

NOVEMBER 2026

NWRHS LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2
Chicken Tenders
Country Fried Steak Sandwich
Mandarin Chicken over Rice w/ Egg Roll
Garlic Knot Roll
Glazed Carrots
Lima Beans
Sidewinder Potatoes
Brookie Cookie

3
Boneless Buffalo Hot Wings
Pepper Jack Chicken Quesadilla
Garlic Knot Roll
Corn
Pinto Beans
Tater Tots
Vanilla Pudding

4
Chicken Salad on a Croissant
Chicken Tenders
Spaghetti with Meat Sauce
Garlic Knot Roll
Carrots w/ Dip
Savory Green Beans
Candy Cookies

5
Buffalo Hot Wings
Chicken Tenders
Sloppy Joe on Bun
Garlic Knot
Cheese Topped Mashed Potatoes
Steamed Broccoli Florets
Southern Mud

6
Chicken Tenders
Crispy Rolled Tacos with Chicken
Ranch Club Wrap
Garlic Toast
Macaroni and Cheese
Baked Beans
Spicy Fries
Assorted Gelatins w/topping

9
Chicken Tenders
Hot Ham & Cheese Croissant
Mandarin Chicken over Rice w/ Egg Roll
Garlic Knot Roll
Glazed Carrots
Lima Beans
Sidewinder Potatoes
Red Velvet Cookie

10
Buffalo Hot Wings
Walking Tacos
Garlic Knot Roll
Carrots w/Ranch Dressing
Corn
Pinto Beans
Tater Tots
Chocolate Pudding

11
Cheesy Chicken over Rice
Chicken Tenders
Hot Ham & Cheese Croissant
Garlic Knot Roll
Carrots w/Ranch Dressing
Steamed Broccoli Florets
Chocolate Brownies

12
Chicken Tenders
Sliced Turkey Roast with Gravy
Turkey Dressing
Fluffy Roll
Mashed Potatoes
Savory Green Beans
Thanksgiving Dessert

13
Chicken Tenders
Crispy Rolled Chicken Tacos
Philly Chicken Sandwich
Garlic Knot Roll
Baked Beans
Spicy Fries
Assorted Gelatins w/topping

16
American Sub Sandwich
Chicken Tenders
Mandarin Chicken over Rice w/ Egg Roll
Garlic Knot Roll
Glazed Carrots
Lima Beans
Sidewinder Potatoes
Brookie Cookie

17
Beef Pepper Jack Quesadilla
Buffalo Hot Wings
Garlic Knot Roll
Corn
Pinto Beans
Tater Tots
Vanilla Pudding

18
Chicken Salad on a Croissant
Chicken Tenders
Vegetable Beef Soup w/ Grilled Cheese Sandwich
Garlic Knot Roll
Carrots w/ Dip
Savory Green Beans
Candy Cookies

19
BBQ Pork Sandwich
Chicken and Waffles
Chicken Tenders
Garlic Toast
Cheese Topped Mashed Potatoes
Steamed Broccoli Florets
Southern Mud

20
Buffalo Hot Wings
Chicken Tenders
Fajita Walking Nachos
Garlic Knot Roll
Baked Beans
Spicy Fries
Assorted Gelatins w/topping

23

24

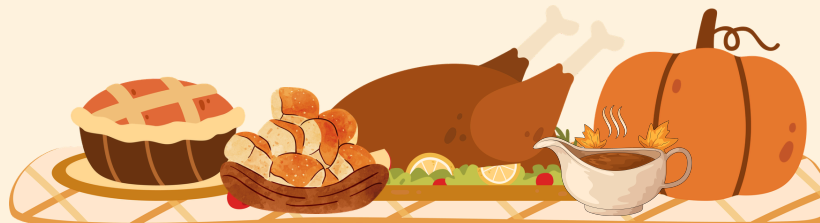
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26

27

Happy Thanksgiving

30
Chicken Tenders
Hot Dog
Garlic Knot Roll
Glazed Carrots
Lima Beans
Sidewinder Potatoes
Red Velvet Cookie



NWRHS LUNCH
DAILY OPTIONS
FRUIT, VARIETY
FRESH FRUIT BOWL
CHOCOLATE MILK
LOW FAT UNFLAVORED MILK
STRAWBERRY MILK

CONDIMENTS
MAYONNAISE
MUSTARD
KETCHUP
DIPPING SAUCE, VARIETY
MARINARA
SYRUP
SALAD DRESSING
SALTINE CRACKERS
CROUTONS