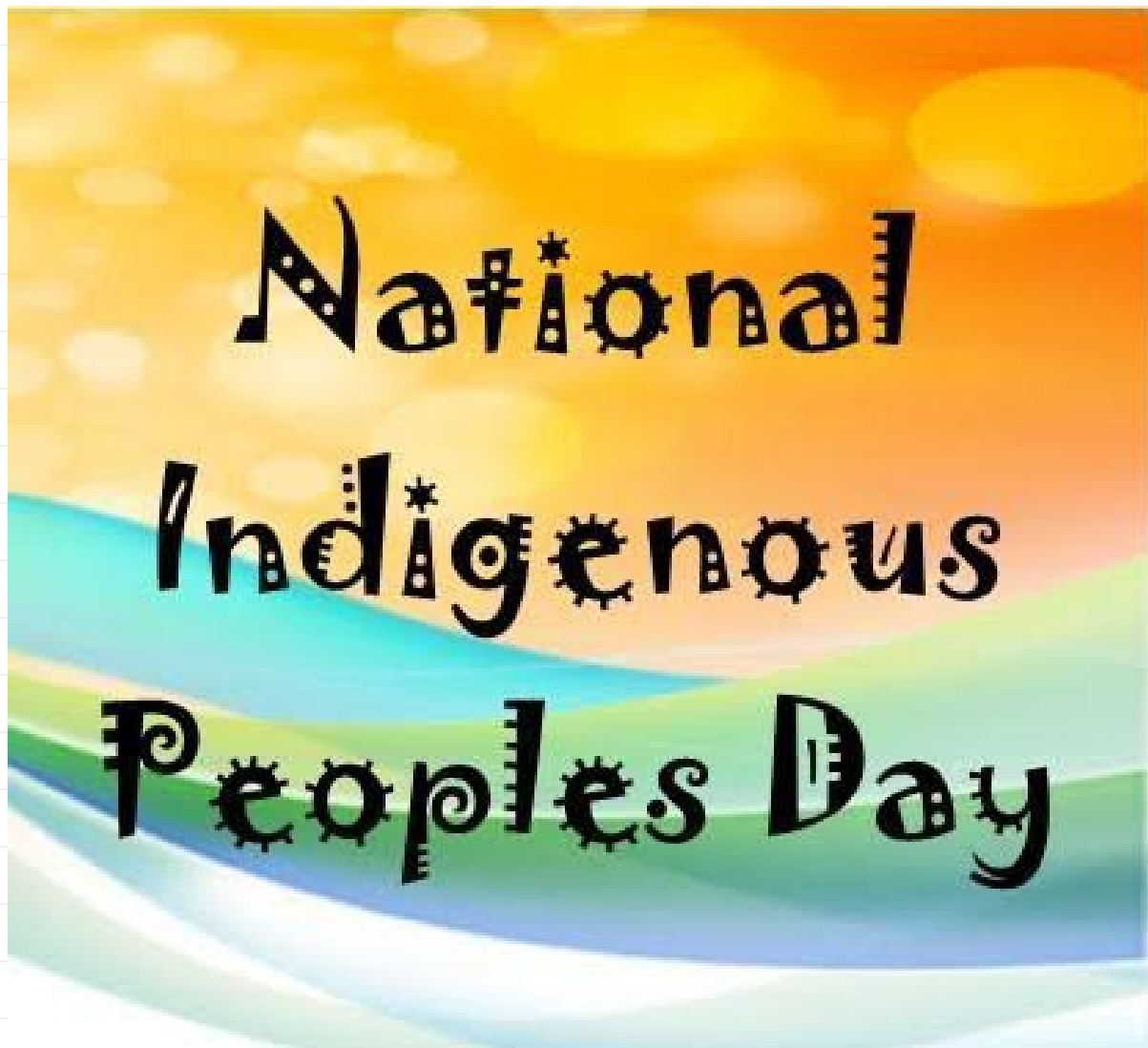


26-27 Rebel Report

COMPASSION HONESTY RESPECT RESPONSIBILITY

October 9, 2026

School is closed on Monday, October 12 in honor of Indigenous Peoples' Day



MS. GIGGIE IS RETIRING



Dear Reeds Brook Families,

I have some bittersweet news to share. After decades of dedicated service to our school family, our administrative assistant, Ms. Rose Giggie, is retiring. Her last day will be Thursday, October 15th.

For so many of our students and families, Ms. Giggie has been the first friendly face and voice of Reeds Brook. She has touched countless lives here, and she will leave big shoes to fill. Fittingly, I'm delighted to share that she has been named our September Leaders Among Us honoree. I truly cannot thank her enough for her leadership and commitment to our school. If you or your child would like to share a note of thanks or well wishes, please do so this week. I know it would mean a great deal to her.

