



Cashmere Middle School Bulletin

Monday, October 12, 2026

Good morning, Cashmere Middle School!

Teachers: Please take a moment to enter attendance and lunch count in Skyward now.

Meal Information

- **Today's Lunch:** Grilled Teriyaki Burger or Spicy Chicken Burger
- **Tomorrow's Breakfast:** Bagel & Cream Cheese w/Yogurt
- **Tomorrow's Lunch:** Chicken Tenders or Cheese Quesadilla

Birthdays

Happy Birthday today to: Emma Miller, Jocelyn Gonzalez-Moreno, and Ms. Huber

Important Announcements

Good morning, CMS! October is Disability Awareness Month. A disability affects how a person's body or brain works, like how they move, see, hear, learn, or feel. About 1 in 4 adults in our country has one. That means people with disabilities are in our families, on our teams, and right here at CMS. Every morning through October 28, we will share a quick story or fact.

Think about it: What is one thing you already know about disability?

Clubs & Activities

Bike Repair Club

Bike Repair Club and Explorers Club are teaming up to go on a bike ride in Wenatchee at the Apple Capital Loop Trail. The ride will be after school on Wednesday, October 21, from 3 p.m. to 6 p.m. Pick up your permissions slips from Mrs. Maney or Mr. Leonard.

Bike Repair Club meets right after school on Thursdays. Meet outside by the wrestling gym. The club runs until 4:30 p.m. Come ready to learn the skills and tools needed to repair a bicycle. If you have any questions, see Mr. Leonard in room 205.

Hey Explorers!

Hey Explorers, it's exciting to announce we have another hike coming up soon! The next hike is going to be to Nahahum Canyon Trails on October 14th. Get a permission slip from your teacher, the office, or from Mrs. Maney. Let's go hiking!

CMS TSA

Hey CMS, TSA popcorn is back! Be sure you have a dollar for a bag of goodness this Wednesday during lunch. You'll also have a chance to vote for toppings.

Cashmere Community Connection

It's that time again for Cashmere Community Connections to take a trip to Cashmere Assisted Living to visit the residents there. We will be celebrating October by doing a project with them and enjoying a snack together. We are going on Oct 21st from 3:00 p.m. to 4:15 p.m. Please grab a permission slip from Mrs. Tbo or the office. See you on the 21st!

★ **Nuestra Comunidad Club** ★

Nuestra Comunidad! 

Help Us Prepare Our Día de los Muertos Altar!  Come join us as we create a special **Día de los Muertos altar** to honor and remember the loved ones who are no longer with us. **Bring a photo of a loved one who has passed away** to place on our altar and help us celebrate their memory.

 **Wednesday, October 14th**

 **During Lunch**

 **Ms. T's Room**

 Come share, create, remember, and celebrate with us. **¡Nos vemos allí!**

World Savers Club

Any 5th and 6th graders interested in saving the world, we meet in Ms.Theis' room on Tuesdays at lunch.

Sports Schedule

(See next page)



Cashmere Middle School Athletics October 12th - October 17th

<u>Time</u>	<u>Sport</u>	<u>Level</u>	<u>Host</u>	<u>Guest</u>	<u>Location</u>	<u>Dismiss</u>	<u>Depart</u>
Monday, October 12th, 2026							
4:00	Girls Soccer	8th Grade	Quincy	Cashmere	Quincy MS Stadium	1:45	2:00
5:15	Girls Soccer	7th Grade	Quincy	Cashmere	Quincy MS Stadium	1:45	2:00
4:00	Volleyball	7A	Cashmere	Quincy	Cashmere HS		
4:00	Volleyball	8A	Cashmere	Quincy	Cashmere HS		
5:15	Volleyball	7B	Cashmere	Quincy	Cashmere HS		
5:15	Volleyball	8B	Cashmere	Quincy	Cashmere HS		
Wednesday, October 14th, 2026							
4:00	Girls Soccer	8th Grade	Cashmere	Frontier MS	Cashmere Soccer Field (Vale Elem.)		
5:15	Girls Soccer	7th Grade	Cashmere	CHS JV	Cashmere Soccer Field (Vale Elem.)		
3:15	Volleyball	7C	Frontier	Cashmere	Vanguard Academy	12:45	1:00
3:15	Volleyball	8C	Frontier	Cashmere	Frontier MS	12:45	1:00
4:00	Volleyball	7A	Frontier	Cashmere	Vanguard Academy	12:45	1:00
4:00	Volleyball	8A	Frontier	Cashmere	Frontier MS	12:45	1:00
5:15	Volleyball	7B	Frontier	Cashmere	Vanguard Academy	12:45	1:00
5:15	Volleyball	8B	Frontier	Cashmere	Frontier MS	12:45	1:00
Thursday, October 15th, 2026							
3:45	Cross-Country	MS	Ephrata	Cashmere	Ephrata MS	1:05	1:20
4:30	Football	7th Grade	Cashmere	Royal	Cashmere Stadium		
6:15	Football	8th Grade	Cashmere	Royal	Cashmere Stadium		
Saturday, October 17th, 2026							
10:00	Cross-Country	MS	Ski Hill Invite	Cashmere	Ski Hill (Leavenworth)		8:20

Quote of the Day

"It's not the moments of achievement or recognition that stick with you. It's the getting there."
– Kristen Bell

Have a great day, CMS!