

Notice to parents of students with severe food allergies:

This notice relates to students with severe food allergies, bee sting allergies requiring epinephrine as treatment. If your child has what is potentially a life-threatening condition, it is vital to plan and have medications available at school.

Sacred Heart School medication policy and procedure are in accordance with WA state code. WA State code requires that students with life threatening conditions which include but not limited to food allergies, bee sting allergies, diabetes, severe asthma, and other severe medical conditions have a care plan and medications in place prior to attending school.

As always, all information about the student medications, forms and policies are posted on the health room page of the school website. In WA State, all medications require written authorization by both a physician and parent for medications to be administered to students. This requirement applies to both prescription medications and over the counter (OTC) medications for such things as headaches, allergies, fever, sore throat, menstrual cramps etc. All medications and supplies must be provided by you as parents. The required Archdiocese of Seattle “**Authorization for Medication**” form must be submitted to the health room. The form is available on the school website.

Required submissions for all students with severe food allergies:

- “Authorization for Medication” form stating medication prescribed for the severe food allergies. This form is completed and requires the signatures of **both** a physician and the parent/guardian.
- Additional documentation relating to diagnosis may be provided by the physician.
- Food Allergy Assessment form is completed as part of registration.
- Provided a minimum of 2 epinephrine auto-injectors (generic equivalent, EpiPen/ EpiPen Jr or Auvi-Q)
- Checked that **EACH** epinephrine auto-injector has a current prescription label attached with child’s name.
- Checked that each epinephrine auto-injector is current and not past the expiration dates imprinted on each one.
- In WA State, the first line of treatment is always the prompt administration of a child’s epinephrine auto-injector. A delay in emergency treatment may result in dire outcomes.
- If physician has also prescribed an inhaler, the inhaler must have a prescription label attached, valid expiration date and Authorization for Medication form should indicate whether your child has permission to carry and self-administer.
- For new students to Sacred Heart School, please provide a small photo of your child. (school head shot photo type)

The submitted paperwork & medications will be reviewed, and parents will be contacted if there are any questions. Once the medications & care plan are finalized, your child’s homeroom teacher will be given the care plan & the additional epinephrine auto-injectors to be kept in the classroom. Other staff will be notified of your child’s severe food allergies and prescribed medication.

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