We will have a new administrative assistant starting on Monday, October 18th. I'm also pleased to announce that Mrs. Megan Bacon will be joining our office team. Mrs. Bacon currently works at Weatherbee, and will be familiar face to our students and you. We appreciate your support during this transition

Warmly,

October 2026 A–F Day Rotation

Monday	Tuesday	Wednesday	Thursday	Friday
September 28 B Day	September 29 C Day	September 30 D Day	October 1 E Day	October 2 F Day
October 5 A Day	October 6 B Day	October 7 C Day	October 8 D Day	October 9 EARLY DISMISSAL No letter day
October 12 HOLIDAY Indigenous Peoples' Day No school, no letter day	October 13 E Day	October 14 F Day	October 15 A Day	October 16 B Day
October 19 C Day	October 20 D Day	October 21 E Day	October 22 F Day	October 23 A Day
October 26 B Day	October 27 C Day	October 28 D Day	October 29 E Day	October 30 F Day

OCTOBER WELLNESS STUDY UNITS



GBS Grade 6 M02 October -family-bulletin (1).pdf

Download
639.7 KB



GBS Grade 7 M12 October -family-bulletin.pdf

Download
225.6 KB



GBS Grade 8 M22 October -family-bulletin (1).pdf

Download
224.0 KB

Tuesday, October 13: E Day

Lunch: Hamburger (whole grain bun, choice of American cheese and toppings) with French fries

Morning clubs: 7:00–7:40 Show Choir: Jessica Kust

Afternoon clubs: 2:00–3:00 TombStone: Carol Gourmelon

Athletics:

- XC practice 2:10–3:45 (rescheduled from 9/29)
- Girls Soccer home vs. Cohen (HA Turf): A team 3:00, B team 4:15
- Boys Soccer @ Cohen: A team 3:00, B team 4:15 (bus time TBD)
- Field Hockey home vs. Troy Howard: A team 3:30, then B team
- Football @ Oceanside, 4:30 start. Early dismissal: bus leaves RBMS 1:30, WG ~1:40

Wednesday, October 14: F Day (Apple Crunch Day! 🍏)

Lunch: Popcorn chicken bowl with mashed potato, corn, gravy, and a dinner roll

Morning clubs: 7:00–7:40 Jazz Band: Max Carter

Afternoon clubs: 2:00–3:00 Chess Club: Dorothy

Athletics:

- XC 2:10–3:45
- Girls Soccer 2:15–3:45
- Field Hockey 2:45–4:00 (HA Track)
- Boys Soccer 3:45–5:15
- Football 4:30–6:30 (HA)

Thursday, October 15: A Day

Lunch: Chicken Caesar salad with garlic bread

Morning clubs: 7:00–7:40 Show Choir: Jessica Kust

Afternoon clubs: 2:00–3:00 Unified: Andrea Lee · Garden Club: Stacy LaBree & Danielle McKinley

Athletics:

- XC Large School Championship @ Central Middle: bus 2:20, girls race 4:00, then boys
- Girls Soccer @ Nokomis: bus 2:15, B team 3:00, A team 4:15
- Boys Soccer home vs. Nokomis (HA Turf): B team 3:00, A team 4:15
- Field Hockey home vs. Brewer (HA Turf): single game, moved to 6:00 pm
- Football 4:30–6:30 (HA)

Friday, October 16: B Day

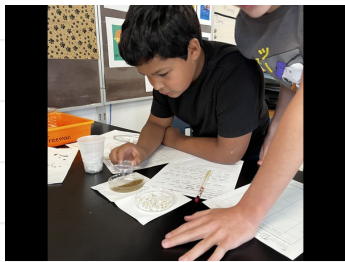
Lunch: Pizza (cheese, pepperoni, and special)

Morning clubs: 7:00–7:40 Jazz Band: Max Carter

Afternoon clubs: 2:00–3:00 Writing: Tracy Cowan · Role Playing Games: Juliet Stoneton · Student Council: Alyssa Kilgour

Athletics:

- XC 2:10–3:45
 - Field Hockey 2:45–4:00 (HA Track)
 - Football 4:30–6:30 (HA)
 - Girls and Boys Soccer: OFF
-



