

# NOVEMBER 2026

*Health-e Pro* 

| MON                                                                                                         | TUE                                                                                                                               | WED                                                                                 | THU                                                                                                                           | FRI                                                                                                                                                                |
|-------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>2</b><br>#1 Mac & Cheese (M)<br><br>Broccoli & Craisins                                                  | <b>3</b><br>#1 Beef Soft Taco<br>#2 Plant Based Meat Soft Taco (M)*<br><br>Baby Carrots & Oranges<br>Churro                       | <b>4</b><br><b>No School</b>                                                        | <b>5</b><br><b>No School</b>                                                                                                  | <b>6</b><br>#1 Chicken Nuggets w/ Whole Grain Vanilla Crackers<br>#2 Rebellious Plant-Based Nuggets w/ Whole Grain Vanilla Crackers (M)<br>Peas & Mandarin Oranges |
| <b>9</b><br>#1 Chicken Burger<br>#2 Veggie Burger (M)<br><br>Broccoli & Fruit Cocktail                      | <b>10</b><br>#1 Teriyaki Beef Dippers w/ Brown Rice<br><br>Baby Carrots & Oranges<br>Chocolate Chip Cookie                        | <b>11</b><br><b>No School</b>                                                       | <b>12</b><br>#1 Pasta w/ Meat Sauce<br>#2 Pasta w/ Plant-Based Meat Sauce (M)*<br><br>Kidney Beans & Craisins<br>Sugar Cookie | <b>13</b><br>#1 Whole Grain Chicken Corndog<br><br>Corn & Grapes                                                                                                   |
| <b>16</b><br>#1 Fish Nuggets & Fries<br><br>Garbanzo Beans & Craisins                                       | <b>17</b><br>#1 Nacho Supreme<br>#2 Plant Based Meat Nacho Supreme (M)*<br><br>Baby Carrots & Diced Peaches<br>Rice Krispie Treat | <b>18</b><br>#1 Pepperoni Pizza<br>#2 Cheese Pizza (M)<br><br>Celery Sticks & Apple | <b>19</b><br>#1 Cheeseburger<br>#2 Veggie Burger (M)<br><br>Broccoli & Craisins<br>Pumpkin Cake                               | <b>20</b><br>#1 Chicken Nuggets w/ Whole Grain Vanilla Crackers<br>#2 Rebellious Plant-Based Nuggets w/ Whole Grain Vanilla Crackers (M)<br>Peas & Banana          |
| <b>23</b><br>#1 Cheesy Rippers w/ Pizza Dipping Sauce (M)<br><br>Broccoli & Fruit Cocktail                  | <b>24</b><br>#1 Creamy Cheeseburger Penne<br><br>Baby Carrots & Applesauce Cup<br>Snickerdoodle                                   | <b>25</b><br><b>No School</b>                                                       | <b>26</b><br><b>No School</b>                                                                                                 | <b>27</b><br><b>No School</b>                                                                                                                                      |
| <b>30</b><br><b>Brunch For Lunch</b><br>#1 Dutch Waffle w/ Chicken Sausage Patty<br><br>Broccoli & Craisins |                                                                                                                                   |                                                                                     |                                                                                                                               |                                                                                                                                                                    |

## ANNOUNCEMENTS

(M) = Meatless Entrée

### Daily Entrées Available:

- #3 Yogurt Lunch (M)
- #4 Baked Potato Bar (M)

Every complete meal comes with a choice of 1% white milk or fat free chocolate milk and garden bar.

\*Peas are legumes. People with severe allergies to legumes like peanuts should be cautious when introducing pea protein into their diet because of the possibility of a pea allergy.

Menu subject to change.

## MEAL PRICES

**Eligible students receive meals at no cost**

Student Lunch = \$4.50

Milk = \$0.75

Adults = \$6.00

This institution is an equal opportunity provider.