



# MOUNTAINSIDE SCHOOL DISTRICT

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KELLI CASTRO - CONFIDENTIAL ADMINISTRATIVE SECRETARY  
ATHLETIC COORDINATOR

October 12, 2026

Dear Deerfield Middle School Parents and Students,

Students in 6th, 7th, or 8th grade who are interested in trying out for our Winter Sports (Boys' Basketball, Girls' Basketball, or Boys' Wrestling Teams) should attend a brief meeting after school on:

## **Interest Meetings - Thursday, October 29th**

- Interested **girls for basketball** should report to Ms. Calhoon's room from 3:00-3:15
- Interested **boys for basketball** should report to Ms. Phillip's room from 3:00-3:15
- Interested **boys for wrestling** Coach Haddad - will be visiting the week of 10/19 (exact day TBD) during lunch periods (12:20-1:35). This is a program through Berkeley Heights. [Info letter here](#) is also on our website. New this year: 6th-8th grade!

Students must arrange for a ride home. If they cannot attend the meeting, they should see the coach during the day.

## **Tryouts & Expectations**

**Athletes MUST attend ALL tryout dates**

**Tryouts will take place after school as follows:**

- **Girls' Basketball Tryouts:**
  - Monday 11/9 (3:00-4:30), Tuesday, 11/10 (4:30-6:00)
- **Boys' Basketball Tryouts:**
  - Monday 11/9 (4:30-6:00), Tuesday, 11/10 (3:00-4:30)

### **Important Note:**

**Sports physical forms** must be turned into the Deerfield main office, to the attention of Mrs. Branco **no later than November 2nd.** *Failure to do so may result in your child not being able to try out for the team.* Check Mrs. Branco's [webpage](#) for physical forms. If you had a physical within the calendar year and it's on file with us, then you only need the [Health History Update Form](#). See [letter](#) for details.

\*Games will begin on 12/1; please see "Athletics" on our [website](#) for the calendar, directions, and information. \*Schedules are subject to change

### **Winter Season Coaches:**

- [Ms. Calhoon](#) - Girls' Head Basketball Coach
- [Mrs. Salamanca](#) - Girls' Assistant Basketball Coach
- [Mr. Stoddard](#) - Boys' Basketball Co-Coach
- [Ms. Phillips](#) - Boys' Basketball Co-Coach

Contact Kelli Castro, Athletic Coordinator ([kcastro@mountainsideschools.org](mailto:kcastro@mountainsideschools.org)) with additional questions.