Welcome to Next Level Prime

We're thrilled to share the amazing news that your employer has joined hands with us to provide you with an exceptional healthcare membership. We look forward to caring for you!

Included in your membership:

- Access to 45+ Next Level clinic locations
- Direct primary, preventive and chronic care, 7 days a week, 9 a.m. - 9 p.m.
- Urgent care 7 days a week from 9 a.m. - 9 p.m.
- Telemedicine/virtual visits and care navigation 24/7
- Health and wellness coaching and emotional wellness counseling
- Weight loss solutions, including access to GLP-1 medications



The best way to get care with Next Level

Download our app and make getting care faster.

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nextlevelurgentcare.com

832-957-6200 or 833-957-6200 (toll free)

What does Next Level Prime include?

This is not everything included in the Prime program, but it's a good overview! All Next Level Prime services are available seven days a week from 9 am to 9 pm.

Primary care, preventive care, chronic care

- Advanced imaging referral
- Allergies
- Annual physicals: well man/woman Exams, well child exams
- Arthritis
- Asthma
- Blood draws
- Chronic disease management: diabetes, high blood pressure, high cholesterol, thyroid conditions
- Depression/anxiety
- Fatigue
- Headaches/migraines
- Medication refills
- Preventive screenings
- Specialist referrals
- Vaccinations/immunizations

Urgent care

- Abscesses
- Cold/flu/COVID/strep throat
- Ear infections
- Gastroenteritis
- Headaches
- IV fluids for dehydration
- Pink eye
- Rashes
- Splints & casts for broken Bones
- Sprains & strains
- Stitches for lacerations
- Upper respiratory Infections
- Urinary tract Infections/yeast infections
- X-ray for acute injury

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Health and wellness coaching

- Each individual will receive information on nutrition, exercise, dieting, behavior modifications, body image, and more!
- Individuals will learn healthy habits and how to manage long-term continued success.
- Program is personalized for each individual.
- Reduce risk of chronic health conditions and reverse diseases.
- Accountability services and education to adopt lifelong healthy habits.
- Diabetes program available

Immunizations/vaccines

- DTaP
- Flu shot (4+ years)
- Flu shot (6mo-4yr)
- HepA
- Hepatitis B
- Hib
- High dose flu
- HPV
- MEN B
- Meningococcal (Menactra)
- MMR
- Pneumococcal
- PPD/ TB Skin & X-ray
- Rotavirus
- Shingrix
- TD (Tetanus)
- TDAP
- Varicella

Behavioral and emotional health counseling

- Available to children, adolescents, adults, couples, and families
- Cognitive behavioral therapy
- Mindfulness therapy
- Relational therapy
- Long term therapy needs will be referred to outside behavioral health providers

Durable medical equipment

- Airgel ankle stirrup
- Gamed day ankle brace
- Universal wrist support
- Arm sling (padded)
- Crutches
- Lumbar support
- Neoprene hinged knee Wrap
- Pneumatic walking boot
- Post op shoe
- Slimline cast boot
- Thumb spica/wrist splint

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Lab

All CLIA-waived labs (Rapid Strep, Flu, RSV, Mono, Covid, Urinalysis, trichomonas, urine pregnancy)
Additional labs included below:

- Amylase
- CBC
- CMP
- Folic acid
- Free T4
- FSH
- HCG quantitative
- Hemoglobin A1c
- Hepatitis B Antibody
- Hepatitis B surface antigen
- Hepatitis C Ab
- Hepatitis panel
- HIV screen
- Iron
- LH
- Lipase
- Lipid panel
- Liver panel
- Magnesium
- Microalbumin
- PSA
- Sedimentation Rate
- Testosterone for male
- Throat culture
- Thyroid panel with TSH
- Total estradiol
- Total T3
- TSH
- Uric acid
- Urine (w/creatinine)
- Urine Culture
- Vitamin B12
- Vitamin B12/folate
- Vitamin D
- Wound culture

Weight loss solutions

- Everything patients need to successfully shed excess weight for a happier, healthier life.
- Virtual consultation with a medical provider to evaluate individual needs and personalize a health plan.
- Initial blood work and follow ups to track progress
- GLP-1 medication delivered to your door
- Up to 12 additional sessions with our health coaches.
- Up to 12 additional sessions with our emotional wellness counselors.
- Monthly follow ups and progress monitoring



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Health & Wellness Coaching

It's more than just losing weight, it's a change of life!

