

Breakfast Menu

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October 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

5 Cocoa Puffs Cereal Bar 🌻 🌻
Fresh Apple 🍏

6 Chocolate Chip Muffin 🍏
Strawberry & Banana Yogurt Cup
Fresh Apple 🍏

7 Soft Filled Cinnamon Toast Crunch Bar 🍏
Fresh Apple 🍏

1 Banana Bread 🍌 🍏
Fresh Apple 🍏
1% Low Fat Milk

2 **SCHOOL CLOSED TODAY**

12 **SCHOOL CLOSED TODAY**

13 Cocoa Puffs Cereal Bar 🌻 🌻
Fresh Apple 🍏

14 Frosted Corn Flakes Cereal 🍏 🌻
Fresh Apple 🍏

15 Reduced Sugar Trix 🍏
Fresh Apple 🍏

16 Banana Bread 🍌 🍏
Fresh Apple 🍏

19 GENML Betty Crocker Oatmeal Bar
Chocolate Chip WG 144/1.24oz 45977 🍏
🌻
Light Mozzarella Cheese Stick
Fresh Apple 🍏

20 Soft Filled Cinnamon Toast Crunch Bar 🍏
Fresh Apple 🍏

21 Apple Cinnamon Cheerios Cereal 🍏 🌻
🍏 🌻
Fresh Apple 🍏

22 Mini Cinnamon Pull Apart Roll 🍏 🌻
Fresh Apple 🍏

23 Nutri-Grain Bar 🌻 🍏
Light Mozzarella Cheese Stick
Fresh Apple 🍏

26 Cocoa Puffs Cereal Bar 🌻 🌻
Fresh Apple 🍏

27 Chocolate Chip Muffin 🍏
Strawberry & Banana Yogurt Cup
Fresh Apple 🍏

28 Reduced Sugar Trix 🍏
WG Honey Bear Graham Crackers
Fresh Apple 🍏

29 Banana Bread 🍌 🍏
Fresh Apple 🍏

30 Mini Maple Pancakes 🍏
Fresh Apple 🍏

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

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