October Lunch Menu

Karnes City Lunch Menu

Week 1

10/1- Lasagna, Spaghetti, Chicken Alfredo, Chicken Parmesan served/ Baked Beans, Sauteed Spinach, Seasoned Corn, & Garlic Sticks

10/2- Burritos, Crispitos, Corn Dogs, or Peperoni Pizza served w/ French Fries, Broccoli & Carrot Bites w/ Ranch

Week 2

10/5- Garlic Steak Bites, Roasted Chicken, Sausage Wraps, or Steak Fingers served w/ Scalloped Potatoes, Mixed Veggies, Side Salad, & Dinner Rolls

10/6- Cajun Spaghetti, Dirty Rice, Chicken Strips, or Cajun Chicken Alfredo served w/ Southern Green Beans, Cajun Butter Carrots, Seasoned Corn & a Dinner Roll

10/7- Nacho Bar: Choice of Seasoned Beef, Chicken Fajita, or Pork Carnitas served w/ Spanish Rice, Refried Beans, Side Salad

10/8- Hotdogs, French Bread Pizza, Chicken Nuggets, or Pepperoni Hot Pockets served w/ Cheesy Broccoli, Baked Beans, & Peas & Carrots

Week 3

10/13- Cheese Burgers, Chicken Sandwich, or Buffalo Chicken Hot Pockets served w/ Tater Tots, Mixed Veggies, & a Side Salad

10/14- King Ranch Casserole, Menudo, Abondigas, or Burritos served w/ Charro Beans, Spanish Rice, Street Corn, & Corn Tortillas

10/15- Chicken Fried Steak, Chicken Fried Chicken, Fried Chicken, or Breaded Pork Chops served w/ Mashed Potatoes, Gravy, Seasoned Corn, Green Beans, & Dinner Roll

10/16- Mozzarella Cheese Sticks, Cheese Pizza, Pepperoni Pizza, or Burritos served w/ Baked Beans, Broccoli Salad, & Peas & Carrots

Week 4

10/19- Oven Roasted Chicken, Brisket Baked Potato, Salisbury Steak served w/ Cheesy Ranch Potatoes, Ranch Glazed Carrots, Side Salad, & a Dinner Roll

10/20- Frito Pie, Caldo de Pollo, Chicken Fajita Tacos, or Crispy Beef Tacos served w/ Cilantro Lime Rice, Charro Beans, Southwest Green Beans, & Crackers

10/21- Corn Dogs, Fish Sticks, Hot Dogs, or Chicken Nuggets served w/ Scalloped Potatoes, Braised Kale, Seasoned Corn, & Dinner Roll

10/22- BBQ Chicken, Smoked Turkey, Smoked Sausage, or Brisket served/ Cole Slaw, Potato Salad, Ranch Style Beans, Side Salad, Sliced Bread

10/23- Chicken Sandwich, French Bread Pizza, Personal Cheese Pizza, Sausage Wraps served w/ Tomato, Cucumber, & Carrots bites w/ Ranch

Week 5

10/26- Baked Potato Bar: Choice of Seasoned Beef, Chicken Fajita, Chopped Brisket served w/ Cheese, Sour Cream, Bacon Bits, Green Onion, Glazed Carrots, Cole Slaw, Side Salad, Sliced Bread

10/27- Tortilla Soup, Tostadas de Tinga, Torta de Asada, or Chili Mac served w/ Spanish Rice, Charro Beans, Fiesta Corn, & Crackers

10/28- Turkey Bacon Ranch Club Flat Bread, Meatball Subs, or Buffalo Chicken Sandwich served w/ Chips, Mixed Veggies, Side Salad

10/29- Chicken Noodle Soup, Tomato Basil Soup, or Taco Soup served w/ Tomato & Cucumber Salad, Glazed Carrots, & Crackers

10/30- Spaghetti, Hamburger Pizza, Cheese Pizza, or Mozzarella Sticks served w/ Seasoned Corn, Baked Beans, Side Salad, & Bread Sticks

Menu Subject to Change. Assorted Fresh Fruits, Salads, and Milk Served Daily.

This Employer is an Equal Opportunity Employer.

TIME FOR LUNCH