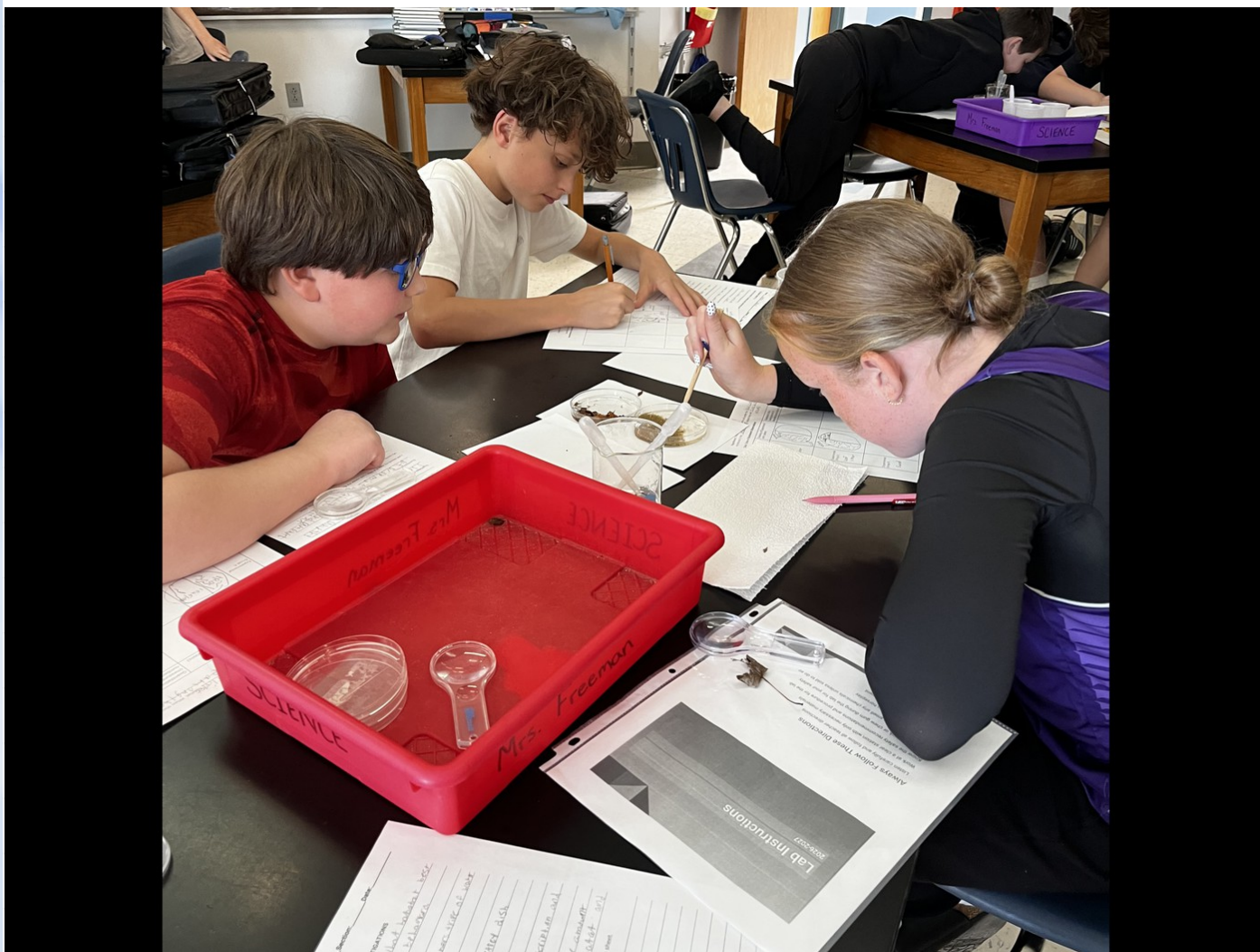
Mrs. Freeman's 7th graders had science labs this week.



Students investigated types of habitats black worms prefer.



They planned their own investigations with independent, dependent and constant variables.



Nurse's Corner

World Mental Health Day is observed around the world each October 10 to raise awareness and encourage care for mental health. It's a reminder that emotional well-being matters just as much as physical health—and that asking for support is a sign of strength.



Why mental health matters in middle school

Middle school brings important changes. Students are building independence and identity, navigating friendships and peer influence, and managing new academic and social pressures. Ups and downs are a normal part of growing up, but caring adults can help students build healthy coping skills and get support when they need it.

Changes worth noticing

Every young person is different. Consider checking in if changes last, intensify, or interfere with daily life, such as:

- Ongoing sadness, irritability, worry, or loss of interest in favorite activities.

World Mental Health Day Newsletter for Parents

THE NURSE'S CORNER Alison Ramsdell RN aramsdell@rsu22.us

862-3540 World Mental Health Day is observed around the world

each October 10 to raise awareness and encourage care for mental health. It's a reminder that emotional well-being matters just as much as physical health...

docs.google.com

Music Newsletter

 Start of School Year
Music Newsletter Updated
9/10

Start of School Year Music Newsletter Updated 9/10

Check out this US Letter designed by Maxwell Carter.

