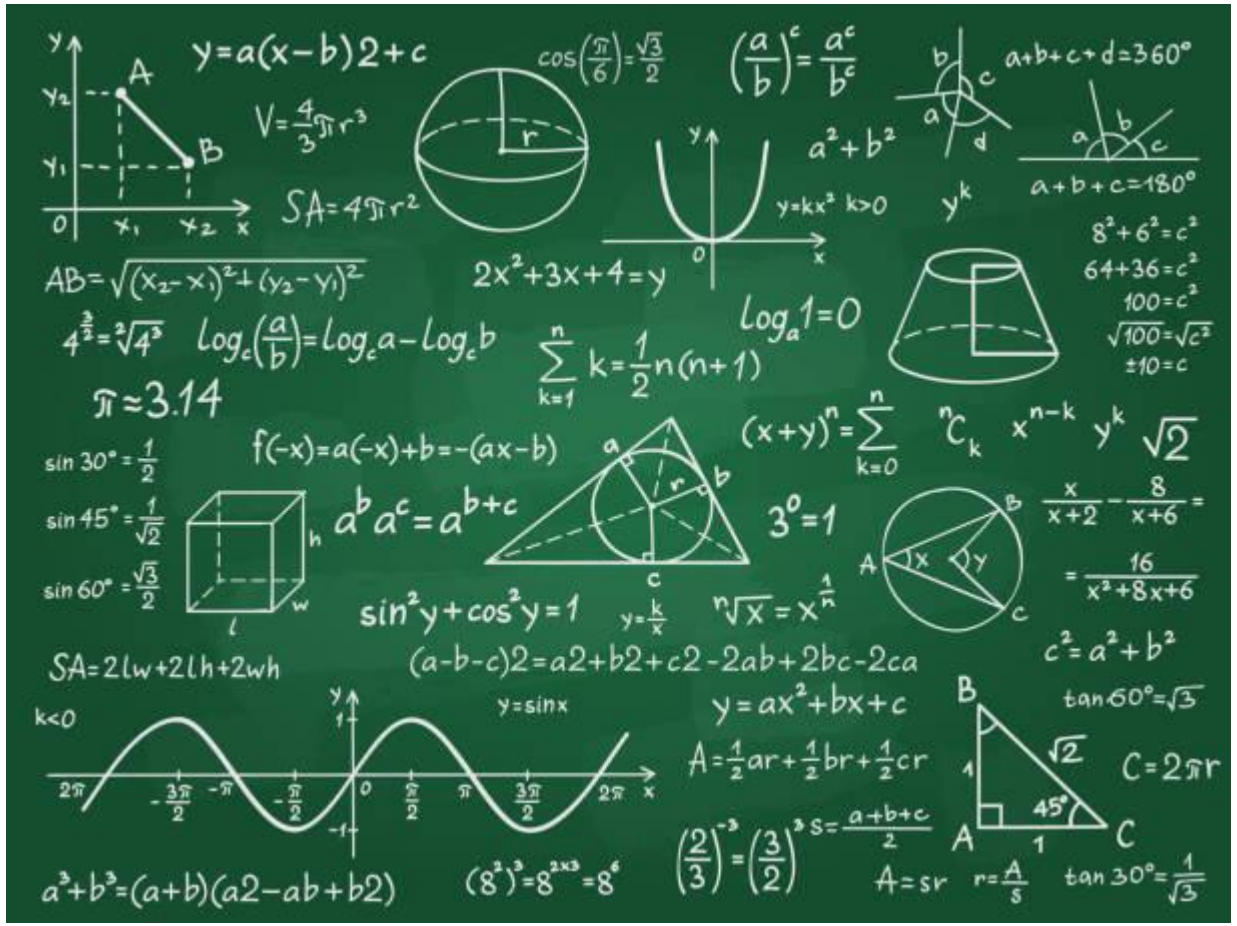
Tutor	J Casalis De Pury		
Terms	Autumn	Spring	Summer
Year group/s	11,12		
Gender	All		
Venue	Chemistry lab 1		



Think you're ready to push your chemistry beyond the classroom? The RSC Chemistry Olympiad is your chance to take on exciting, challenging problems that test your knowledge, creativity, and problem-solving skills. It's a great opportunity to explore real world chemistry, strengthen your university applications, and showcase your talent on a national stage. Whether you're aiming for a career in science or just love a challenge, the Olympiad is the perfect way to stretch yourself and see how far your chemistry can take you!

