

Urban Academy Charter School

Breakfast				
Monday	Tuesday	Wednesday	Thursday	Friday
			Oct 1	Oct 2
			Mini Bagel w/ Cinnamon Cream Cheese	Blueberry Muffin
			Cinnamon Rolls, mini	String Cheese
			Fruit/Fruit Juice, Milk	French Toast Sticks
Oct 5	Oct 6	Oct 7	Oct 8	Oct 9
Cinnamon Toast Crunch Cereal	Mini Loaf Banana	Oatmeal Round (Apple Cinn)	Waffle, mini	Cereal Bar, Strawberry
Apple Frudel	String Cheese	Waffle, mini	Cinnamon Rolls, mini	String Cheese
Fruit/Fruit Juice, Milk	Mini Bagel w/ Cinnamon Cream Cheese	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	French Toast Sticks
Oct 12	Oct 13	Oct 14	Oct 15	Oct 16
Cereal Golden Grahams	Cinnamon Rolls, mini	Granola	Mini Bagel w/ Strawberry Cream Cheese	Apple Cinnamon Muffin
Apple Frudel	Mini Bagel w/ Cinnamon Cream Cheese	Yogurt (Strawberry Banana) 4 oz	Cinnamon Rolls, mini	String Cheese
Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Waffle, mini	Fruit/Fruit Juice, Milk	French Toast Sticks
Oct 19	Oct 20	Oct 21	Oct 22	Oct 23
Cereal Cocoa Puffs	Mini Loaf Blueberry	Cinnamon Toast Crunch Soft Bar	Waffle, mini	Cereal Bar, Cocoa Puffs
Apple Frudel	String Cheese	Cinnamon Rolls, mini	Mini Bagel w/ Strawberry Cream Cheese	String Cheese
Fruit/Fruit Juice, Milk	Mini Bagel w/ Cinnamon Cream Cheese	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	French Toast Sticks
Oct 26	Oct 27	Oct 28	Oct 29	Oct 30
Cinnamon Toast Crunch Cereal	Cinnamon Rolls, mini	Granola	Mini Bagel w/ Cinnamon Cream Cheese	Blueberry Muffin
Apple Frudel	Mini Bagel w/ Cinnamon Cream Cheese	Yogurt (Raspberry) 4 oz	Cinnamon Rolls, mini	String Cheese
Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Waffle, mini	Fruit/Fruit Juice, Milk	French Toast Sticks
MENUS SUBJECT TO INFREQUENT CHANGE BASED ON AVAILABILITY OF ITEMS Note: Menus may use ingredients that contain nuts/seeds, milk, egg, soybean, and other products. All Done Right Food meals are Pork-Free. <i>This institution is an equal opportunity provider.</i>			Our Commitment "Healthy Food, Healthy Message" We provide wholesome, delicious, real food that helps teach the right message to children. ANY QUESTIONS? CONTACT: School Office or DONE RIGHT FOOD @ www.donerightfood.com	