[canva.com](https://www.canva.com)

REEDS BROOK REBELS
ATHLETICS
REBEL EVENTS & DETAILS
FOR THE WEEK OF 10/12 - 10/16
WILL BE PROVIDED OVER THE WEEKEND BY COACHING STAFF
& FAMILY ID UPDATE!

Contact Mack Madden at mmadden@rsu22.us with specific inquiries!

Rebels Sports Calendar [LINK](#)



RBMS SOCCER TEAMS ARE CHAMPIONS FOR A CURE

The RBMS Juggle-a-thon brought together both the Boys and Girls soccer teams this year to fundraise for Northern Light, Champion for the Cure. Players juggled for donations, with the top participant reaching 61 juggles! This is the fourth year our Rebels have participated, resulting in over \$14,000 to support cancer research. If you're interested in donating before the season concludes, please reach out to Coach Patsy Oversmith.

Mrs. Comstock and Zach D. preparing pancakes.



COMMUNITY RESOURCE DAY

Save the date! Our Community Resource Fair is coming up on Thursday, October 22, at Hampden Academy! This is a wonderful opportunity for parents and families to connect with local organizations and learn about the many services available in our community to support children and families. Families of students in grades 6–12: we'll also have information focused on the transition into adulthood, including planning ahead for life after high school.

RSU 22 FAMILY RESOURCE NIGHT

Open Doors

Support for your family today, pathways for your student beyond the school doors.



THURSDAY

**October
22**

TIME

**4–6
PM**

LOCATION

**Hampden
Academy**

89 Western Avenue, Hampden, ME 04444

Two Featured Presentations

Attend one, both, or just gather resources!

4:15–4:45 PM

Behavioral Health Home Case Management

Resources to support your whole family

PRESENTED BY
PENQUIS



5:00–5:45 PM

Transition to Adulthood

Services available for students beyond high school

PRESENTED BY UCP OF
MAINE



Visit Agency Resource Tables

Agencies from Penobscot & Waldo County will have tables open all evening, even during the presentations. Stop by to ask questions and take home helpful information and materials on:

 **Behavioral Health Professionals**

 **Mental Health Providers**

 **Case Management**

 **Guardianship**

 **Vocational Rehabilitation**

 **Adult Services**

FREE

All families & students welcome!

Questions? Contact the
Office of Special Services • 862-2774

PICTURE RETAKE DAY IS FRIDAY, OCTOBER 23RD

RE-TAKE Picture Day is coming!

Lifetouch



SAVE THE DATE! OUR FIRST DANCE OF THE YEAR IS 10/30/26!

**DANCE HELD IN THE CAFETERIA WITH
A HAUNTED HOUSE BACK STAGE!**



Twinning



PLANNED ABSENCE FORM

Regular school attendance is essential for academic success. When students miss school, they miss direct instruction, collaborative learning experiences, and important classroom interactions that cannot be fully replicated through make-up work. Research shows that students who miss more than 10% of school days (approximately 18 days per year) are at risk of falling behind academically, regardless of the reason for absence.

This [form](#) is required for planned absences of **three (3) or more** consecutive days. Return this form to the main office **five (5) school days** prior to date(s) of absence and no later than the start of classes on the first day of absence.

RSU #22
Parent Notification of Planned Absence

SECTION F COMPLETED BY PARENT/GUARDIAN:
This form is required for planned absences of **three (3) or more** consecutive days. Return this form to the main office **five (5) school days** prior to date(s) of absence and no later than the start of classes on the first day of absence.

Student's Name:	Date Submitted:
School & Grade Level:	Date(s) student will be absent:

Indicate the Purpose of Absence: (These are Excused Absences as Defined by State Statutes.)

☐ Educational (College visit, internship opportunity)	☐ Recreational (Vacation, family reunion, etc.)
☐ Medical (Surgery, appointment that requires travel, etc.)	☐ Religious (Observance of a religious holiday)

Understanding the Impact of Absences on Learning:
Regular school attendance is essential for academic success. When students miss school, they miss direct instruction, collaborative learning experiences, and important classroom interactions that cannot be fully replicated through make-up work. Research shows that students who miss more than 10% of school days (approximately 18 days per year) are at risk of falling behind academically, regardless of the reason for absence.

Please note: Live virtual online learning is not an option in RSU 22 for planned absences.

IMPORTANT: These days absent will be included in the total number of days absent as defined by the attendance policy and may lead to your child being considered chronically absent.