Olympiad - Mathematics

UCAS

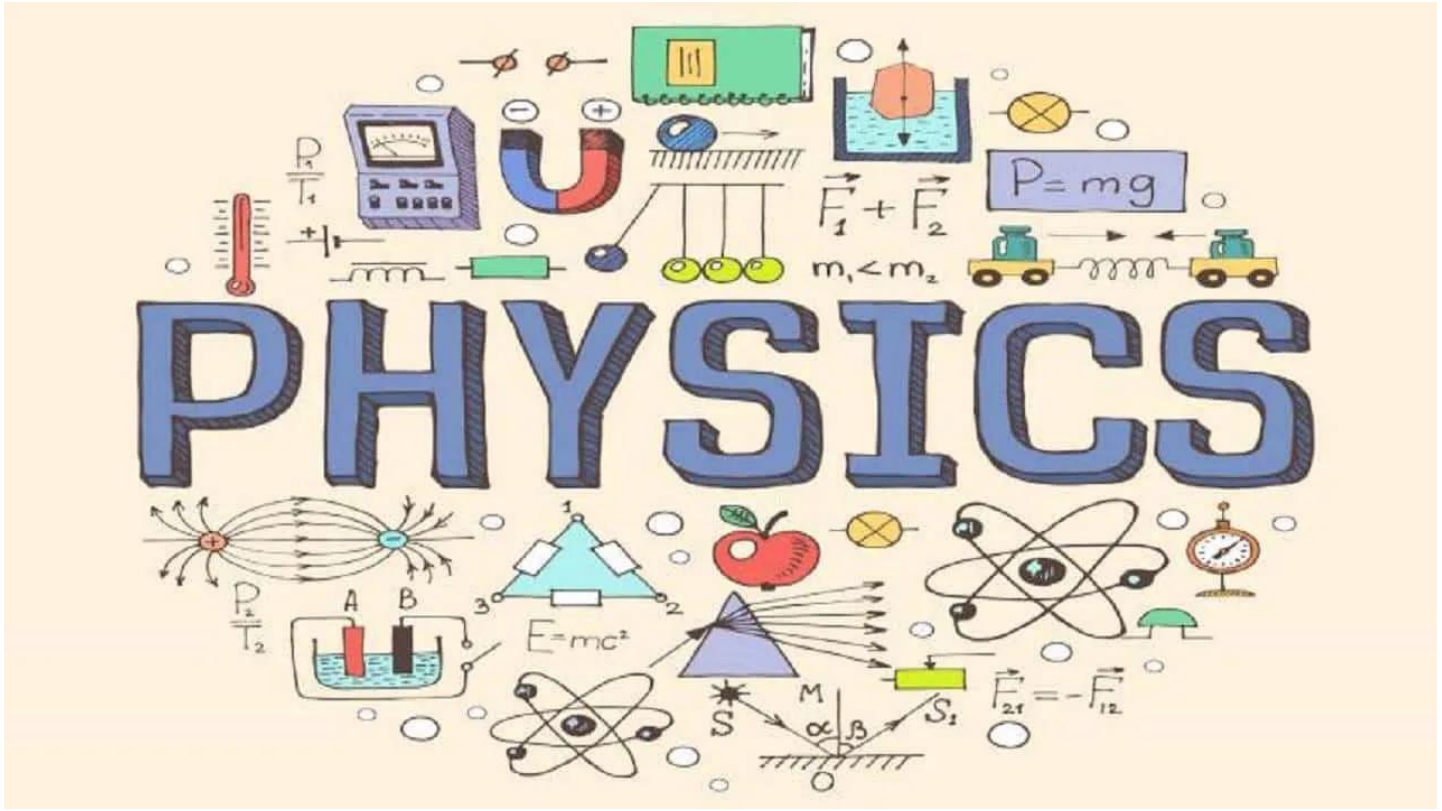


Tutor	Dr C Fiddes		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	M7		

Work on mathematical puzzles and problems with like-minded friends (and if interested, prepare for Mathematical Olympiad competitions). This MAP will also include university entrance papers for L6 and U6 students.

