

Student Services

Los Alamitos Unified School District

September 25, 2025

**Human Resources
Student Services**



Children and Youth Behavioral Health Initiative (CYBHI)



CYBHI & The Capacity Grant

The Department of Health Care Services has created a new program that helps schools get reimbursed for **mental health services we have always provided** to students.

These are **not new services**—students will continue receiving the same support they've always had. The only change is that schools can now receive payment from Medi-Cal and private insurance for eligible services.

Families will **not** be charged anything. There are **no copays, deductibles, or fees** of any kind.

This new reimbursement program simply allows the district to recover funds for services we already provide, helping us continue to support students' mental health without relying only on general funds or short-term grants.



Student Strengths Survey

Grades: 4, 7 and 10



Student Strengths Survey

This year, Los Alamitos USD is launching a Strengths Survey for students to help improve wellness programs at our schools. We're partnering with Panorama Education to use a trusted, research-based survey.

Students in **4th, 7th, and 10th grades** will take part in this pilot by completing this survey. Their feedback will also help shape district goals through the **Local Control Accountability Plan (LCAP)**.

The survey asks students to reflect on skills like managing emotions, setting goals, building relationships, and staying motivated. It will be taken at school twice a year once in Winter and again in Spring and takes about 15–20 minutes to complete.



What types of strengths/skills will the survey measure?

- **Emotion Regulation:** Students' ability to recognize, understand, and manage their emotions in ways that support positive behavior and decision-making.
- **Self-Efficacy:** Students' confidence in their ability to succeed in specific learning tasks or challenges.
- **Self-Management:** How well students plan, organize, and regulate their thoughts, emotions, and behaviors to meet goals
- **Social Awareness:** Students' ability to understand and empathize with the feelings and perspectives of others.
- **Supportive Relationships:** presence of healthy, positive connections with peers and adults.



Why are we committed to growing these skills?

Skills like curiosity, self-management, and social awareness play a big role in how students succeed in school and in life.

Teachers and other caring adults make a huge difference in helping students build these important life skills. When we work together to grow these strengths, our students will:

- Do better in school and beyond.
- Feel safe to take risks and grow as learners.
- Build positive relationships and stay curious and excited about learning.

By supporting these skills, we help create a safer, more connected, and engaging school environment.



How will the student strengths survey help?

Identifies strengths and needs: Shows where students feel confident and where they may need extra support.

Guides teaching and support: Helps schools plan classroom-wide strategies (Tier 1) and provide added help for some students (Tier 2).

Elevates student voice: Gives students a chance to reflect on their experiences and share their perspective.

Supports early action: Allows schools to respond before challenges become bigger problems.

Tracks progress: Helps monitor whether supports are working and adjust strategies as needed.