I acknowledge that not sending my child to school on these days may result in learning loss and understand the impact absences may have on my child's academic progress.

Parent/Guardian Signature: _____

RBMS WEBSITE
Bus Information
Community Events

August				
M	T	W	Th	F
17	18	19	20 Sped NT	21 NT
24	25 Ed Tachs TP	26 M	27 I	28 I
31 Gr. 1-9				

4 0
5 1

September				
M	T	W	Th	F
	1 Gr. 1-12 UTC	2	3	4
7 H	8 (Pre-K - K 1st day)	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		

4 4

4 4
5 5
5 5
3_3
21_21
(26,22)

October				
M	T	W	Th	F
			1	2
5	6	7	8	9 ED
12 H	13	14	15	16
19	20	21	22	23
26	27	28	29	30

2 2
5 5

4 4
5 5
5 5
5_5
21_21
(47,43)

November

M	T	W	Th	F
2	3	4	5	6
9	10	11 H	12	13
16	17	18	19	20
23	24 ED	25 C	26 H	27 V
30				

5 5 Q

4 4
5 5
3 2 T
1_1
18_17
(65,60)

December

M	T	W	Th	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23 V	24 V	25 H
28 V	29 V	30 V	31 V	

4 4

5 5
5 5
2 2
16 16
(81,76)

January

M	T	W	Th	F
				1 H
4	5	6	7	8
11	12	13	14	15
18 H	19	20	21	22
25	26	27	28	29

0 0
5 5
5 5
4 4 Q
5_5
19_19
(100,95)

February

M	T	W	Th	F
1	2	3	4	5
8	9	10	11	12 ED
15 H	16 V	17 V	18 V	19 V
22	23	24	25	26

5 5
5 5
0 0
5_5
15_15
(115,110)

March

M	T	W	Th	F
1	2	3	4	5
8	9	10	11	12 I
15	16	17	18	19
22	23	24	25	26
29	30	31		

5 5
5 4 T
5 5
5 5
3_3
23_22
(138,132)

April

M	T	W	Th	F
			1	2
5	6	7	8	9
12	13	14	15	16 ED
19 H	20 V	21 V	22 V	23 V
26	27	28	29	30

2 2 Q
5 5
5 5
0 0
5_5
17_17
(155,149)

May

M	T	W	Th	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28 ED
31 H				

5 5
5 5
5 5
0_0
20_20
(175,169)

June

M	T	W	Th	F
	1	2	3	4
7	8	9	10	11 ED
14 I	15	16	17	18

4 4
5 5 Q T
1_0
10_9
18S/178
T S

School Year

- 178* Student Days
- 1 Management Day
- 1 Teacher Preparation Day
- 4 Inservice Days
- 1 Teacher Comp Day (* 3 storm days included)

Quarters Q Trimesters T

1	48 days	8/31/26-11/24/26	59 days
2	42 days	11/30/26-3/11/27	60 days
3	44 days	3/15/27-6/11/27	58 days
4	44 days		178

178

H=Holiday, V=Vacation Day
ED=Early Dismissal
I=Teacher Inservice Day, No School

CHECK US OUT ON FACEBOOK



RBMS Student
Handbook 2026-2027

RBMS Student Handbook 2026-2027

Reeds Brook Middle School Handbook for Students and Families
2026–2027 School Year Regional School Unit #22 Letter from the
Principal Dear Students and Families, Please join the Reeds Brook
staff in creating a supportive learning environment that challenges
students to learn and grow. Our sch...

[docs.google.com](#)

Strategic Plan 2022-2027

Four Building Blocks

1	2	3	4
Student Success	Professional Excellence	Community Partnerships	Operational Excellence
Academic Excellence & Achievement	Recruitment & Retention	Family & Community Engagement	Budget Development
Foundational Skills	Professional Development	RSU 22 Educational Foundation	Fiscal & Facilities Management
Instructional Models	Best Practices	Communication & Transparency	Comprehensive Planning
Engagement		Campus Based Services	

About RBMS

Reeds Brook Middle School currently serves approximately 300 students from Hampden and Newburgh, as part of RSU 22. Students at RBMS are in grades 6-8. We challenge all students to achieve individual success in a supportive environment.



Principal: Jennifer Cyr (jcyr@rsu22.us)

Dean of Students: Sandi Bellerose (sbellerose@rsu22.us)

School Counselor: Ann Moody (amoody@rsu22.us)

Nurse: Alison Ramsdell (aramsdell@rsu22.us)

Athletic Director: McKenzie Madden (mmadden@rsu22.us)

Find us [Facebook](#)

A

Jennifer Cyr