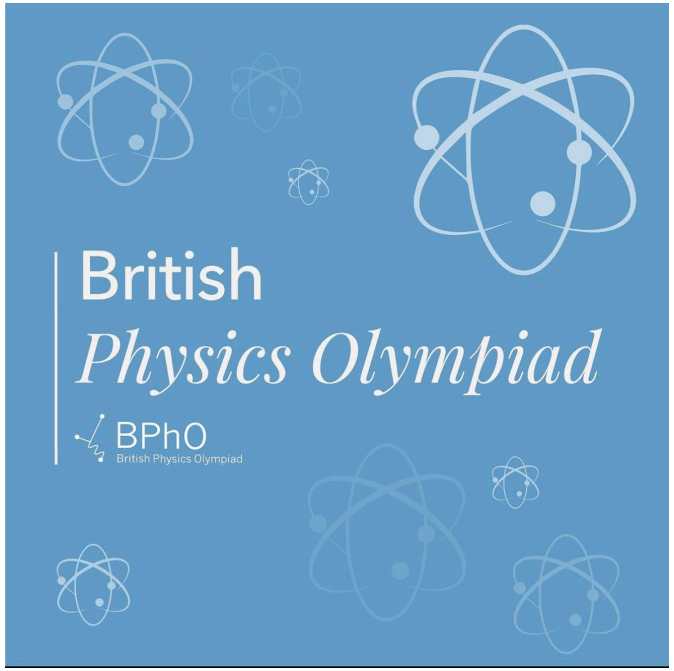
Olympiad - Physics

UCAS



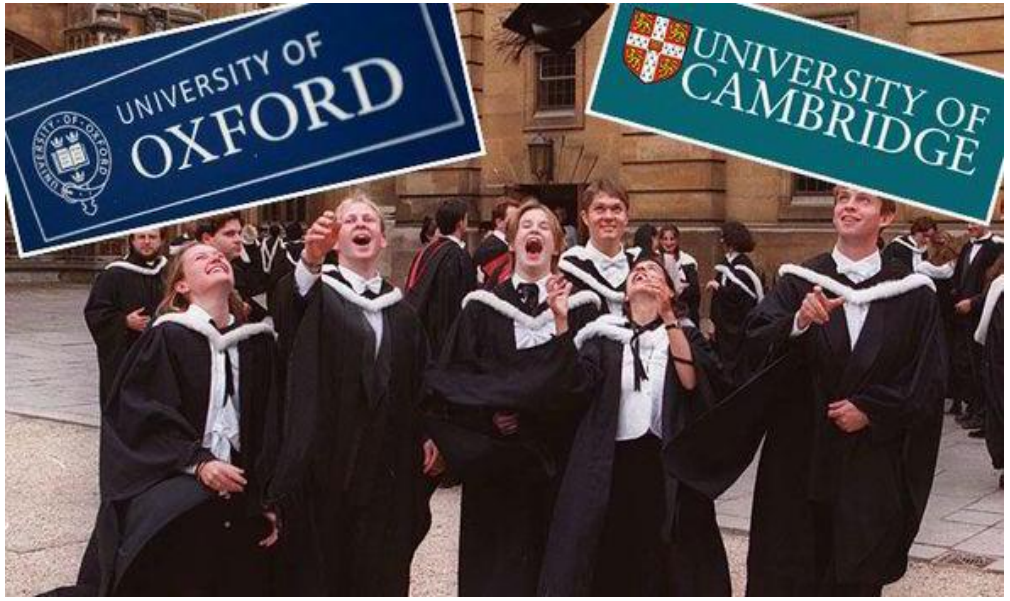
Tutor	P Haynes		
Terms	Autumn	Spring	Summer
Year group/s	10,11,12		
Gender	All		
Venue	Physics 7		

Students will be coached and supported in preparing for Physics Olympiad competitions and related challenge examinations. Sessions will focus on developing advanced problem-solving skills, tackling Olympiad-style questions, and extending physics knowledge beyond the A Level and GCSE curriculum.