Lead a healthier lifestyle with extremely practical program!

Each individual will receive information on nutrition, exercise, dieting, behavior modifications, body image, and more!

Individuals will learn healthy habits and how to manage long-term continued success.

Key Points

- Program is personalized for each individual
- Accountability services and education to adopt lifelong healthy habits
- Focus on healthy habits, not medication
- Reduce risk of chronic health conditions and reverse diseases
- Get motivated to change

Included with your PRIME Membership at no additional cost to you!



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Emotional Wellness

Emotional wellness is the ability to handle life's stresses and adapt to change and difficult times.

Next Level PRIME wants to help you improve your emotional wellness!

Are you experiencing:

- Fatigue
- Increased irritability
- Change in appetite
- Sleep changes
- Loss of pleasure in things you used to enjoy
- Isolation
- Increased worries

We can help with life's stressors:

- Financial concerns
- Relationships
- Family dynamics
- Depression
- Anxiety
- Work stress
- Traumatic events
- Chronic health conditions

If you have been noticing any of these, Next Level PRIME can help!



Download our app to speak to a Care Navigator about our emotional wellness program.

nextlevelurgentcare.com

832-957-6200 or 833-957-6200 (toll free)

Next Level Prime weight loss program: healthier living, happier you.

Your Prime membership includes access to a significantly discounted subscription weight loss program, including GLP-1 medications.

The Next Level Prime weight loss program includes:

- Individualized program determined by medical providers
- Complete initial labwork and follow up virtual visits to track progress
- Medications delivered to your door
- Semaglutide/cyanocobalamin or Tirzepatide/Niacin
- Up to 12 additional sessions with our health coaches and emotional wellness coaches

Make getting care even easier and faster by downloading our app.

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Have questions? We've got you covered.

How do I get started?

Using Prime is easy. Simply download our mobile app to get started. If you are having difficulty, please contact navigator@NextLevelUrgentCare.com

Do I need an appointment?

Preventive Care/Chronic Care – Yes you do! Let us know you are coming so that we can ensure we have the vaccinations or labs you require on hand.

Urgent Care – You can schedule an appointment or walk right in. Please note: Prime membership does not allow you to skip the line.

Telemedicine – Appointments are required, but available any time, day or night.You can schedule appointments through our mobile app.

I already have a primary care provider. What else can I use Prime for?

If you have a health concern when your PCP is unavailable, use Prime! At the end of your appointment, we will send a summary of your office visit to your Primary Care Physician.

How do I schedule my annual physical?

Conveniently schedule through the Next Level mobile app. One of our Prime providers will perform your intake virtually before scheduling your physical at one of our locations. Physicals can be performed between 9 a.m. - 9 p.m., 7 days a week.

Are prescriptions covered under Prime?

Although prescriptions aren't included with your membership, the Next Level mobile app offers a pharmacy benefits card that provides members with access to significant drug discounts.

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What if I need lab work, durable medical equipment (DME) or a vaccine?

Many labs, vaccines, and DME are included with your Next Level Prime membership.

I have a health concern, but it's after 9 p.m. Can you help?

Our Care Navigators are available 24/7 to assist you with any questions or concerns you may have. You can message us anytime using the Next Level mobile app. Additionally, a Prime provider is always available, day or night, for a telemedicine appointment.

What if I have a serious medical condition?

If we determine that your condition requires a specialist, we will refer you to a specialist in network with your insurance. If your condition is emergent, we will send you to the nearest emergency room.

What about mental health?

