

OCTOBER BREAKFAST MENU

5 Cinnamon Mini Cinnis OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	6 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	7 Cinnamon Swirl Breakfast Sandwich OR Teriyaki Chicken Rice Bowl Banana	8 Strawberry Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	9 Plain Bagel Strawberry Cream Cheese Grape Jelly OR Teriyaki Chicken Rice Bowl Apple Mango Bar
12 Cinnamon Mini Cinnis OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	13 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	14 St. Paul Croissant Breakfast Sandwich OR Teriyaki Chicken Rice Bowl Banana	15 NO SCHOOL 	16 NO SCHOOL 
19 Cinnamon Mini Cinnis OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	20 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	21 Cinnamon Swirl Breakfast Sandwich OR Teriyaki Chicken Rice Bowl Banana	22 Banana Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	23 Plain Bagel Strawberry Cream Cheese Grape Jelly OR Teriyaki Chicken Rice Bowl Apple Mango Bar
26 Cinnamon Mini Cinnis OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	27 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	28 St. Paul Croissant Breakfast Sandwich OR Teriyaki Chicken Rice Bowl Banana	29 Celebration Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	30 NO SCHOOL (PreK-5) 6-12 in session Strawberry Boli OR Teriyaki Chicken Rice Bowl Apple Mango Bar

DAILY CHOICES

- Assorted Cereals
- Yogurt
- String Cheese
- Juice
- Milk

SPECIAL FEATURES

- Cool Tropics Slushies (100% Juice) (Monday & Friday)
- Whole Grain Super Stick (Monday, Wednesday, Friday)



- For nutrient & allergen information, visit SchoolCafe.com/SPPS.
- Menu subject to change.
- This institution is an equal opportunity provider.

OCTOBER LUNCH MENU

5 Cheeseburger Sliders or Veggie Burger Choice of Cold Entrees French Fries	6 Nacho Day Seasoned Beef Cheese Sauce Tortilla Chips Choice of Cold Entrees Refried Beans	7 Italian Dunker Marinara Sauce Choice of Cold Entrees Build Your Own Caesar Salad Corn	8 Crispy or Hot & Spicy Chicken Sandwich or Veggie Burger Choice of Cold Entrees French Fries	9 Lemon Chicken or Tofu White Rice Grilled Cheese or Choice of Cold Entrees Broccoli
---	--	---	---	--

National School Lunch Week October 12 - 16, 2026

12 Penne Pasta with Meat Sauce or Marinara Sauce Garlic Toast Choice of Cold Entrees Apple Crunch Day (local apple)	13 Chicken Burrito Bowl Cilantro Lime Rice Shredded Cheese Choice of Cold Entrees Charro Beans	14 Big Daddy's™ Cheese or Turkey Pepperoni Pizza Choice of Cold Entrees Build Your Own Caesar Salad Corn	15 NO SCHOOL 	16 NO SCHOOL 
19 Cheeseburger or Veggie Burger Choice of Cold Entrees French Fries	20 Walking Tacos Fritos® Seasoned Beef Shredded Cheese Choice of Cold Entrees Refried Beans	21 Pizza Crunchers with Marinara Sauce Choice of Cold Entrees Build Your Own Caesar Salad Corn	22 Brunch for Lunch Pancakes with Syrup Chicken Sausages Choice of Cold Entrees Hash Browns	23 Chicken Fingers or Plant Based Tenders Basket Galaxy Sauce Choice of Cold Entrees French Fries
26 Mini Corndogs or Grilled Cheese Choice of Cold Entrees Seasoned Tater Tots	27 Tacos Seasoned Beef Shredded Cheese Hard Shell Corn Tortillas Choice of Cold Entrees Refried Beans	28 Big Daddy's™ Cheese or Turkey Sausage Pizza Choice of Cold Entrees Build Your Own Caesar Salad Corn	29 MN Thursday Local Beef Sloppy Joe's Sandwich (Beef from Rancher's Legacy) Choice of Cold Entrees Roasted Potatoes	30 NO SCHOOL (PreK-5) 6-12 in session Lemon Pepper Chicken Wings or Plant Based Tenders Mac & Cheese Corn Muffin Choice of Cold Entrees

Cold Entrees: Cheese Pizza Anytimer®, Turkey & Cheese Mini Subs, Soybutter Sandwich

• The choice bar and milk are available at every meal. • Menu subject to change.

• For nutrient & allergen information, visit SchoolCafe.com/SPPS.

This institution is an equal opportunity provider.