Oxbridge preparation

UCAS



Tutor	Dr B Priest		
Terms	Autumn	Spring	Summer
Year group/s	11, 12		
Gender	All		
Venue	Library		

Oxbridge MAP is essential for all students considering applying to Oxford or Cambridge for an Arts and Humanities course, including Law and PPE. We will have small tutorial-style discussions on a range of topics related to your interests beyond the curriculum. This is essential training for your university applications.

If you are thinking of applying to Oxford or Cambridge for a STEM subject, including Economics, it is essential that you do the Maths Olympiad MAP instead.

Peru Expedition



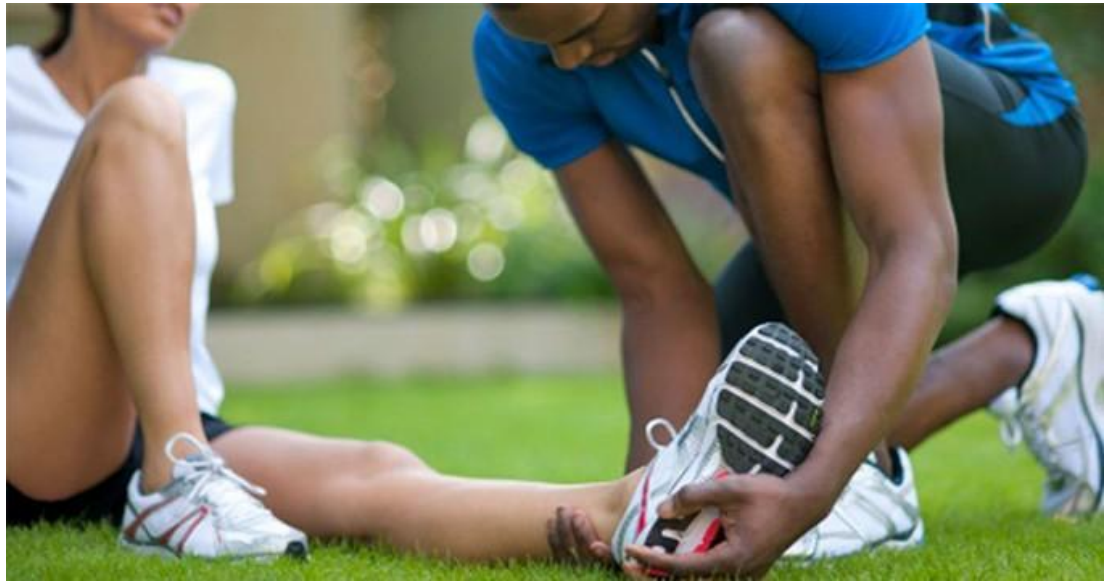
Tutor	M Armanasco		
Terms	Autumn	Spring	
Year group/s	11,12		
Gender	All		
Venue	A17		

Invite only – compulsory for those students who are booked to go on the trip to Peru.



Physiotherapy as a career

UCAS



Tutor	Mr A Ryan		
Terms	Autumn	Spring	
Year group/s	12		
Gender	All		
Venue	Physio suite / Upstairs gym		

If you are considering a career in physio or sports therapy, you can get an insight into what is involved by joining this MAP.

You be able to get both work experience as well as practical tips on how to enhance your application to university should you apply for a physiotherapy course. You will also have the opportunity to learn, experience and develop the skills that will allow you to consider future education and potentially a future career in physiotherapy.