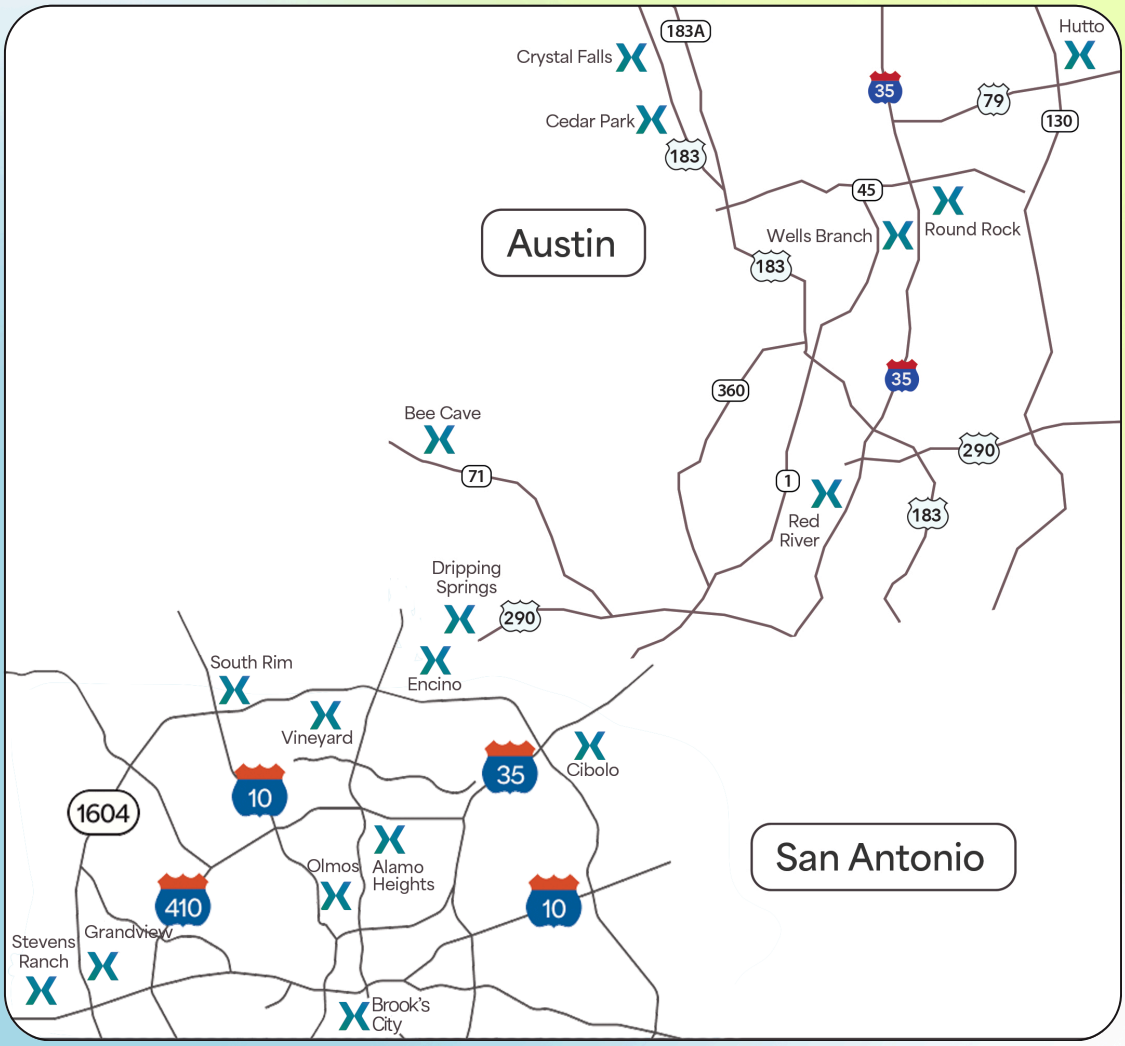
Your membership includes up to 12 emotional wellness counseling sessions. Additionally, all Prime providers are skilled in addressing many mental health concerns, including depression, anxiety, and attention deficit disorders.

Can Next Level Prime help me lose weight?

Your Next Level Prime membership includes up to 12 health coaching sessions. Our health coaches will work with you to personalize a weight loss plan and assist you in building healthy habits. Additionally, Next Level Prime offers a heavily discounted weight loss subscription plan, including GLP-1 medications for qualifying members.

Care is always within your reach.

We're in communities all across Austin and San Antonio. Our doors are open from 9 a.m. to 9 p.m. every day, ready to help whenever you need us.



Care is always within your reach.

We're in communities all across Houston and Beaumont. Our doors are open from 9 a.m. to 9 p.m. every day, ready to help whenever you need us.