Pilates

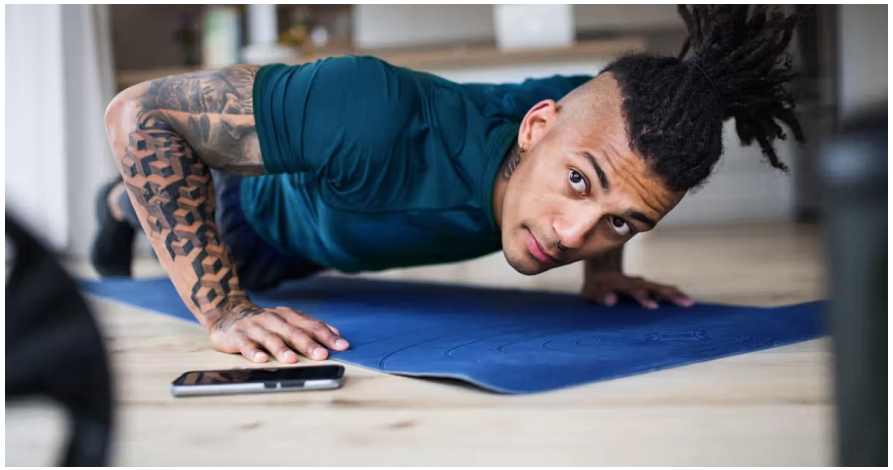


Tutor	Mrs E Cox		
Terms	Autumn	Spring	Summer
Year group/s	10,11,12		
Gender	All		
Venue	Chapel		

Pilates offers significant benefits for health. It improves core strength, flexibility, and posture, while also enhancing athletic performance and injury prevention.

Pilates can be a great complement to other forms of exercise, like weight training, and can help address imbalances and stiffness, making everyday movements more comfortable.

Sessions will be adapted to include some *meditation* if desired, depending on the needs and preferences of the group.



Rackets





Tutor	Ms S Edwards Mr P Lockett		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	Squash Courts		

This MAP presents an opportunity to play a variety of different racket sports: squash, table-tennis and racquetball. You will get tuition in all three games and play competitive matches within the group. It is a great way to diversify your skills and get exposure to games you may not otherwise play.





Reading Club

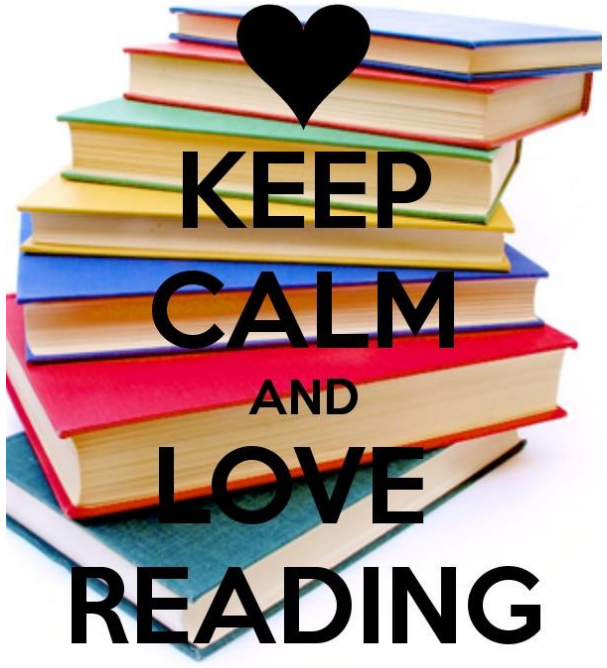




Enjoy a quiet hour of reading in the comfort of the library. Drinks and eats may be available.



Tutor	Mr M Day		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	Library		



Rowing - indoor



Tutor	G Paul		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11, 12		
Gender	All		
Venue	Upstairs Gym		

Come and learn the basics of rowing on the indoor machines, this is a fantastic complimentary sport and there will be opportunities to compete on the indoor machines throughout the year.





An Opportunity to perfect your technique for House Rowing

Rugby Analysis



Rugby analysis will look at footage from professional rugby and apply a deeper understanding of how analysis can be used to improve learning and team strategy.

Tutor	J Mallett F Gabbitas		
Terms	Autumn		
Year group/s	12		
Gender	Boys		
Venue	Gaskell Room		

Invite only





Rugby - touch



Tutor	J Milburn		
Terms	Autumn	Spring	
Year group/s	9, 10, 11, 12		
Gender	Girls		
Venue	Junior Fields		

Enjoy an afternoon of touch rugby in the off-season







Self defence classes for girls



Tutor	J Crouch		
Terms	Autumn	Spring	Summer
Year group/s	9, 10, 11, 12		
Gender	Girls		
Venue	Cricket Centre		

Cost – depends on numbers (between £3.50 -£7)

Welcome to Krav Maga Somerset the home of practical self-defence classes and resilience training for adults who are serious about protecting themselves, their loved ones, and their peace of mind.

Whether you're rebuilding confidence after a traumatic event, feeling unsafe walking home at night, or simply want to learn how to fight back against violence, we're here to guide you every step of the way.

You don't need to be super fit, experienced, or fearless to start. You just need to take the first step.

What Makes Us Different?

Unlike traditional martial arts clubs, we focus on real-world threats, not points, belts or rituals. ***We help ordinary people feel confident, capable, and safe in everyday life, without needing to be aggressive, athletic, or obsessed with training.***

Snooker



Tutor	Mr R Bradshaw		
Terms	Autumn	Spring	Summer
Year group/s	11, 12		
Gender	All		
Venue	Break 'n' Dish		

You will play at the Break 'n' Dish snooker club (Street) on full size tables. A MAP activity for pupils who enjoy the sport and are competent snooker players.





Meet at the Jubilee bus stop.
Approx cost £15.00 per term.

Sport and exercise psychology

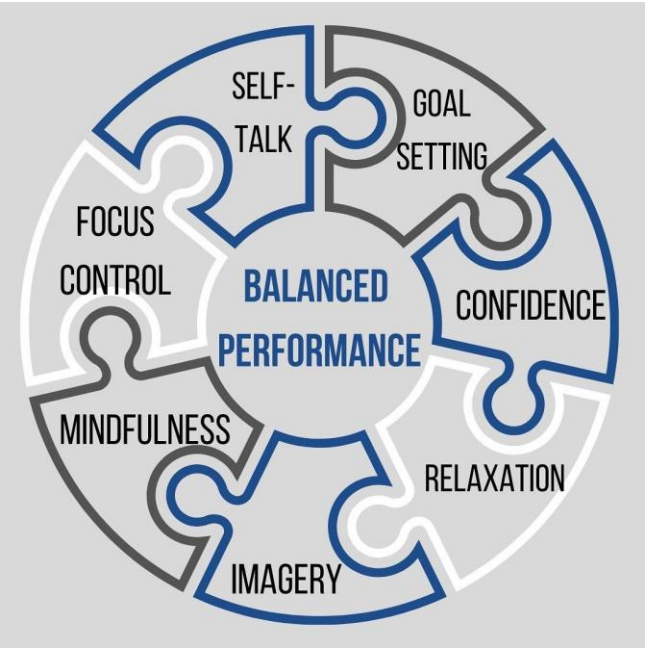


Tutor	Mr R Tench		
Terms	Autumn	Spring	Summer
Year group/s	9,10,12		
Gender	All		
Venue	B31		

This MAP will run as a weekly workshop for any students who want to develop their mental skills for sport, regardless of their level or performance pathway.

The sessions will focus on practical, easy-to-use tools that help students improve confidence, focus, enjoyment, and consistency in their sport. Themes will include:

- Confidence in sport
- Managing nerves and overthinking
- Focus and simple in-game cues
- Resilience and dealing with mistakes
- Motivation and enjoyment
- Positive self-talk



Sport – Girls in Sport



Tutor	Various		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	tbc		

Last year representatives from each house worked together to improve the lives of our female student/athletes here at Millfield.

We addressed the additional challenges that girls face when playing sports and actioned positive change by targeting key areas and educating students and staff in the following areas:

- *Discussed, designed, and improved Millfield sports kits*
- *Nutrition and relationships with food*
- *Sports Bras and female-specific equipment*
- *Female-focused health and injuries prevention*
- *Year Group Assemblies*
- *Held events e.g. International Women's Day*

Be a part of culture evolution at Millfield and beyond.



Sports - Leadership Qualification - Level 2

UCAS





This MAP provides an opportunity for students to become leaders in sports. They acquire and develop, through both practical and theoretical work, five key transferable skills, consisting of problem solving, teamwork, communication, self-belief and self-management. Throughout both the Autumn and Spring terms, they study four units; building leadership skills, plan, lead and evaluate sport/physical activity sessions, assist in planning and leading a sports/physical activity event and lead sport/physical activity sessions in your community. This is a hands-on course, that is both engaging and incredibly rewarding. Throughout the course students run events to Primary students in the local community, giving them the opportunity to put their skills into practice. Students receive a certificate to recognition their success at the end of the course from the Leadership Skills Foundation.

This course requires commitment and enthusiasm, there is no expectation to have any leadership experience.

Tutor	Mrs K Hilton Mrs L Richardson
Terms	Autumn & Spring
Year group/s	9, 10
Gender	All
Venue	PE 4 and Campus Astro

There will be a learner fee of £39.00 per student, as this is an external qualification.

This MAP takes place over two terms so you must be able to commit to the entire course





Table tennis - desktop



Tutor	Mr D Moon		
Terms	Autumn	Spring	Summer
Year group/s	9		
Gender	All		
Venue	H 1		

This is ‘fun’ weekly table tennis tournament played on pushed together classroom desks.



Tennis





Tutor	Mr B Boyd		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11		
Gender	All		
Venue	Tennis Centre		

A great fun activity which allows non tennis players to play the sport with their friends. Get the music on and have some fun with your friends. On the indoor courts so not weather dependent



Trampolining





Tutor	Mrs J Boyd Mrs P Evans		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	Girls and junior boys		
Venue	Barracuda		

Benefits

Increases shoulder mobility: Trampolinists have excellent range of movement in their shoulders because their arms are thrown rod-straight directly up on each bounce

Flattens stomach: Your core-stability muscles are almost constantly engaged to keep you stable and balanced, meaning a tauter, stronger stomach and lower back

Aids sleep: Learning to trampoline can increase the duration of REM sleep (rapid eye movement sleep that aids learning and problem solving), according to a study at the University of Konstanz in Germany, because it involves unfamiliar motor skills

YMCA



Tutor	K Rees-Jaeger G Bicknell		
Terms	Autumn	Spring	Summer
Year group/s	9,10,11,12		
Gender	All		
Venue	FAC 1		



Students will design and deliver a variety of engaging projects, creating fun and interactive activities for children from the local youth club in Street. These sessions will take place twice a week, on Mondays and Fridays, from 7:00 to 8:00 pm, giving students the opportunity to plan during MAP time, lead, and build meaningful connections with local children. The actual planning of activities will take place during MAP time on Fridays.

This is invite only, as it requires commitment not just to attend MAP but to attend Youth club at least once a week.

Yoga - Boys



Tutor	Mr A Holder		
Terms	Autumn	Spring	Summer
Year group/s	11, 12		
Gender	Boys		
Venue	Drama Studio C		

An opportunity to increase your flexibility and wellbeing and learn some yoga postures.





Yoga - Senior Girls





Tutor	Ms H Brough		
Terms	Autumn	Spring	Summer
Year group/s	L6		
Gender	Female		
Venue	LAMDA Studio		

Yoga Club is designed to support your physical wellbeing, mental clarity, and personal confidence. Whether you're completely new to yoga or have some experience, the small dance studio is a supportive space to explore movement, build strength, and unwind from the busy school day in a calm, respectful environment.

Benefits of joining:

✓ Improve flexibility, posture, and core strength

✓ Learn techniques to manage stress and improve focus

✓ Develop mindfulness and self-awareness

✓ Build confidence in a non-competitive setting

Sessions are inclusive and beginner-friendly. Come as you are – dressed in sports kit and with an open mind. Leave feeling stronger, calmer, and more focused..

